

Best Chapter of Your Life

Helping you create your next career or passionate retirement



Inspirational Quotations Volume 3

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BestChapterOfYourLife.Com

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Action may not always bring happiness; but there is no happiness without action.
Benjamin Disraeli (1804-1881, British Statesman, Prime Minister)

Living a life of integrity is one of the greatest missions we can undertake.
Greg Anderson (American Author of "The 22 Non-Negotiable Laws of Wellness")

Loving people live in a loving world. Hostile people live in a hostile world. Same world.
Wayne Dyer

A bird does not sing because it has an answer. It sings because it has a song.
-- Chinese Proverb

Chop your own wood and it will warm you twice.
-- Henry Ford

There is at least one point in the history of any company when you have to change dramatically to rise to the next level of performance. Miss that moment—and you start to decline.
-- Andy Grove

Wherever we are, it is our friends that make our world.
-- Henry Drummond 1786-1860

The very least you can do in your life is to figure out what you hope for. And the most you can do is live inside that hope. Not admire it from a distance but live right in it, under its roof.
-- Barbara Kingsolver, US Novelist

It's easy to think of the 'woulda, coulda, shoulda's but at some point it's time to give up past expectations and take inventory of what makes you happy now.
-- Jennifer Lawler, Dojo Wisdom: 100 ways to Become Stronger, Calmer, More Courageous Person

To fall in love is easy, even to remain in it is not difficult; our human loneliness is cause enough. But it is a hard quest worth making to find a comrade through whose steady presence one becomes steadily the person one desires to be.
-- Anna Louise Strong

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It is our duty as men and women to proceed as though the limits of our abilities do not exist.

-- *Teilhard de Chardin, Jesuit Priest*

We are each of us angels with only one wing, and we can only fly by embracing one another.

Luciano de Crescenzo

Everyone's talking about it. You know, because we need it, our souls need it--the beauty which this brings.

-- *Nina Goldman, New York resident quoted in Feb 14, 2005 USA Today about Christo and Jeanne-Claude's 'The Gates'*

The people hardest to convince they're at the retirement age are children at bed time.

-- *Shannon Fife, 1888-1972, Screenwriter*

I married my wife because she makes me laugh. You should never marry someone who doesn't make you laugh.

-- *Garrison Keillor, quoted in Mar-April 2005 AARP The Magazine*

Life is a gift. It is sinful to throw it away.

-- *Rev Dale Turner*

All parts of the world are a part of ourselves. For a happy future we have to take care of others' future.

-- *The Dalai Lama*

Learning is its own exceeding great reward.

-- *William Hazlitt*

The only deadly sin I know is cynicism.

- *Henry L. Stimson*

If a window of opportunity appears, don't pull down the shade.

- *Tom Peters*

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Living every day of your life fully, including the hard ones.

Being the best you have it in you to be. And someday, being able to give something back.

Shirley Nelson (American Businesswoman)

Act as if what you do makes a difference. It does.

William James (1842-1910, American Psychologist, Professor, Author)

Most folks are about as happy as they make up their minds to be.

Abraham Lincoln (1809-1865, Sixteenth President of the USA)

Other people's opinion of you does not have to become your reality.

Les Brown (1945-, American Speaker, Author, Trainer, Motivator Lecturer)

Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world.

Albert Einstein (1879-1955, German-born American Physicist)

The past is an illusion. You must learn to live in the present and accept yourself for what you are now. What you lack in flexibility and agility you must make up with knowledge and constant practice.

Bruce Lee (1940-1973, Chinese-American Actor, Director, Author, Martial Artist)

You may not realize it when it happens, but a kick in the teeth may be the best thing in the world for you.

Walt Disney (1901-1966, American Artist, Film Producer)

When you judge another, you do not define them, you define yourself.

Wayne Dyer (1940-, American Psychotherapist, Author, Lecturer)

What you are will show in what you do.

Thomas A. Edison (1847-1931, American Inventor, Entrepreneur, Founder of GE)

No act of kindness, no matter how small, is ever wasted.

Aesop (620-560 BC, Greek Fabulist)

The path is smooth that leadeth on to danger.

William Shakespeare (1564-1616, British Poet, Playwright, Actor)

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You don't pay the price for success. You enjoy the price for success.

Zig Ziglar (American Sales Trainer, Author, Motivational Speaker)

The golden opportunity you are seeking is in yourself. It is not in your environment; it is not in luck or chance, or the help of others; it is in yourself alone.

Orison Swett Marden (1850-1924, American Author, Founder of Success Magazine)

The key to success in all human relationships is as simple as mastering the art of giving happiness... when you master the art of giving happiness, you will discover that you can't give it without getting it back.

-- Norman Vincent Peale, Honor, Guideposts

There are two things which cannot be attacked in front: ignorance and narrow-mindedness.

- John Dalberg-Acton

That man is good who does good to others; if he suffers on account of the good he does, he is very good

- Jean de La Bruyere

"Why are you so afraid of the world. The fear of the world is really fear of love."

~Osho

"Matter is Energy. Energy is Light. We are all Light Beings."

~ Albert Einstein

"He who thinks he is the doer is also the sufferer."

~Ramana Maharshi

A superior person brings out the best in others.

-- Chinese Proverb

The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.

Martin Luther King (1929-1968, American Black Leader, Nobel Prize Winner, 1964)

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Life is not a problem to be solved, but a reality to be experienced.

- *Soren Kierkegaard, 1813-1855, Danish Philosopher*

Today knowledge has power. It controls access to opportunity and advancement.

- *Peter F. Drucker, 1909-2005, Austrian-born Management Consultant and Author*

The most beautiful thing we can experience is the mysterious. It is the source of all true art and science.

- *Albert Einstein, 1879-1955, German-born American Physicist*

To love what you do and feel that it matters, how could anything be more fun?

-- *Katherine Graham 1917-2001*

Enthusiasm is the most beautiful word in the world.

- *Christian Morgenstern*

Nothing is lost if there is the courage to proclaim it lost and start again.

- *Julio Cortazar*

Sometimes something worth doing is worth overdoing.

-- *Stanislaw J. Lec Polish writer*

What really counts is not the immediate act of courage or of valor, but those who bear the struggle day in and day out.

John F. Kennedy (1917-1963, Thirty-fifth President of the USA)

Never think that God's delays are God's denials. Hold on; hold fast; hold out.

Patience is genius.

-- *Comte de Buffon*

The game of life is the game of boomerangs. Our thoughts, deeds and words return to us sooner or later, with astounding accuracy.

- *Florence Scovel Shinn*

Discipline is the refining fire by which talent becomes ability.

- *Roy L. Smith*

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About the only value the story of my life may have is to show that one can, even without any particular gifts, overcome obstacles that seem insurmountable if one is willing to face the fact that they must be overcome.

Eleanor Roosevelt (1884-1962, American First Lady, Columnist, Lecturer, Humanitarian)

"Before you are a leader, success is all about growing yourself. When you become a leader, success is all about growing others."

- Jack Welch

No amount of sophistication is going to allay the fact that all your knowledge is about the past and all your decisions are about the future.

-- Ian E. Wilson

Nothing of great value in life comes easily. The things of highest value sometimes come hard. The gold that has the greatest value lies deepest in the earth, as do the diamonds.

Norman Vincent Peale (1898-1993, American Christian Reformed Pastor, Speaker, Author)

People say that motivation doesn't last. Well neither does bathing-- that's why we recommend it daily.

-- Zig Ziglar

I have always found, when I was worrying, that the best thing to do was put my mind upon something, work hard and forget what was troubling me.

Thomas Edison (1847-1931, American Inventor, Entrepreneur, Founder of GE)

We hold these truths to be self-evident; That all men are created equal; that they are endowed by their Creator with certain unalienable rights; that among these are life, liberty, and the pursuit of happiness.

~Thomas Jefferson~

The best thing about the future is that it comes one day at a time.

~Abraham Lincoln~

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Everyone has the power of greatness. Not for fame, but greatness. Because greatness is determined by service.

~Martin Luther King~

If we are together nothing is impossible.

If we are divided all will fail.

~Winston Churchill~

Character cannot be developed in ease and quiet. Only through experiences of trial and suffering can the soul be strengthened, vision cleared, ambition inspired and success achieved.

~Helen Keller~

A house is not a home unless it contains food and fire for the mind as well as the body.

~Benjamin Franklin~

"If the whole existence is one, and if the existence goes on taking care of trees, of animals, of mountains, of oceans -from the smallest blade of grass to the biggest star -- then it will take care of you too. Why be possessive?

The possessiveness shows simply one thing - that you cannot trust existence. You have to arrange separate security for yourself, safety for yourself; you cannot trust existence. Non-possessiveness is basically trust in existence. There is no need to possess, because the whole is already ours."

~Osho

If all our misfortunes were laid in one common heap, whence everyone must take an equal portion, most people would be content to take their own and depart.

-- Socrates

You could not claim for yourself that which you were not prepared to grant others.

- Pieter Willem Botha

What have you learned young, you'll find useful when you are old.

- Czech Proverb

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If you would not be forgotten, as soon as you are dead and rotten, either write things worth reading, or do things worth the writing.

Benjamin Franklin (1706-1790, American Scientist, Publisher, Diplomat)

"When you deliberately slow your life down, you are resonating with the earth's heartbeat."

—Sharyn Jordan Hathcock

Not art, not books, but life itself is the true basis of teaching and education.

-- Johann Heinrich Pestalozzi, 1746-1827 Education Reformer

The poorest man would not part with health for money, but the richest would gladly part with all their money for health.

~ Charles Caleb Colton (1780-1832, British Sportsman Writer)

Observe the wonders as they occur around you. Don't claim them. Feel the artistry moving through and be silent.

~ Rumi

You only grow old by deserting your ideals. Years wrinkle the skin, giving up wrinkles the soul.

- Douglas MacArthur

Risk is what you make of it.

- Kenneth Griffin

If the vision is there, the means will follow.

Faith Popcorn (American Author)

A cleric who loses his faith abandons his calling; a philosopher who loses his redefines his subject.

- Ernest Gellner

Pressure is something you feel when you don't know what the hell you're doing.

- Peyton Manning

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Worry not that some efforts seem fruitless. You are here for a purpose. It will take your lifetime to fulfill that purpose.

-- *HBS, Daily Thoughts*

Find as many things about yourself to love as you can-- and never forget them.

-- *Lori Chung*

"Nothing real can be threatened. Nothing unreal exists."

~*A Course In Miracles*

The time has come to reaffirm our enduring spirit; to choose our better history; to carry forward that precious gift, that noble idea, passed on from generation to generation: the God-given promise that all are equal, all are free and all deserve a chance to pursue their full measure of happiness."

~ *President Barack Obama*

"Our workers are no less productive than when this crisis began. Our minds are no less inventive, our goods and services no less needed than they were last week or last month or last year. Our capacity remains undiminished."

~ *President Barack Obama*

"It is the kindness to take in a stranger when the levees break, the selflessness of workers who would rather cut their hours than see a friend lose their job which sees us through our darkest hours."

~ *President Barack Obama*

"The success of our economy has always depended not just on the size of our gross domestic product, but on the reach of our prosperity; on our ability to extend opportunity to every willing heart — not out of charity, but because it is the surest route to our common good."

~ *President Obama*

Everybody saw my successful advertising and thought I was a big success. But, behind those successes were several failures that I had to learn from before I made it. I've always looked at failure as just another step you need to take to reach success.

Joseph Sugarman (American Businessman)

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That it will never come again Is what makes life so sweet.

Emily Dickinson

There is some soul of goodness in things evil, Would men observingly distil it out.

- William Shakespeare's Henry V

The more information available to the average person, the greater the synergy that develops from it.

- Tom Clancy

The important thing is to dare to dream big, then take action to make it come true.

Joe Girard (American Sales Trainer, Author, Lecturer)

It's the things in common that make relationships enjoyable, but it's the little differences that make them interesting.

-- Todd Ruthman

The army commander of a large State may be carried off, but the will of even a common man cannot be taken from him.

Confucius (BC 551-479, Chinese Ethical Teacher, Philosopher)

Sometimes our light goes out but is blown into flames by an encounter with another human being. Each of us owes the deepest thanks to those who have kindled the inner light.

-- Albert Schweitzer

To think twice in every matter and follow the lead of others is no way to make money.

- Ihara Saikaku

We have the power to chose, moment by moment, who and how we want to be in the world.

- Jill Bolte Taylor

I think for anyone who's gone through a crisis, there comes a turning point, an epiphany, that marks the beginning of the end.

Deborah Norville (American Journalist, Anchor of "Inside Edition")

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Destiny is not a matter of chance, it is a matter of choice. It is not a thing to be waited for, it is a thing to be achieved.

-- *William Jennings Bryan*

My policy is to learn from the past, focus on the present, and dream about the future. I'm a firm believer in learning from adversity. Often the worst of times can turn to your advantage - my life is a study of that.

Donald Trump (1946-, American Businessman, Billionaire)

The influence of each human being on others in this life is a kind of immortality.

-- *John Quincy Adams*

You can make an audience see nearly anything, if you yourself believe in it.

- *Mary Renault*

Character is power; it makes friends, draws patronage and support and opens the way to wealth, honor and happiness.

- *John Howe*

Don't go through life, grow through life.

Eric Butterworth

You have lived well if something of your influence survives to inspire others to live well.

-- *Ralph Lee Goodman*

He who laughs most, learns best.

- *John Cleese*

Everything I've learned in life I've learned either by doing it or watching the changes other people go through.

- *"Mama" Cass Elliot*

Try not to become a man of success but rather try to become a man of value.

Albert Einstein (1879-1955, German-born American Physicist)

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Everyone of us alone has the power to direct the course of our lives by choosing what actions we will or won't take. While sometimes it's easier to believe you don't have a choice, the reality is that you always have a choice to behave differently.

-- Francine Ward, Business Leader and Motivational Speaker

The true perfection of man lies, not in what man has, but in what man is...Nothing should be able to harm a man but himself. Nothing should be able to rob a man at all. What a man really has is what is in him. What is outside of him should be a matter of no importance.

Oscar Wilde (1856-1900, British Author, Wit)

Success and failure. We think of them as opposites, but they're really not. They're companions - the hero and the sidekick.

Laurence Shames

Chance favors those in motion.

James H. Austin

Sometimes the best helping hand you can get is a good, firm push.

Joann Thomas

When we have done our best, we should wait the result in peace.

J. Lubbock

The strongest warriors are these two...time and patience.

Leo Tolstoy

Success is not to be pursued; it is to be attracted by the person you become.

Jim Rohn

Life is not about waiting for the storms to pass...it's about learning how to dance in the rain.

Unknown

The nose of the bulldog is slanted backwards so he can continue to breathe without letting go.

Winston Churchill

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Every thought is a seed. If you plant crab apples, don't count on harvesting golden delicious.

Bill Meyer

Faith is taking the first step even when you don't see the staircase.

Martin Luther King, Jr.

We learn to walk by stumbling.

Bulgarian Proverb

It's our attitude in life that determines life's attitude toward us.

Earl Nightingale

There is nothing better than the encouragement of a good friend.

-- *Katherine Butler Hathaway*

Those to whom no distant horizons beckon, for whom no challenges remain, though they have inherited a Universe, they possess only empty sand!

- *Norrin Radd*

The desire of appearing clever often prevents our becoming so.

- *La Rochefoucauld*

If you concentrate on finding whatever is good in every situation, you will discover that your life will suddenly be filled with gratitude, a feeling that nurtures the soul.

Rabbi Harold Kushner

"You are never given a wish without also being given the power to make it true. You may have to work for it, however."

--*Richard Bach*

"Having the world's best idea will do you no good unless you act on it. People who want milk shouldn't sit on a stool in the middle of a field in hopes that a cow will back up to them."

--*Alfred Adler*

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"Ideas have a short shelf life - that's why we must act before the expiration date."

--*Andrew Carnegie*

"The person who really wants to do something finds a way; the other finds an excuse."

--*Sir John Marks Templeton*

TICCO #1: I can count on my friends to look out for me.

-- *HBS, Daily Thoughts*

All progress has resulted from people who took unpopular positions.

Adlai E. Stevenson (1900-1965, American Lawyer, Politician)

Smile, for everyone lacks self-confidence and more than any other one thing a smile reassures them."

Andre Maurois

"Flirting is the gentle art of making a man feel pleased with himself."

Helen Rowland

"If once you forfeit the confidence of your fellow-citizens, you can never regain their respect and esteem."

Abraham Lincoln

"Somehow I can't believe there are any heights that can't be scaled by a man who knows the secret of making dreams come true. This special secret, it seems to me, can be summarized in four C's. They are Curiosity, Confidence, Courage, and Constancy and the greatest of these is Confidence. When you believe a thing, believe it all the way, implicitly and unquestionably."

Walt Disney

Be kind, for everyone you meet is fighting a hard battle.

- *Plato*

I'm the type that thinks if you don't learn from history, you're doomed to repeat it.

- *Mark Cuban*

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Failure is not falling down but refusing to get up.

-- *Chinese Proverb*

Warning: Authorities warn that "try" is a dangerous expression that has enormous power to influence your behavior. It's toxic. Use it very carefully. When "try" creeps into your language or into your thoughts, pluck it out quickly.

Walter Anderson (American Trainer, Author)

I have made it a rule of my life never to regret and never to look back. Regret is an appalling waste of energy...you can't build on it; it's only good for wallowing in.

-- *Katherine Mansfield*

Our dreams are as real, while they last, as the occurrences of the daytime. We see, hear, feel, act, experience pleasure and suffer pain, as vividly and actually in a dream as when awake. The occurrences and transactions of a year are crowded into the limits of a second: and the dream remembered is as real as the past occurrences of life.

Albert Pike (1809-1891, American Lawyer, Masonic Author, Historian)

Though force can protect in emergency, only justice, fairness, consideration and cooperation can finally lead man to the dawn of eternal peace.

-- *General Dwight D. Eisenhower*

"Stillness is the greatest achievement one can have in life."

~*Papaji*

"While we think that our circumstances are the cause of our frustration, the real source lies in not being aware of our higher self."

~*Pir Vilayat*

"The miracle is that as you awaken, so too, does the whole Universe."

~*Pir Vilayat*

"There is no reaching the Self. If it were to be reached, it would mean that the Self is not here and now, but would be something to be gained. It would be impermanent. What is not permanent is not worth striving for, so I say the Self

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cannot be reached. You are the Self. You are already That."

~Ramana Maharishi

We do not retreat from reality, we rediscover it.

- C.S. Lewis

The world is more malleable than you think and it's waiting for you to hammer it into shape.

- Bono

You can teach a better sermon with your life than with your lips.

-- Oliver Goldsmith

We can do anything we want if we stick to it long enough.

Helen Keller (1880-1968, American Blind/Deaf Author, Lecturer, Amourist

Never be afraid to try something new. Remember, amateurs built the ark; professionals built the Titanic

- Anonymous

Intelligence is attractive, but so is life experience. You can't amass it just by reading a ton of books. But you can live a lot of life in a short time. Travel. Talk to everyone. Collect adventures, and use them to understand the world. That's how you learn to treat people well. And that's sexy.

- Nicole Lapin

"Strength does not come from physical capacity. It comes from an indomitable will."

- Mahatma Gandhi, 1869-1948, Indian Political and Spiritual Leader

Become abundant with your compliments to others. We're all so fragile, especially when we put on a brave face. A sincere compliment can penetrate beneath even the most sophisticated masks to sooth troubled souls.

-- Sarah Ban Breathnach From Hold That Thought

They can conquer who believe they can. He has not learned the first lesson of life who does not every day surmount a fear.

Ralph Waldo Emerson (1803-1882, American Poet, Essayist

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All acts of healing are ultimately our selves healing our Self.

-Ram Dass

Thought is the blossom; language the bud; action the fruit behind it.

-Ralph Waldo Emerson

It's not what you look at that matters; it's what you see.

- Henry David Thoreau

Our deeds determine us, as much as we determine our deeds.

George Eliot (1819-1880, British Novelist)

We are shaped and fashioned by what we love.

-- Johann Wolfgang von Goethe

I was brought up to believe that a person must be rescued when drowning, regardless of religion and nationality.

- Irena Sendler

Success isn't measured by money or power or social rank. Success is measured by your discipline and inner peace.

- Mike Ditka

The greatest power is often simple patience.

E. Joseph Cossman (American Businessman, Author, Lecturer)

There is one rule for the industrialist and that is : Make the best quality of goods possible at the lowest cost possible, paying the highest wages possible.

-- Henry Ford 1863-1947

Everything you want is out there waiting for you to ask.

Everything you want also wants you. But you have to take action to get it.

Jack Canfield (American Motivational Speaker, Author, Trainer)

It is one of the most beautiful compensations of this life that no man can sincerely try to help another without helping himself.

-Ralph Waldo Emerson.

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You must have control over the authorship of your own destiny. The pen that writes your life story must be held in your own hand.

-- *Irene C. Kassorla*

Here's a test to see if your mission in life is finished - if you're still alive, it's not

- *A.W. Tozer*

No tool is more beneficial than intelligence. No enemy is more harmful than ignorance.

- *Abu Abdullah Muhammad al-Harithi al-Baghdadi al-Mufid*

The greater the difficulty the more glory in surmounting it. Skillful pilots gain their reputation from storms and tempests.

Epictetus (50-138, Phrygian Philosopher)

Do not withhold good from those to whom it is due, when it is in your power to do it.

-- *Proverbs 3:27*

No matter how old you are, there's always something good to look forward to.

- *Lynn Johnston*

When everyone thinks alike not much gets thought.

- *Johan Norberg*

"Every valuable human being must be a radical and a rebel, for what he must aim at is to make things better than they are."

- *Neils Henrik David Bohr (1885-1962) Danish physicist - Nobel Prize for Physics - 1922.*

Never tell a young person that anything cannot be done. God may have been waiting centuries for someone ignorant enough of the impossible to do that very thing.

John Andrew Holmes

"The mind can be a tremendous gift or a horrible curse. It's responsible for manifesting what you didn't want to experience, as well as what you DO want. The mind is powerful, yet totally mechanical. It's an imagination machine always re-designing everything and everyone to form its version of reality. Once you tame

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the mind to find stillness inside, you will be free from its grasp and become the master of your life!"

~ Jafree & Margot (From the Manifesting Manual - one of the key components of our 90 Day Manifesting Program)

Life is what we make it. Always has been, always will be.

-- Grandma Moses

There are some people who live in a dream world, and there are some who face reality; and then there are those who turn one into the other.

Douglas Everett(American Hockey Player)

Pessimism never won any battle.

- Dwight D. Eisenhower, 1890-1969, 34th President of the United States

Every man's memory is his private literature.

- Aldous Huxley, 1894-1963, British Author

Ten persons who speak make more noise than ten thousand who are silent.

- Napoleon Bonaparte, 1769-1821, French General and Politician

The first requisite for success is the ability to apply your physical and mental energies to one problem incessantly without growing weary.

Thomas A. Edison (1847-1931, American Inventor, Entrepreneur, Founder of GE)

One should count each day a separate life.

-- Seneca

What you can't pay back you pay forward.

- Jo Walton

Trust your intuition. It's just like goin' fishin'. You cast your line and hope you get a bite.

- Paul Simon

The 'gut test' : If you have to ask if what you are planning to do is wrong, you know the answer.

-- HBS, Daily Thoughts

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Every man sees as his goal in life the target that he deems to be most desirable.

- *Meir Kahane*

Don't do the right thing looking for a reward, because it might not come.

- *Hugh Thompson Jr.*

The riches of life, the love and joy and exhilaration of life can be found only with an upward look. This is an exciting world. It's cram-packed with opportunity. Great moments wait around every corner.

Richard M. DeVos (1926-, American Businessman, Co-founder of Amway Corp.)

When we truly care for ourselves, it becomes possible to care far more profoundly about other people. The more alert and sensitive we are to our own needs, the more loving and generous we can be towards others.

-- *Eda Le Shan, in Simple Abundance by Sarah Ban Breathnach*

To the illumined man or woman, a clod of dirt, a stone, and gold are the same.

Bhagavad Gita (c. BC 400-?, Sanskrit Poem Incorporated Into the Mahabharata)

Hope arouses, as nothing else can arouse, a passion for the possible.

-- *William Sloane Coffin, Jr.*

There is nothing we cannot live down, rise above, and overcome.

-- *Ella Wheeler Wilcox, (1850-1919) Poet and Journalist*

I may have had a tough break, but I have an awful lot to live for.

- *Lou Gehrig*

I must continue to follow the path I take now. If I do nothing, if I study nothing, if I cease searching, then, woe is me, I am lost. That is how I look at it - keep going, keep going come what may.

- *Vincent van Gogh*

The really unhappy person is the one who leaves undone what they can do, and starts doing what they don't understand; no wonder they come to grief.

Johann Wolfgang Von Goethe (1749-1832, German Poet, Dramatist, Novelist)

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Life is short, make fun of it.

-Anonymous

The love of our neighbor in all its fullness simply means being able to say, what are you going through?

-- Simone Weil, French Social Philosopher

We all have ability. The difference is how we use it.

Stevie Wonder (1950-, American Musician, Singer, Songwriter, Producer)

Whatever you vividly imagine, ardently desire, sincerely believe, and enthusiastically act upon...must inevitably come to pass.

-- Paul Meyer

Let one who wants to move and convince others, first be convinced and moved themselves. If a person speaks with genuine earnestness the thoughts, the emotion and the actual condition of their own heart, others will listen because we all are knit together by the tie of sympathy.

Thomas Carlyle (1795-1881, Scottish Philosopher, Author)

"An Appeaser is one who feeds a crocodile hoping it will eat him last."

- Sir Winston Churchill - British Prime Minister

When your life is filled with the desire to see the holiness in everyday life, something magical happens: ordinary life becomes extraordinary, and the very process of life begins to nourish your soul.

-- Rabbi Harold Kushner

Believe it to be true and meet yourself there.

- Rocky Marquette

How a person masters his fate is more important than what his fate is.

- Friedrich Wilhelm Christian Karl Ferdinand Freiherr von Humboldt

Winning is not a sometime thing; It's an all the time thing. You don't win once in a while; you don't do things right once in a while; you do them right all the time.

Vince Lombardi(1913-1970, American Football Coach)

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Ideas are like rabbits.

You get a couple and learn how to handle them, and pretty soon you have a dozen.

John Steinbeck

One's friends are that part of the human race with which one can be human.

-- *George Santayana*

Everyone has limits. You just have to learn what your own limits are and deal with them accordingly.

Nolan Ryan (1947-, American Baseball Player)

The reason there's so much ignorance is that those who have it are so eager to share it.

- *Frank A. Clark*

In the end, scholarship is meaningful only when carried out for the sake of life.

Life is the utmost importance. Scholarship without recourse to life is useless.

Don't read books with a hasty mind.

-- *Nishida Kitaro, Japanese Philosopher*

When you've seen beyond yourself, then you may find, peace of mind is waiting there.

- *George Harrison*

Time you enjoy wasting, was not wasted.

- *John Lennon*

"Man can not discover new oceans unless he is willing to loose sight of the shore."

~ *André Gide*

"A good listener is someone who is curious, open-minded, and nonjudgmental. A good listener is not a know-it-all. A good listener knows that truth often reveals itself bit by bit, much like putting together a jigsaw puzzle."

~ *Layne and Paul Cutright, Straight From the Heart*

"How you hear what someone says is determined by your interpretations, and your interpretations flow from your past. This is very important to know, especially if you find that you overreact to what others say or habitually get your feelings hurt.

Best Chapter of Your Life

... Remember, what someone said is not necessarily what you heard, and what you heard is not necessarily what they meant."

~ Layne and Paul Cutright, Straight From the Heart

"It is not because things are difficult that we do not dare; it is because we do not dare that they are difficult."

Seneca

Pray that success will not come any faster than you are able to endure it.

-- Elbert Hubbard

Opportunity dances with those who are ready on the dance floor.

H. Jackson Brown Jr. (American Author of "Life's Little Instruction Book" Series)

When health is absent, wisdom cannot reveal itself, art cannot become manifest, strength cannot be exerted, wealth becomes useless, and reason is powerless.

-Herophilus.

Always bear in mind that your own resolution to succeed is more important than any other.

-- Abraham Lincoln

The great victories are never won in the first blow.

- Johan Falkberget

What we remember from childhood we remember forever - permanent ghosts, stamped, inked, imprinted, eternally seen.

- Cynthia Ozick

Whatever failures I have known, whatever errors I have committed, whatever follies I have witnessed in private and public life have been the consequence of action without thought.

Bernard M. Baruch (1870-1965, American Financier)

"As long as you don't forgive, who or whatever it is will occupy rent-free space in your mind."

Isabelle Holland, award winning author of 28 books.

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Love is not blind--it sees more, not less. But because it sees more, it is willing to see less.

-- *Julius Bordon*

Every great advance in natural knowledge has involved the absolute rejection of authority.

- *Thomas H. Huxley*

I define joy as a sustained sense of well being and internal peace--a connection to what matters.

-- *Oprah Winfrey, O Magazine*

It's hard for many people to believe that there are extraordinary things inside themselves, as well as others. I hope you can keep an open mind.

- *Elijah Price*

Love is life. All, everything that I understand, I understand only because I love.

- *Leo Tolstoy*

If you're not just a little bit nervous before a match, you probably don't have the expectations of yourself that you should have.

Hale Irwin (1945-, American Golfer)

The art of love...is largely the art of persistence.

-- *Albert Ellis*

In many walks of life, a conscience is a more expensive encumbrance than a wife or a carriage.

- *Thomas De Quincey*

It is difficulties which give birth to miracles.

- *Rev. Dr. Sharpe*

I'd rather be a failure at something I love than a success at something I hate.

George Burns (1896-1996, American Comedy Actor)

Best Chapter of Your Life

Walking, I am listening to a deeper way. Suddenly all my ancestors are behind me. Be still, they say. Watch and listen. You are the result of the love of thousands.
- *Linda Hogan*

Every noble work is at first impossible.
Thomas Carlyle

The artist who aims at perfection in everything achieves it in nothing.
Eugène Delacroix (1798-1863, French Artist)

Seek education rather than grades. Seek your best rather than someone else's. Seek friendship rather than acceptance. Seek worth rather than rank. Seek to build rather than to tear down. Seek laughter and love in spite of pain and you will have learned to live.
-- *Jaqui Sheehan*

In times like these, it's helpful to remember that there have always been times like these.
- *Paul Harvey*

Ideals are like stars; you will not succeed in touching them with your hands. But like the seafaring man on the desert of waters, you choose them as your guides, and following them you will reach your destiny.
- *Carl Schurz*

To keep the Golden Rule we must put ourselves in other people's places, but to do that consists in and depends upon picturing ourselves in their places.
Harry Emerson Fosdick (1878-1969, American Minister)

Yesterday is but today's memory, tomorrow is today's dream.
- *Kahlil Gibran*

Nothing is as real as a dream. The world can change around you, but your dream will not. Responsibilities need not erase it. Duties need not obscure it. Because the dream is within you, no one can take it away.
-- *Tom Clancy*

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People deal too much with the negative, with what is wrong. Why not try and see positive things, to just touch those things and make them bloom?

Thich Nhat Hanh (Vietnamese Buddhist Monk, Teacher)

"Sooner or later comes a crisis in our affairs, and how we meet it determines our future happiness and success. Since the beginning of time, every form of life has been called upon to meet such crisis."

Robert Collier

"A crisis is an opportunity riding the dangerous wind"

Chinese Proverb

"When written in Chinese, the word "crisis" is composed of two characters-one represents danger, and the other represents opportunity."

John F Kennedy

"In the best of times, our days are numbered anyway. So it would be a crime against nature for any generation to take the world crisis so solemnly, that it put off enjoying those things for which we were designed in the 1st place: the opportunity to do good work, to enjoy friends, to fall in love, to hit a ball, and to bounce a baby."

~Alistair Cooke

You have the power of The Universe within you, and you can accomplish anything you want if you set your mind to it.

Joan Sotkin

It is important to our friends to believe that we are unreservedly frank with them, and important to friendship that we are not.

Mignon McLaughlin

Of all the joys of life which may fairly come under the head of recreation there is nothing more great, more refreshing, more beneficial in the widest sense of the word, than a real love of the beauty of the world.

- Edward Grey, 1st Viscount Grey of Fallodon

The way I see it, If you want the rainbow sometimes you gotta put up with the rain.

- Dolly Parton

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"Tell me your beliefs and I'll tell you what your life looks like."

~ *Sasha Xarrian*

I make the most of all that comes and the least of all that goes.

Sara Teasdale (1884-1933, American Poet)

Things change moment to moment, things are impermanent.

We worry over the past, we anticipate the future, and we barely perceive a shred of the passing moment.

- *The Dalai Lama*

Consciously or uncsciously, everyone of us does render some service or another. If we cultivate the habit of doing this service deliberately, our desire for service will steadily grow stronger, and it will make not only for our own happiness, but that of the world at large.

-- *Mohandas Gandhi (1869-1948)*

It is better to be lowly born and range with humble livers in content than to be perk'd up in a glistening grief and wear a golden sorrow..

- *Anne, William Shakespeare's "Henry VIII"*

Goodness is achieved not in a vacuum, but in the company of other men, attended by love.

- *Saul Bellow*

The human being is an embedded fractal of the zodiac and the stars.

- *Scott Walker*

You are the only real obstacle in your path to a fulfilling life.

Les Brown (1945-, American Speaker, Author, Trainer, Motivator Lecturer)

Motivation is the art of getting people to do what you want them to do because they want to do it.

Dwight D. Eisenhower (1890-1969, Thirty-fourth President of the USA)

Success is not the key to happiness. Happiness is the key to success.

If you love what you are doing, you will be successful.

- *Albert Schweitzer*

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Tact in audacity is knowing how far you can go without going too far.

-- *Jean Cocteau (1889-1963) Filmmaker, artist, and writer*

One never knows what each day is going to bring. The important thing is to be ready for it.

-- *Henry Moore*

When you confront a problem, you begin to solve it.

- *Mayor Rudy Giuliani*

It is difficulties that show what men are.

- *Epictetus*

The power which resides in man is new in nature, and none but he knows what that is which he can do, nor does he know until he has tried.

Ralph Waldo Emerson (1803-1882, American Poet, Essayist)

We all love animals. Why do we call some "pets" and others "dinner"?

-- *k.d. lang*

Success comes in cans, failure in can'ts.

Source Unknown

In a real sense all life is inter-related. All persons are caught in an inescapable network of mutuality, tied in a single garment of destiny. Whatever affects one directly affects all indirectly. I can never be what I ought to be until you are what you ought to be, and you can never be what you ought to be until I am what I ought to be. In a real sense all life is inter-related.

- *Dr. Martin Luther King, Jr. Letter from a Birmingham Jail*

We can do no great things, only small things with great love.

- *Mother Teresa, 1910-1997, Albanian-born Humanitarian and Missionary*

Success is a science; if you have the conditions, you get the result.

- *Oscar Wilde, 1854-1900, Irish Dramatist/Novelist/Poet*

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Spring--an experience in immortality.

--*Thoreau*

Just as the sun gives light to the moon this heart bestows the effulgence on the mind.

- *Ramana Maharshi*

Good sense about trivialities is better than nonsense about things that matter.

- *Sir Henry Maximilian Beerbohm*

My greatest point is my persistence. I never give up in a match. However down I am, I fight until the last ball. My list of matches shows that I have turned a great many so-called irretrievable defeats into victories.

Bjorn Borg (1956-, Swedish Tennis Player)

"You learn something everyday, if you pay attention."

R. LeBlond

A weed is no more than a flower in disguise.

-- *James Russell Lowell*

As one door closes, another opens; but we often look so long and regretfully upon the closed door that we do not see the one which has opened.

- *Alexander Graham Bell*

In a world that worships mediocrity, it's your spiritual obligation to stand out...to live from Your True Excellence.

Judith Sherven and Jim Sniechowski

No winter lasts forever, no Spring skips its turn. April is a promise that May is bound to keep, and we know it.

-- *Hal Borland*

An artist's only concern is to shoot for some kind of perfection, and on his own terms, not anyone else's.

- *J. D. Salinger*

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The character of every act depends upon the circumstances in which it is done.
- *Oliver Wendell Holmes, Jr.*

'He insulted me, he cheated me, he beat me, he robbed me'
-- those who are free of resentful thoughts surely find peace.
Buddha (568-488 BC, Indian Born - Founder of Buddhism)

Life without motivation is like day old bread - stale and uninteresting. Yet if your Ego provides the motivation, it's a desperate life filled with trauma and drama. When your Soul speaks...well, then you can relax and enjoy, because you're in a Spirit-groove.
Judith Sherven and Jim Sniechowski

"As long as space endures, and for as long as living beings remain, until then may I too abide, to dispel the misery of the world."
~ *the Dalai Lama*

Dost thou love life? Then do not squander time, for that is the stuff life is made of.
- *Benjamin Franklin*

We are not here to be successful. We are here to be faithful.
-- *Mother Teresa*

The difference between the impossible and the possible lies in a person's determination.
- *Tommy Lasorda*

If you believe in yourself and have the courage, the determination, the dedication, the competitive drive and if you are willing to sacrifice the little things in life and pay the price for the things that are worthwhile, it can be done.
- *Vince Lombardi*

Admonish your friends privately, but praise them openly.
Publilius Syrus (1st Century BC, Roman Writer)

"My greatest point is my persistence. I never give up in a match. However down I am, I fight until the last ball. My list of matches shows that I have turned a great

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many so-called irretrievable defeats into victories."

Bjorn Borg Professional Tennis Player

Spring is in the world! And all things are made new!

-- Richard Hovey

One man scorned and covered with scars still strove with his last ounce of courage to reach the unreachable stars; and the world was better for this.

-Don Quixote

We may affirm absolutely that nothing great in the world has ever been accomplished without passion.

Georg Hegel (1770-1831, German Philosopher)

"Nothing in the world will take the place of persistence. Talent will not; nothing is more common than the unsuccessful person with talent. Genius will not; unrewarded genius is almost a proverb. Education will not; the world is full of educated derelicts. Persistence and determination alone are omnipotent. The slogan "press on" has solved and always will solve the problems of the human race."

- Calvin Coolidge

There are no secrets to success. It is the result of preparation, hard work and learning from failure.

- Colin Powell

Never tell people how to do things. Tell them what to do, and they will surprise you with their ingenuity.

- George S. Patton

"Misery and despair is what is left after you have gone through all the trouble of trying to satisfy the Ego with money, knowledge, things, and power, only to find that the Lower Self can never be satisfied."

~Babaji

"The quieter you become, the more you are able to hear.

~Zen Saying

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"Once you have conquered greed nothing can limit your freedom."

~Buddha

"The more you praise and celebrate your life, the more there is in life to celebrate."

~Oprah Winfrey

We give dogs time we can spare, space we can spare, and love we can spare. And in return, dogs give us their all. It's the best deal man has ever made.

-- M. Facklam

When you feel that you have reached the end and that you cannot go one step further, when life seems to be drained of all purpose: What a wonderful opportunity to start all over again, to turn over a new page.

Eileen Caddy (American Spiritual Writer)

Shoot for the moon, even if you miss you will land among the stars.

-Unknown

Snow Happens.

-- American Idiom

Memory is the treasury and guardian of all things.

- Marcus T. Cicero, 106-43 B.C., Great Roman Orator and Politician

Nothing is more despicable than respect based on fear.

- Albert Camus, 1913-1960, French Author and Philosopher

The future belongs to those who believe in the beauty of their dreams.

- Eleanor Roosevelt, 1884-1962, American Humanitarian and Former First Lady of the United States

April hath put a spirit of youth in everything.

Shakespeare

There's nothing bad to be last-placed, if you are with dignity.

- Zdenek Zeman

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All the world is birthday cake, so take a piece, but not too much.

- *George Harrison*

Often we allow ourselves to be upset by small things we should despise and forget. We lose many irreplaceable hours brooding over grievances that, in a year's time, will be forgotten by us and by everybody. No, let us devote our life to worthwhile actions and feelings, to great thoughts, real affections and enduring undertakings.

Andre Maurois (1885-1967, French Writer)

The intuitive mind is a sacred gift and the rational mind is a faithful servant. We have created a society that honors the servant and has forgotten the gift.

-*Albert Einstein*

Winter's done, and April's in the skies, Earth, look up with laughter in your eyes!

-- *Charles G.D. Roberts, An April Adoration, 1896*

The impression forces itself upon one that men measure by false standards, that everyone seeks power, success, riches for himself, and admires others who attain them, while undervaluing the truly precious thing in life.

~ *Sigmund Freud(1856-1939, Austrian Physician - Founder of Psychoanalysis)*

Quality is not an act, it's a habit

~ *Aristotle*

I hear and I forget. I see and I believe. I do and I understand. -

~ *Confucius*

"The person who is waiting for something to turn up might start with their shirtsleeves."

~*Garth Henrichs.*

"How about you? Could making up lists be the mind awakener, mind sharpener, mind builder to lift you to a new dimension - to revitalize your life?"

~ *Frank Tibolt*

"If you aren't reading, studying and trying to learn more about being successful, then you don't give a damn about being successful."

~ *Larry Winget*

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"You are given the gifts of the gods, you create your reality according to you beliefs. Yours is the creative energy that makes your world. There are no limitations to the self except those you believe in."

~ *Seth*

Successful entrepreneurs take who they are and what they already know and create surprising combinations.

-- *Gary Erickson, Founder of Clif Bar, USA TODAY Mar 14, 2005*

There is in the worst of fortune the best of chances for a happy change. There is in the worst of fortune the best of chances for a happy change.

- *Euripides*

The best mind-altering drug is the truth.

- *Lily Tomlin*

Time is too slow for those who wait,
too swift for those who fear,
too long for those who grieve,
too short for those who rejoice,
but for those who love,
time is eternity.

-*Henry Van Dyke*

There is never a better measure of what a person is than what he does when he's absolutely free to choose.

William M. Bulger (1934-, American Educator, Senator)

"Sitting quietly,
doing nothing,
spring comes
and the grass
grows by itself."

~*Zen Proverb*

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"Find those places inside that jump for joy, and do things that bring out your best, most magic self. *Keep doing them!*"

~SARK, Inspiration Sandwich

The bottom line is that if I did it, you can do it. I got rich without the benefit of a college education or a penny of capital but making many errors along the way. I went from being a pauper...a hippie dropout on the dole, living in a crummy room without the proverbial pot to piss in, without even the money to pay the rent, without a clue as to what to do next...to being rich.

- Felix Dennis

Appearances are Deceptive.

-- Italian Proverb

You cannot be lonely if you like the person you're alone with.

Wayne Dyer (1940-, American Psychotherapist, Author, Lecturer)

Toughness is in the soul and spirit, not in muscles.

-- Alex Karras

Management is doing things right; leadership is doing the right things.

Peter F. Drucker (1909-, American Management Consultant, Author)

If you've got a big mouth and you're controversial, you're going to get attention.

- Simon Cowell

Good parenting creates an adult, not a perfect child.

- Russ Nelson

Every day is a new beginning. Learn the skill of forgetting and move on.

-- Norman Vincent Peale

The only place where success comes before work is a dictionary.

-Vidal Sassoon

Set yourself as the standard.

-- Chinese Proverb

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The way for a young man to rise is to improve himself in every way he can, never suspecting that anybody wishes to hinder him.

~ Abraham Lincoln (1809-1865, Sixteenth President of the USA)

"If you keep doing what you've always done, you'll keep getting what you've always got."

~ John C. Maxwell

"Everything you try to avoid about yourself will keep playing out insidiously in your life. This creates the perfect opportunity for you to embrace, love and heal this part of self."

~ Melanie Tonia Evans

"Every intention sets energy into motion whether you are conscious of it or not."

~ Gary Zukav

"There is an inner awareness that a soul mate exists.

So, then, begins the divine search."

~ Unknown

"Gratitude makes sense of our past, brings peace for today and creates a vision for tomorrow."

~ Melody Beattie

"There is a time to let things happen and a time to make things happen."

~ Anonymous

What is the use of living if not to strive for noble causes and to make this muddled world a better place for those who will live in it after we are gone?

-- Winston Churchill

With enough courage, you can do without a reputation.

- Rhett Butler

Simple, clear purpose and principles give rise to complex and intelligent behavior. Complex rules and regulations give rise to simple and stupid behavior.

- Dee Hock

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Reality is what we take to be true. What we take to be true is what we believe. What we believe is based upon our perceptions. What we perceive depends upon what we look for. What we look for depends upon what we think. What we think depends upon what we perceive. What we perceive determines what we believe. What we believe determines what we take to be true. What we take to be true is our reality.

Gary Zukav

"You can have everything you want in life if you will just help enough other people get what they want."

~Zig Ziglar

"If there is one secret of success, it lies in the ability to get the other person's point of view, and see things from that person's angle, as well as from your own."

~Henry Ford

Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind.

-- Dr. Suess

Worry does not empty tomorrow of its sorrow; it empties today of its strength.

-Corrie Ten Boom

The only place where your dream becomes impossible is in your own thinking.

~ Robert H. Schuller (1926-, American Minister, Author, Social Leader)

Let bygones be bygones.

-- Christina Georgina Rossetti (1830-1894)

I will either find a way, or make one.

- Latin Proverb

The Stone Age did not end because humans ran out of stones. It ended because it was time for a re-think about how we live.

- William McDonough

The individual who wants to reach the top in business must appreciate the might of the force of habit and must understand that practices are what create habits. He must be quick to break those habits that can break him and hasten to adopt those

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practices that will become the habits that help him achieve the success he desires.
J. Paul Getty (1892-1976, American Oil Tycoon, Billionaire)

We do not need to proselytize either by our speech or by our writing. We can only do so really with our lives. Let our lives be open books for all to study.
-- Mohandas Gandhi

To live lightheartedly but not recklessly; to be gay without being boisterous; to be courageous without being bold; to show trust and cheerful resignation without fatalism -- this is the art of living.
Jean de La Fontaine (1621-1695, French Poet)

"You have to learn the rules of the game - and then you have to play better than anyone else"
- Albert Einstein

Security is not the meaning of my life. Great opportunities are worth the risk.
Shirley Hufstедler (1925-, American jurist and secretary of education)

Writing is easy. All you do is stare at a blank sheet of paper until drops of blood form on your forehead.
-Gene Fowler

"It's not what you look at that matters, it's what you see."
~Henry David Thoreau

"When we feel stuck, going nowhere...even starting to slip backward, we may actually be backing up to get a running start."
~Dan Millman

"Many of life's circumstances are created by three basic choices: the disciplines you choose to keep, the people you choose to be with, and the laws you choose to obey."
~Charles Millhuff

"The more you praise and celebrate your life, the more there is in life to celebrate."
~Oprah Winfrey

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Our subconscious minds have no sense of humor, play no jokes and cannot tell the difference between reality and an imagined thought or image. What we continually think about eventually will manifest in our lives.

Sidney Madwed (American Speaker, Consultant, Author, Poet)

Why is it that I'm most aware of my body only when it's not working properly?

-Ashleigh Brilliant

Why continue looking outside yourself for riches when inside you is the goldmine you are seeking. Embrace the sacredness of your very existence, for the real treasure is found within your very soul. The world is ready for you Karl to re-discover it! Just dig a little deeper Karl and you'll strike it rich tonight.

Jafree & Margot

Don't wait another moment to find peace. Simply surrender to the most relaxed part of you . There is a tremendous healing available inside you. Just dive a bit deeper, into the very center of your innermost being. You'll see your true essence is always at ease. Real power is only found through inner peace,

Jafree & Margot

You are soooo loved!

Repeat this thought to yourself randomly through the next 24 hours and FEEL what happens! Blessings are everywhere...

Jafree & Margot

Few men during their lifetime comes anywhere near exhausting the resources dwelling within them. There are deep wells of strength that are never used.

Richard E. Byrd (1888-1957, American Aviator, Explorer, Rear-Admiral)

Yes, you can manifest ANYTHING you desire! You are capable of doing, having, and attracting whatever your heart is yearning for. Relax into this understanding; you are destined to manifest a miraculous life that you love! You are always sooo deeply blessed,

Jafree & Margot

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When you get right down to the root of the meaning of the word "succeed," you find that it simply means to follow through.

F. W. Nichol

Wisest is she who knows she does not know.

-Anononymous

When all is done, human life is, at the greatest, and the best, but like a forward child, that must be played with and humored a little to keep it quiet till it falls asleep, and then the care is over.

- William Temple

The advantage of living is not measured by length, but by use; some men have lived long, and lived little; attend to it while you are in it. It lies in your will, not in the number of years, for you to have lived enough.

- Michel de Montaigne

You may live in an imperfect world but the frontiers are not closed and the doors are not all shut.

Maxwell Maltz (American Plastic Surgeon, Author of "Psycho-Cybernetics")

"Life is but a divine journey with many opportunities to express ones highest purpose and destiny."

~Buddha

Great deeds are usually wrought at great risks.

- Herodotus

If you enjoy the process, it's your dream. ... If you are enduring the process, just desperate for the result, it's somebody else's dream.

- Salma Hayek

No Pessimist ever discovered the secrets of the stars,
or sailed to an uncharted land,
or opened a new heaven to the human spirit

-Helen Keller

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"A wise man makes his own decisions, an ignorant man follows public opinion"

Chinese Proverbs

"High achievers spot rich opportunities swiftly, make big decisions quickly and move into action immediately. Follow these principles and you can make your dreams come true."

Robert H. Schuller

"Be willing to make decisions. That's the most important quality in a good leader."

General George S. Patton

"Never cut a tree down in the wintertime. Never make a negative decision in the low time. Never make your most important decisions when you are in your worst moods. Wait. Be patient. The storm will pass. The spring will come."

Robert H. Schuller

If you do not express your own original ideas, if you do not listen to your own being, you will have betrayed yourself.

Rollo May

He conquers who endures.

Persius (34-62 AD, Satirical Poet)

It is the artist's business to create sunshine when the sun fails.

- Romain Rolland

I'd take the awe of understanding over the awe of ignorance any day.

- Douglas Adams

One is happy as a result of one's own efforts, once one knows the necessary ingredients of happiness - simple tastes, a certain degree of courage, self-denial to a point, love of work, and, above all, a clear conscience. Happiness is no vague dream, of that I now feel certain. By the proper use of experience and thought one can draw much from oneself, by determination and patience one can even restore one's health... so let us live life as it is, and not be ungrateful.

George Sand (1804-1876, French Novelist)

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When even the brightest mind in our world has been trained up from childhood in a superstition of any kind, it will never be possible for that mind, in its maturity, to examine sincerely, dispassionately, and conscientiously any evidence or any circumstance which shall seem to cast a doubt upon the validity of that superstition. I doubt if I could do it myself.

-Mark Twain

Defer no time, delays have dangerous ends.

William Shakespeare (1564-1616, British Poet, Playwright, Actor)

Sometimes we get caught up in our troubles and our problems and we let life slip away, but life is precious, all of life, and one must try to take in as much of it as possible.

- Yanni

Imagination, not intelligence, made us human.

- Terry Pratchett

None are so old as those who have outlived enthusiasm.

- Henry David Thoreau, 1817-1862, American Author/Critic/Naturalist

Your worth consists in what you are and not in what you have.

- Thomas Edison, 1847-1931, American Inventor and Entrepreneur

Our attitude toward life determines life's attitude towards us.

- Earl Nightingale, 1921-1989, American Motivational Author and Radio Broadcaster

Do something. If it doesn't work, do something else. No idea is too crazy.

Jim Hightower, Social Critic

Thus the metric system did not really catch on in the States, unless you count the increasing popularity of the 9mm bullet.

-Dave Barry

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The minute a person whose word means a great deal to others dare to take the open-hearted and courageous way, many others follow.

Marian Anderson (1902-1993, American Contralto Concert and Opera Singer)

No act of kindness, no matter how small, is ever wasted.

Aesop (620-560 BC)

All of the top achievers I know are life-long learners... Looking for new skills, insights, and ideas. If they're not learning, they're not growing... not moving toward excellence.

Denis Waitley (1933-, American Author, Speaker, Trainer, Peak Performance Expert)

We must believe in luck. For how else can we explain the success of those we don't like?

-Jean Cocteau

Live and let live.

-- Dutch proverb

Imagination is everything. It is the preview of life's coming attractions.

- Albert Einstein

There is no fatigue so wearisome as that which comes from lack of work.

Charles Haddon Spurgeon (1834-1892, British Baptist Preacher)

"The important thing is not being afraid to take a chance. Remember, the greatest failure is to not try. Once you find something you love to do, be the best at doing it."

Debbi Fields Founder of Mrs. Fields Cookies

It is health that is real wealth and not pieces of gold and silver.

- Mahatma Gandhi

To wish to be well is a part of becoming well.

- Seneca

Best Chapter of Your Life

This is the miracle that happens every time to those who really love; the more they give, the more they possess.

Rainer Maria Rilke (1875-1926, German Poet)

Many great ideas go unexecuted, and many great executioners are without ideas. One without the other is worthless.

- Tim Blixseth

Make it a rule of life never to regret and to never look back. We all live in suspense, from day to day, from hour to hour; in other words, we are the hero of our own story.

-- Mary McCarthy

Depend upon it there comes a time when for every addition of knowledge you forget something that you knew before. It is of the highest importance, therefore, not to have useless facts elbowing out the useful ones.

Sir Arthur Conan Doyle (1859-1930, British Author, "Sherlock Holmes")

Many great ideas go unexecuted, and many great executioners are without ideas. One without the other is worthless.

- Tim Blixseth

"I believe the best leaders are the ones that are focused on bringing out the best in their people - transforming lives. When someone has that as their purpose, the profits just naturally follow."

Susan Bagyura

Depend on the rabbit's foot if you will, but remember, it didn't work for the rabbit!

-R.E. Shay.

People tend to feel better only after they repeatedly act better.

-- Daneen Skube, Ph.D. Syncicated Columnist.

The greatest problem you have is your greatest opportunity.

Michael Wickett (American Motivational Speaker, Sales Trainer)

According to my calculations, this problem doesn't exist.

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-Anononymous

He who angers you conquers you.

- Elizabeth Kenny

People can be more forgiving than you can imagine. But you have to forgive yourself. Let go of what's bitter and move on.

- Bill Cosby

You cannot shake hands with a clenched fist.

- Indira Gandhi, 1917-1984, Indian Prime Minister

The moon is a friend for the lonesome to talk to.

- Carl Sandburg, 1878-1967, American Poet and Historian

Nothing is to be rated higher than the value of the day.

- Johann Wolfgang von Goethe, 1749-1832, German Poet/Dramatist/Novelist

It doesn't matter how many say it cannot be done or how many people have tried it before, It's important to realize that whatever you're doing, It's your first attempt at it.

-- Wally Amos

We must laugh before we are happy, for fear we die before we laugh at all.

Jean De La Bruyère (1645-1696, French Classical Writer)

Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful.

- Albert Schweitzer

A goal properly set is halfway reached.

- Abraham Lincoln

I like to not only be loved, but to be told that I am loved.

-- George Elliot

I sleep better at night knowing that scientists can clone sheep.

-Jeff Ayers.

Best Chapter of Your Life

Nature has given us two ears, two eyes, and but one tongue-to the end that we should hear and see more than we speak.

Socrates (BC 469-399, Greek Philosopher)

There are no secrets to success. It is the result of preparation, hard work, learning from failures.

-- Colin Powell

No one ever gets far unless he accomplishes the impossible at least once a day. -

Elbert Hubbard

You can't shake hands with a clenched fist.

- Indira Gandhi

They say a year in the Internet business is like a dog year...equivalent to seven years in a regular person's life. In other words, it's evolving fast and faster.

- Vinton Cerf

Wisdom in scripture is, broadly speaking the knowledge of God's world and the knack of fitting oneself into it.

-- Cornelius Plantinga

In times of great stress or adversity, it's always best to keep busy, to plow your anger and your energy into something positive.

- Lee Iacocca

Our food should be our medicine and our medicine should be our food.

- Hippocrates

Never one thing and seldom one person can make for success. It takes a number of them merging into one perfect whole.

-- Marie Dressler, 1869-1934 Actor

Wise people, even though all laws were abolished, would still lead the same life.

-- Aristophanes (c.450-385 B.C.)

Best Chapter of Your Life

In love's service only the wounded soldier can serve.

-Bernie Siegel, *Love, laughter and healing humor,IJHC 2007, 7(2), 1-11.*

The value of identity of course is that so often with it comes purpose.

- Richard Grant

Happiness belongs to the self-sufficient.

- Aristotle

The humblest individual exerts some influence, either for good or evil, upon others.

-- Henry Ward Beecher (1813-1887)

Justifying a fault doubles it.

- French Proverb

In order for the light to shine so brightly, the darkness must be present.

- Francis Bacon, 1561-1626, English Philosopher/Essayist/Statesman

There are perhaps no days of our childhood we lived so fully as those we spent with a favorite book.

- Marcel Proust, 1871-1922, French Novelist

The road up and the road down is one and the same.

-- Heraclitus (c. 540-c.480 B.C.)

Knowledge speaks,
but wisdom listens.

-Jimi Hendrix

When we truly realize that we are all alone is when we need others the most.

- Ronald Anthony

Time is making fools of us again.

- J.K. Rowling

Unshared joy is an unlighted candle.

-- Spanish proverb

Best Chapter of Your Life

Love and kindness are never wasted. They always make a difference. They bless the one who receives them, and they bless you, the giver.

Barbara De Angelis (American Expert on Relationship & Love, Trainer, Author)

Everybody makes business mistakes. I mean, I take the responsibility, and I did. I was the captain of the ship and I took that responsibility.

- Alan Bond

"What is now proved was once only imagined."

- William Blake

We may need to solve problems not by removing the cause but by designing the way forward even if the cause remains in place.

- Edward de Bono

A soft answer turneth away wrath.

-- Proverbs 15:1

Don't cry because it's over; smile because it happened.

-Dr. Seuss

When you want to encourage a greater sense of responsibility in others (and yourself), emphasize the anticipation of accomplishment, not the penalties for failure.

Roger Crawford (American Resiliency Expert, Speaker, Author)

Success is not final, failure is not fatal: it is the courage to continue that counts.

- Winston Churchill

If I'd known I was going to live so long, I'd have taken better care of myself.

- Leon Eldred

Happiness is like coke--something you get as a by-product in the process of making something else.

-- Aldous Huxley, Point Counter Point

I will greet this day with love in my heart. For this is the greatest secret of success in all ventures. Muscle can split a shield and even destroy life itself but

Best Chapter of Your Life

only the unseen power of love can open the hearts of man and until I master this act I will remain no more than a peddler in the market place. I will make love my greatest weapon and none on who I call can defend upon its force... my love will melt all hearts liken to the sun whose rays soften the coldest day.

~ Og Mandino (1923-1996, American Motivational Author, Speaker)

The beginning is the most important part of the work.

- Plato

Don't settle for a relationship that won't let you be yourself.

- Oprah Winfrey

The earth laughs in flowers.

-- Ralph Waldo Emerson

There will always be a sacrifice required for results. It is the early bird who gives up sleeping in to get the worm. To get what you want, right on the heels of deciding what that is, you must also decide what you will do in exchange for the results you desire.

James R. Ball (American Businessman, Author, Speaker)

Advice is like castor oil, easy to give, but dreadful to take.

-Josh Billings

TICCO #2: If something smells fishy, it probably is.

-- HBS, Daily Thoughts

"Life is too short to waste. Dreams are fulfilled only through action, not through endless planning to take action."

David J. Schwartz Trainer and Author

Success doesn't come to you...you go to it.

- Marva Collins

The rest of the world lives to eat, while I eat to live.

- Socrates

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Positive anything is better than negative nothing

- Elbert Hubbard

Your mind is powerful enough to do more than one thing at one time, but you can only do one thing well at one time. Just do what you're doing while you're doing it.

Ron Gilbert

What the public criticizes in you, cultivate. It is you.

-- Jean Cocteau

"We often think of enthusiasm as caused by an external event. However, it can be generated from within, becoming an intentional action for transforming virtually anything in our lives. Enthusiasm can take the seemingly small, dull, boring, or unimportant and turn it into something new and magnificent. Learn to strengthen the muscle of your enthusiasm, letting the tiny become great, and you will reclaim your energy and passion."

Anat Baniel From her newly released book Move Into Life - The Nine Essentials for Life Long Vitality

Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has.

Margaret Mead (1901-1978, American Anthropologist)

Friendship is one mind in two bodies.

-- Mencius (c371-289 BC)

For every minute you are angry you lose sixty seconds of happiness.

-Ralph Waldo Emerson

"It is a lesson which all history teaches the wise, to put trust in ideas, and not in circumstances"

Ralph Waldo Emerson 1803-1882, Essayist, Philosopher and Poet

Discard your doubts...they are just ghosts lurking in the shadows of another time and place. It's O.K., you are safe now simply let go and trust all will be fine....

Karl Hoppe B.A, NLP, MCHt, EFT

Best Chapter of Your Life

Where your treasure is, there will your heart be also.

-- *Bible- Matthew 6:21*

There is one thing stronger than all the armies in the world, and that is an idea whose time has come.

Victor Hugo (1802-1885, French Poet, Dramatist, Novelist)

The sky is the daily bread of the eyes.

-- *Ralph Waldo Emerson*

Nothing happens unless first a dream.

Carl Sandburg (1878-1967, American Poet)

If you look for the truth outside yourself,
it gets farther and farther away.

Today, walking alone,

I meet him everywhere I step.

He is the same as me,

yet I am not him.

Only if you understand it in this way
will you merge with the way things are.

-*Tung Shan*

You can hold back from suffering of the world, you have permission to do so, and it is in accordance with your nature.

But perhaps this very holding back is the one suffering you could have avoided.

-*Franz Kafka*

Thought is action in rehearsal.

- *Sigmund Freud*

He that gives good advice builds with one hand; he that gives good counsel and example builds with both.

- *Francis Bacon*

Grow old along with me! The best is yet to be.

The last of life, for which the first was made.

-- *Robert Browning, "Rabbi Ben Ezra"*

Best Chapter of Your Life

First say to yourself what you would be; and then do what you have to do.

Epictetus (50-138, Phrygian Philosopher)

Man is not the creature of circumstances. Circumstances are the creatures of man.

-- *Benjamin Disraeli, in Vivian Grey (1826)*

Handle them carefully, for words have more power than atom bombs.

Pearl Strachan Hurd

Leaders must be close enough to relate to others, but far enough ahead to motivate them.

- *John Maxwell*

Thoughts, like fleas, jump from man to man. But they don't bite everybody. -

Stanislaw Lec

There is no excellent beauty that hath not some strangeness in the proportion.

-- *Sir Francis Bacon, "Of Beauty"*

The first thing I do in the morning is to make my bed and while I am making up my bed I am making up my mind as to what kind of a day I am going to have.

Robert Frost(1875-1963, American Poet)

The big shots are only the little shots who keep shooting.

- *Christopher Morley*

"We will receive not what we idly wish for but what we justly earn. Our rewards will always be in exact proportion to our service."

Earl Nightingale 1922-1989, Author and Syndicated Radio Commentator

"If you want to achieve excellence, you can get there today. As of this second, quit doing less-than-excellent work."

Thomas J. Watson 1874-1956, Founder of IBM

Everyone wants to be appreciated, so if you appreciate someone, don't keep it a secret.

- *Mary Kay Ash*

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The wheel that squeaks the loudest is the one that gets the grease.

- *Josh Billings*

Who dares to teach must never cease to learn.

-- *John Cotton Dana*

Luck affects everything. Let your hook always be cast; in the stream where you least expect it there will be a fish.

Ovid (BC 43-18 AD, Roman Poet)

"Often we allow ourselves to be upset by small things we should despise and forget. We lose many irreplaceable hours brooding over grievances that, in a year's time, will be forgotten by us and by everybody. No, let us devote our life to worthwhile actions and feelings, to great thoughts, real affections and enduring undertakings."

Andre Maurois 1885-1967, Writer

Man knows himself only to the extent that he knows the world. He becomes aware of himself only within the world and aware of the world only within himself. Every object well contemplated opens a new organ within us.

-*Goethe*

No one saves us but ourselves. No one can and no one may. We ourselves must walk the path.

-- *Buddha , (563-483 BC)*

If you want to achieve excellence, you can get there today. As of this second, quit doing less-than-excellent work.

Thomas J. Watson (187-1956, American Businessman, Founder of IBM)

"Sunshine is delicious, rain is refreshing, wind braces up, snow is exhilarating; there is no such thing as bad weather just different kinds of good weather.

-- *John Ruskin*

I am an optimist, but I'm an optimist who carries a raincoat.

-- *Harold Wilson*

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If children grew up according to early indications, we should have nothing but geniuses.

--*Johann Wolfgang von Goethe*

'For every person with a spark of genius, there are a hundred with ignition trouble...

Kurt Hanks

There is only one happiness in life, to love and be loved.

-- *George Sand (1804-1876)*

Forgiveness is the fragrance the violet sheds on the heel that has crushed it.

Mark Twain (1835-1910, American Humorist, Writer)

"Fantasies are more than substitutes for unpleasant reality; they are also dress rehearsals, plans. All acts performed in the world begin in the imagination."

Barbara Grizzuti Harrison Author and Publicist

"There is a wonderful mythical law of nature that the three things we crave most in life -- happiness, freedom, and peace of mind -- are always attained by giving them to someone else."

~ *Peyton Conway March.*

When I let go of what I am, I become what I might be.

-*Lao Tzu*

Simplicity is the most difficult thing to secure in this world; it is the last limit of experience and the last effort of genius."

--*George Sand*

You can't tell people what to think. People have to discover an idea on their own. Set the stage so that through your daily work, you put people in a place where they see the impossible made plausible.

-- *Robert Egger with Howard Yoon, " Begging for Change"*

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There is no sense in crying over spilt milk. Why bewail what is done and cannot be recalled?

Sophocles (BC 495-406, Greek Tragic Poet)

As long as a man stands in his own way, everything seems to be in his way.

- Ralph Waldo Emerson

The word of man is the most durable of all material.

- Arthur Schopenhauer

The only time you're safe in your life is when your heart is open.

-- Arnold Patent

"There is a wonderful mythical law of nature that the three things we crave most in life -- happiness, freedom, and peace of mind - are always attained by giving them to someone else."

~ Peyton Conway March.

To think creatively, we must be able to look afresh at what we normally take for granted.

- George Kneller

"Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."

—Mark Twain

The great thing about this world is not so much where we are, but in what direction we are moving.

-Oliver Wendell Holmes, Jr.

You can give without loving, but you cannot love without giving.

Amy Carmichael (1867-? Irish Missionary)

"I can feel guilty about the past, apprehensive about the future, but only in the present can I act. The ability to be in the present moment is a major component of mental wellness."

Abraham Maslow 1908-1970, Psychologist

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"One who asks a question is a fool for five minutes; one who does not ask a question remains a fool forever"

- *Chinese Proverb*

To know that one has a secret is to know half the secret itself.

- *Henry Ward Beecher*

When you have to make a choice and don't make it, that is in itself a choice.

- *William James*

If you hear a voice within you say, "You cannot paint," then by all means paint, and that voice will be silenced.

Vincent Van Gogh

Most of our obstacles would melt away if, instead of cowering before them, we should make up our minds to walk boldly through them.

Orison Swett Marden (1850-1924, American Author, Founder of Success Magazine)

The best strategy for building a competitive organization is to help individuals become more of who they are

-- *Marcus Buckingham*

Variety is the mother of Enjoyment.

-- *Benjamin Disraeli (1804-1881, Vivian Grey)*

The most beautiful people we have known are those who have known defeat, known suffering, known struggle, known loss, and have found their way out of the depths. These people have an appreciation, a sensitivity, and an understanding of life that fills them with compassion, gentleness, and deep, loving concern. Beautiful people do not just happen. . .

-*Elizabeth Kubler-Ross*

I believe that anyone can conquer fear by doing the things he fears to do, provided he keeps doing them until he gets a record of successful experience behind him.

Eleanor Roosevelt (1884-1962, American First Lady, Columnist, Lecturer, Humanitarian)

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Optimism is essential to achievement and it is also the foundation of courage and true progress.

- *Nicholas Murray Butler*

"The real winners in life are the people who look at every situation with an expectation that they can make it work or make it better."

Barbara Pletcher Author

There is no security on this earth. Only opportunity.

General Douglas MacArthur

False friendship, like the ivy, decays and ruins the walls it embraces; but true friendship gives new life and animation to the object it supports.

Sir Richard Burton (1821-1890, Explorer, Born in Torquay)

A leader leads by example, whether he intends to or not.

- *Source Unknown*

How strange that nature does not knock, and yet does not intrude!

- *Emily Dickinson, 1830-1886, American Poet*

There is no chance, no destiny, no fate, that can hinder or control the firm resolve of a determined soul.

- *Ella Wheeler Wilcox, 1850-1919, American Author and Poet*

Be not afraid of life.

Believe that life is worth living,
and your belief will help create the fact.

-*Henry James*

The man who can make hard things easy is the educator.

- *Ralph Waldo Emerson*

How you think when you lose determines how long it will be until you win.

- *Gilbert K. Chesterton*

If you want your dreams to come true, don't oversleep.

--*Yiddish Proverb*

Best Chapter of Your Life

"False friendship, like the ivy, decays and ruins the walls it embraces; but true friendship gives new life and animation to the object it supports."

Sir Richard Burton 1821-1890, Explorer

It's okay to make mistakes. Mistakes are our teachers - they help us to learn.

John Bradshaw (American Author, Lecturer, Leading Expert On Recovery & Dysfunctional Families)

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How strange that nature does not knock, and yet does not intrude!

- Emily Dickinson, 1830-1886, American Poet

There is no chance, no destiny, no fate, that can hinder or control the firm resolve of a determined soul.

- Ella Wheeler Wilcox, 1850-1919, American Author and Poet

Never mistake activity for achievement.

- John Wooden

"The kinder and more thoughtful a person is, the more kindness they can find in other people."

Leo Tolstoy 1828-1910, Novelist and Philosopher

As the devil said to Noah, "It's bound to clear up".

-- English Proverb

There is great treasure there behind our skull and this is true about all of us. This little treasure has great, great powers, and I would say we only have learnt a very, very small part of what it can do.

Isaac Bashevis Singer (1898-1978, British Dramatist)

What lies behind us and what lies before us are small matters compared to what lies within us.

-- Ralph Waldo Emerson

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The harder I work the luckier I get.

Samuel Goldwyn (1882-1974, American Film Producer, Founder of MGM)

Not to go out and do your best is to sacrifice your gift.

-Steve Prefontaine

Attitude is a little thing that makes a big difference.

- Winston Churchill

If you would be loved, love and be lovable.

- Benjamin Franklin

Success has always been easy to measure. It is the distance between one's origins and one's final achievement.

- Michael Korda

"Change is inevitable -- except from a vending machine."

~Anon

Honesty is the first chapter of the book of wisdom.

- Thomas Jefferson

You have a lifetime to work, but children are only young once.

- Polish Proverb

Mistakes are part of the dues one pays for a full life.

Sophia Loren (1934-, Italian Actress)

When You're Hot You're Hot.

-- Song by Jerry R. Hubbard (Jerry Reed)

If you do not expect the unexpected you will not find it, for it is not to be reached by search or trail.

Heraclites

"The individual who wants to reach the top in business must appreciate the might of the force of habit and must understand that practices are what create habits. He must be quick to break those habits that can break him and hasten to adopt

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those practices that will become the habits that help him achieve the success he desires."

J. Paul Getty 1892-1976, American Oil Tycoon

You can't have a better tomorrow if you are thinking about yesterday all the time.

- Charles F. Kettering

The part can never be well unless the whole is well.

- Plato

Little minds have little worries, big minds have no time for worries.

-- Ralph Waldo Emerson

Constant success shows us but one side of the world; adversity brings out the reverse of the picture.

Charles Caleb Colton (1780-1832, British Sportsman, Writer)

"Love and kindness are never wasted. They always make a difference. They bless the one who receives them, and they bless you, the giver."

Barbara De Angelis Author and Expert on Relationship and Love

Responsibility vs blame. "You are personally responsible for everything in your life, once you become aware that you are personally responsible for everything in your life. One cannot be "guilty" of being a poor parent unless one is already aware of the above-described information and disregards it. Once you become aware of this information, you can begin to apply it to reprogram your behavior."

-Bruce H. Lipton

Don't judge each day by the harvest you reap, but by the seeds you plant.

-- Robert Louis Stevenson

Cherish your visions; cherish your ideals; cherish the music that stirs in your heart, the beauty that forms in your mind, the loveliness that drapes your purest thoughts, for out of them will grow delightful conditions, all heavenly environment; of these if you but remain true to them, your world will at last be built.

James Allen (1864-1912, British-born American Essayist, Author of "As a Man Thinketh")

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Ability is what you're capable of doing. Motivation determines what you do.
Attitude determines how well you do it.

Lou Holtz (1937-, American Football Coach)

Your life is what your thoughts make it.

- Marcus Aurelius

We are not here merely to make a living. We are here to enrich the world.

- Woodrow Wilson

The world of achievement has always belonged to the optimist.

- Harold Wilkins

Walt Kelly's Pogo: 'We have met the enemy, and he is us.'

-Lyall Watson

Nature reacts not only to physical disease, but also to moral weakness; when the danger increases, she gives us greater courage.

-- Johann Wolfgang von Goethe

"If you make the unconditional commitment to reach your most important goals, if the strength of your decision is sufficient, you will find the way and the power to achieve your goals."

Robert Conklin Teacher, Author and Speaker

The roots of true achievement lie in the will to become the best that you can become.

- Harold Taylor

Thoreau observed "The mass of humanity go to their grave with their song in them"...Pursue an education that teaches you how to sing, to sing not just in a choir, but in the choir of humanity and to sing with that choir your song.

-- Stephen Sundborg, S.J. President Seattle University, Talk, June 1, 2005

"The possibility of stepping into a higher plane is quite real for everyone. It requires no force or effort or sacrifice. It involves little more than changing our ideas about what is normal."

Deepak Chopra

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No one can make us angry. People can say and do things to us but it is still up to us as individuals to do what we want with our emotions in response to those things.

Source Unknown

A minute's success pays the failure of years.

- Robert Browning

Cease to ask what the morrow will bring forth. And set down as gain each day that Fortune grants.

- Horace

Admit that your own private Mount Everest exists. That is half the battle.

- Hugh Macleod

Within us all are wells of thoughts and dynamos of energy which are not suspected until emergencies arise. Then often times we find that it is comparatively simple to double or triple our former capacities and to amaze ourselves by the results achieved.

-- Thomas J. Watson

There is nothing you can't do, if you set your mind to it.

Anything is possible.

Rick Hansen (Canadian Wheelchair Athlete, Speaker, Author, Founder of "Man in Motion World Tour")

"Prepare yourself for that which you are seeking. Know that what you are seeking is also seeking you. Know that the forces of the universe will rush in to bring that which you want, provided of course, you want it badly enough and believe that you can get it -- or better yet, deserve it."

--John Harricharan

"You do not need to leave your room. Remain sitting at your table and listen. Do not even listen, simply wait. Do not even wait, be quite still and solitary. The world will freely offer itself to you to be unmasked, it has no choice, it will roll in ecstasy at your feet. It will wiggle about ecstatically in front of you."

--Franz Kafka

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"Ask, and it will be given you; seek, and you will find; knock, and it will be opened to you."

--Bible -- Luke 11:9

"Now and then it's good to pause in our pursuit of happiness and just be happy."

--Guillaume Apollinaire

He that would be a leader must be a bridge.

-- Welsh Proverb

Happiness, like unhappiness, is a proactive choice.

Stephen R. Covey (American Speaker, Trainer, Author of "The 7 Habits of Highly Effective People")

"Logic will get you from A to B. Imagination will take you everywhere."

Albert Einstein

1879-1955, Physicist

The years teach much which the days never know.

-- Ralph Waldo Emerson (1803-1882)

When I repress my emotion my stomach keeps score.

-John Enoch Powell

"There is nothing you can't do, if you set your mind to it. Anything is possible."

Rick Hansen Wheelchair Athlete, Speaker and Author

I guess that one of the most important things I've learned is that nothing is ever completely bad. Even cancer. It has made me a better person. It has given me courage and a sense of purpose I never had before. But you don't have to do like I did...wait until you lose a leg or get some awful disease, before you take the time to find out what kind of stuff you're really made of. You can start now. Anybody can.

Terry Fox (1958-1981, Canadian man (with an artificial right leg) who ran across Canada to raise money for cancer research in a journey called "Marathon of Hope")

Art is never finished, only abandoned.

- Leonardo da Vinci, 1452-1519, Italian Painter and Sculptor

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Courtesy is as much a mark of a gentleman as courage.

- *Theodore Roosevelt, 1858-1919, 26th President of the United States*

Nothing is so exhausting as indecision, and nothing is so futile.

- *Bertrand Russell, 1872-1970, British Philosopher/Mathematician/Essayist*

Our work is the presentation of our capabilities.

- *Johann Wolfgang Von Goethe*

If you want to gather honey, don't kick over the beehive.

- *Dale Carnegie*

"If you think you have a problem, accept that your belief systems (thoughts), are giving you trouble, not the world."

- *Larry Crane*

Be still and know that I am God.

-- *Psalms 46:10*

Much illness is unhappiness sailing under a physiologic flag.

-*Rudolf Virchow*

Look at a day when you are supremely satisfied at the end. It's not a day when you lounge around doing nothing; it's when you've had everything to do, and you've done it.

Margaret Thatcher (1925-, British Stateswoman, Prime Minister (1979-90))

You may delay, but time will not.

- *Benjamin Franklin*

To me, the greatest pleasure of writing is not what it's about, but the inner music that words make.

- *Truman Capote*

Conduct is more convincing than language.

-- *John Woolman (1720-1772) Clergyman and abolitionist*

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"You may have a fresh start any moment you choose, for this thing that we call failure is not the falling down, but the staying down."

Mary Pickford 1893-1979, Actress and Producer

He who wishes to secure the good of others, has already secured his own.

- Confucius

Speak properly, and in as few words as you can, but always plainly; for the end of speech is not ostentation, but to be understood.

- William Penn

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- Leonardo da Vinci, 1452-1519, Italian Painter and Sculptor

Courtesy is as much a mark of a gentleman as courage.

- Theodore Roosevelt, 1858-1919, 26th President of the United States

Nothing is so exhausting as indecision, and nothing is so futile.

- Bertrand Russell, 1872-1970, British Philosopher/Mathematician/Essayist

When I repress my emotion my stomach keeps score.

-John Enoch Powell

The world is but a canvas to the imagination.

- Henry David Thoreau

Everything comes to him who hustles while he waits.

- Thomas Edison

Choose the life that is most useful and habit will make it most agreeable.

-- Sir Francis Bacon

I am an optimist. It does not seem too much use being anything else.

-- Winston Churchill

It's not over until it's over.

Yogi Berra (1925-, American Baseball Player)

Best Chapter of Your Life

...and the day came when the risk to remain tight in a bud was more painful than the risk it took to blossom.

-Anais Nin

Once we realize that even between the closest human beings infinite distances exist, a marvelous living side by side can grow if they succeed in loving the expanse between them, which gives them the possibility of always seeing the other whole before an immense sky. A good marriage is that in which each appoints the other guardian of his or her individuality.

-Rainier Maria Rilke

Man cannot discover new oceans unless he has the courage to lose sight of the shore.

Andre Gide (1869-1951, French Author)

"Prepare yourself for that which you are seeking. Know that what you are seeking is also seeking you. Know that the forces of the universe will rush in to bring that which you want, provided of course, you want it badly enough and believe that you can get it -- or better yet, deserve it."

--John Harricharan

"You do not need to leave your room. Remain sitting at your table and listen. Do not even listen, simply wait. Do not even wait, be quite still and solitary. The world will freely offer itself to you to be unmasked, it has no choice, it will roll in ecstasy at your feet."

--Franz Kafka

It is hope in this wider sense which enabled my father to build, from scratch, one of India's largest modern enterprises. His was an undertaking powered by hard work, initiative, self-belief but, above all else, the capacity, as he would often say, "to dream with your eyes wide open".

- Anil Ambani

You cannot mandate productivity; you must provide the tools to let people become their best.

-- Steve Jobs

Best Chapter of Your Life

I count him braver who overcomes his desires than him who conquers his enemies, for the hardest victory is over self.

-Aristotle

There is more to life than increasing its speed.

- Mohandas K. Gandhi

Once you say you're going to settle for second, that's what happens to you in life.

- John F. Kennedy

You gain strength, courage, and confidence by every experience in which you really stop to look fear in the face.

-- Eleanor Roosevelt

It is hope in this wider sense which enabled my father to build, from scratch, one of India's largest modern enterprises. His was an undertaking powered by hard work, initiative, self-belief but, above all else, the capacity, as he would often say, "to dream with your eyes wide open".

- Anil Ambani

"If there are such things as angels, hope that they are organized along the lines of the Mafia."

Kurt Vonnegut, Jr. The Sirens of Titan

"We've all heard that we have to learn from our mistakes, but I think it's more important to learn from successes. If you learn only from your mistakes, you are inclined to learn only errors."

Norman Vincent Peale 1898-1993, Pastor and Author

Set me a task in which I can put something of my very self, and it is a task no longer; it is joy; it is art.

-- Bliss Carman 1861-1929

Better to do something imperfectly than to do nothing perfectly.

- Robert H. Schuller

Everybody has to be somebody to somebody to be anybody.

- Malcolm S. Forbes

Best Chapter of Your Life

"Do not seek the truth; simply cease cherishing illusions."

~Great Zen Master

Anger and intolerance are the enemies of correct understanding.

- Mohandas Gandhi

Think of all the beauty still left around you and be happy.

- Anne Frank, 1929-1945, German-born Diarist

Don't find fault, find a remedy.

- Henry Ford, 1863-1947, American Industrialist and Founder of Ford Motor Company

Ordinary riches can be stolen, real riches cannot. In your soul are infinitely precious things that cannot be taken from you.

- Oscar Wilde, 1854-1900, Irish Dramatist/Novelist/Poet

"The world was my oyster until I used the wrong fork."

-Oscar Wilde

If we have not peace, it is because we have forgotten that we belong together.

-Mother Teresa of Calcutta

"Great opportunities to help others seldom come, but small ones surround us every day."

Sally Koch Author

Life has no other discipline to impose, if we would but realize it, than to accept life unquestioningly. Everything we shut our eyes to, everything we run away from, everything we deny, denigrate or despise, serves to defeat us in the end. What seems nasty, painful, evil, can become a source of beauty, joy and strength, if faced with an open mind. Every moment is a golden one for him who has the vision to recognize it as such.

Henry Miller (1891-1980, American Author

In the hour of adversity be not without hope. For crystal rain falls from black clouds.

Best Chapter of Your Life

Nizami (Persian Poet)

"The sexual embrace can only be compared with music and with prayer"

~ Marcus Aurelius, Roman Emperor

Accept everything about yourself -- I mean everything, You are you and that is the beginning and the end -- no apologies, no regrets.

Clark Moustakas (Humanistic Psychologist)

"Four short words sum up what has lifted most successful individuals above the crowd; a little bit more. They did all that was expected of them and a little bit more."

A. Lou Vickery Writer

He who has health has hope; and he who has hope has everything.

-- Arabian Proverb

If everyone is moving forward together, then success takes care of itself.

- Henry Ford

The future has a way of arriving unannounced.

- George Will

"When it comes to the future, there are three kinds of people: those who let it happen, those who make it happen, and those who wonder what happened.

~John M. Richardson, Jr

When you play, play hard; when you work, don't play at all.

- Theodore Roosevelt

The real distinction is between those who adapt their purposes to reality and those who seek to mold reality in the light of their purposes.

- Henry Kissinger

What the superior man seeks is in himself. What the mean man seeks is in others.

- Confucius

Best Chapter of Your Life

It is possible that the next Buddha
will not take the form of an individual.
The next Buddha may take the form of a community;
a community practicing understanding and loving kindness,
a community practicing mindful living.
This may be the most important thing
we can do for the survival of the Earth.

-Thich Nhat Hanh

"You can achieve anything you want in life if you have the courage to dream it, the intelligence to make a realistic plan, and the will to see that plan through to the end."

Sidney A. Friedman Entrepreneur, Speaker and Author

The world cares very little about what a man or woman knows; it is what a man or woman is able to do that counts.

*Booker T. Washington
(1856-1915, American Black Leader and Educator)*

If you deliberately plan to be less than you are capable of being, then I want to warn you that you'll be deeply unhappy the rest of your life.

-- Abraham Maslow

Here's to the crazy ones.

The misfits. The rebels. The troublemakers.

The round pegs in the square holes.

The ones who see things differently. They're not fond of rules.

And they have no respect for the status quo.

You can quote them, disagree with them, glorify or vilify them.

About the only thing you can't do is ignore them.

Because they change things. They push the human race forward.

And while some may see them as the crazy ones, we see genius. Because the people who are crazy enough to think they can change the world, are the ones who do."

Apple's original "Think Different" ad from 1997

Best Chapter of Your Life

"Every adversity, every failure, every heartache carries with it the seed of an equal or greater benefit."

- *Napoleon Hill*

"The universe will start to rearrange itself to make it happen for you If you turn it over to the universe you will be surprised and dazzled by what is delivered to you. This is where magic and miracles happen".

-*Joe Vitale*

It is an eternal obligation toward the human being not to let him suffer from hunger when one has a chance of coming to his assistance.

Simone Weil (1910-1943, French Philosopher, Mystic)

When I was young, I observed that nine out of ten things I did were failures. So I did ten times more work.

-- *George Bernard Shaw*

The easiest thing to be in the world is you. The most difficult thing to be is what other people want you to be. Don't let them put you in that position.

- *Leo Buscaglia*

Believe you are defeated, believe it long enough, and it is likely to become a fact.

- *Norman Vincent Peale*

"Gamble everything for love, if you're a true human being.

If not, leave this gathering

Half-heartedness doesn't reach into majesty.

Don't wait any longer.

Dive in the ocean, and let the sea be you."

~*Rumi*

We don't laugh because we're happy -- we're happy because we laugh.

- *William James*

Understanding how to be a good investor makes you a better business manager and vice versa.

- *Charlie Munger*

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"When one door of happiness closes,
another opens; but often we look so long
at the closed door that we do not see the one
which has been opened for us."

- *Helen Keller*

If you own a cat, you eventually become a doorman.

- *Anonymous*

You learn to speak by speaking, to study by studying, to run by running, to work by working; in just the same way, you learn to love by loving.

St. Francis De Sales (1567-1622, Roman Catholic Bishop, Writer)

I love those who yearn for the impossible.

-- *Johann Wolfgang von Goethe*

The best job goes to the person who can get it done without passing the buck or coming back with excuses.

Napoleon Hill (1883-1970, American Speaker, Motivational Author, "Think and Grow Rich")

We know where most of the creativity, the innovation, the stuff that drives productivity lies--in the minds of those closest to the work.

-- *John F. Welch*

Information technology and business are becoming inextricably interwoven. I don't think anybody can talk meaningfully about one without the talking about the other.

- *Bill Gates*

"The significant problems we face cannot be solved at the same level of thinking with which we created them."

- *Albert Einstein*

We will either find a way, or make one.

Hannibal(BC 247-182, Carthaginian General, Statesman)

Best Chapter of Your Life

Never put both feet in your mouth at the same time, because then you don't have a leg to stand on.

-Anonymous

If the flower is to be beautiful, it must be cultivated.

-- Japanese Proverb

The art of living lies less in eliminating our troubles than in growing with them.

- Bernard M. Baruch

It is amazing what you can accomplish if you do not care who gets the credit.

- Harry S. Truman

"Never, never, never give up!"

-Winston Churchill

"Never Quit. Don't ever, ever quit. Recognize that stopping now, regrouping to try a new approach isn't quitting. If you quit you'll regret it forever."

-Rudy Ruettiger

"Great works are performed not by strength but by perseverance."

-Samuel Johnson

"Success seems to be largely a matter of hanging on after others have let go."

-William Feather

"Character consists of what you do on the third and fourth tries."

-James A. Michener

"Most of the important things in the world have been accomplished by people who have kept on trying when there seemed to be no hope at all."

-Dale Carnegie

"A champion is someone who gets up, even when he can't."

-Jack Dempsey

"It's not whether you get knocked down; it's whether you get up."

-Vince Lombardi

Best Chapter of Your Life

"Let me tell you the secret that has led me to my goal. My strength lies solely in my tenacity."

-Louis Pasteur

"If you are going through hell, keep going."

-Winston Churchill

"When you reach the end of your rope, tie a knot in it and hang on."

-Thomas Jefferson

"I think and think for months and years. Ninety-nine times, the conclusion is false. The hundredth time I am right."

-Albert Einstein

"When things go wrong as they sometimes will;
When the road you're trudging seems all uphill;
When the funds are low, and the debts are high
And you want to smile, but have to sigh;
When care is pressing you down a bit-
Rest if you must, but do not quit.
Success is failure turned inside out;
The silver tint of the clouds of doubt;
And you can never tell how close you are
It may be near when it seems so far;
So stick to the fight when you're hardest hit-
It's when things go wrong that you must not quit."

-Unknown

"In every success story, you find someone who has made a courageous decision."

Peter F. Drucker Management Consultant and Author

My mother drew a distinction between achievement and success. She said that achievement is the knowledge that you have studied and worked hard and done the best that is in you. Success is being praised by others. That is nice but not as important or satisfying. Always aim for achievement and forget about success.

Helen Hayes (1900-1993, American Actress)

Best Chapter of Your Life

To travel hopefully is a better thing than to arrive.

-- *Robert Louis Stevenson*

"Give to the world the best you have, and the best will come back to you."

Ella Wheeler Wilcox 1855-1919, Poet and Journalist

The measure of who we are is what we do with what we have.

- *Vince Lombardi*

The most I can do for my friend is simply be his friend.

- *Henry David Thoreau*

Realize that the reason most people fail isn't because of the competition but because of the limits they place upon themselves, allowing defeat to take over. Take responsibility for your destiny. You can come up with a performance, if you can reach down and dig deep enough into your competitive soul. You can overcome tremendous obstacles.

Bruce Jenner (1954-, American Olympian, Speaker, Entrepreneur, Sports Commentator)

"Our greatest weakness lies in giving up. The most certain way to succeed is always to try one more time."

Thomas Edison 1847-1931, Inventor and Entrepreneur

I perhaps owe having become a painter to flowers.

-- *Claude Monet*

If you hear a voice within you say "you cannot paint," then by all means paint and that voice will be silenced.

- *Vincent Van Gogh*

One cannot and must not try to erase the past merely because it does not fit the present.

- *Golda Meir*

Set me a task in which I can put something of my very self, and it is a task no longer; it is joy; it is art.

-- *Bliss Carman 1861-1929*

Best Chapter of Your Life

True happiness is to enjoy the present, without anxious dependence upon the future, not to amuse ourselves with either hopes or fears but to rest satisfied with what we have, which is sufficient, for he that is so wants nothing. The great blessings of mankind are within us and within our reach. A wise man is content with his lot, whatever it be, without wishing for what he has not.

Seneca (4 B.C. - 65 A.D., Spanish-born Roman Statesman, philosopher)

Some people aren't comfortable with miracles. That's why some doctors say when their patients are healed of a terrible disease, 'That was a misdiagnosis.' Instead of, 'Thank God, this a miracle, and or the healing is remarkable.'

-Jaentra Green Gardener

"The most simple analysis will tell you that Coke is only a fizzy drink with a massive marketing budget and that simplicity makes the market vulnerable. "

- Richard Branson

All our dreams can come true, if we have the courage to pursue them.

- Walt Disney

Optimism is the faith that leads to achievement. Nothing can be done without hope or confidence.

- Helen Keller

The measure of who we are is what we do with what we have.

- Vince Lombardi

The most I can do for my friend is simply be his friend.

- Henry David Thoreau

If each of us sweeps in front of our own steps, the whole world would be clean.

-Goethe

"A belief is something you hold to be true. Is it time to examine yours?"

~ Marcia Wieder

Conduct is more convincing than language.

-- John Woolman (1720-1772) Clergyman and abolitionist

Best Chapter of Your Life

Vision is the art of seeing things invisible.

-- *Jonathan Swift*

"Only those who constantly retool themselves stand a chance of staying employed in the years ahead."

Tom Peters Author

None of us knows what the next change is going to be, what unexpected opportunity is just around the corner, wanting to change all the tenor of our lives.

-*Kathleen Norris*

The good life is inspired by love and guided by knowledge.

- *Bertrand Russell*

It is every man's obligation to put back into the world at least the equivalent of what he takes out of it.

- *Albert Einstein*

The future belongs to those who see possibilities before they become obvious.

-- *Samuel Johnson*

Let the world know you as you are, not as you think you should be -- because sooner or later, if you're posing, you will forget the pose and then where are you?

Fanny Brice (1891-1951, American Entertainer)

If one desires a change, one must be that change before that change can take place.

Gita Bellin

Real generosity toward the future lies in giving all to the present.

- *Albert Camus, 1913-1960, French Author and Philosopher*

Failure comes only when we forget our ideals and objectives and principles.

- *Jawaharlal Nehru, 1889-1964, Indian Nationalist and Statesman*

Things may come to those who wait but only the things left by those who hustle.

- *Abraham Lincoln, 1809-1865, 16th President of the United States*

Best Chapter of Your Life

In dreams begins responsibility.

-- *William Butler Yates*

You never change things by fighting the existing reality.

To change something, build a new model that makes the existing model obsolete.

-*Buckminster Fuller*

Every single life only becomes great when the individual sets upon a goal or goals which they really believe in, which they can really commit themselves to, which they can put their whole heart and soul into.

Brian Tracy (American Peak Performance Expert, Trainer, Speaker, Author)

One's dignity may be assaulted, vandalized and cruelly mocked, but it cannot be taken away unless it is surrendered."

Michael J. Fox Actor

You cannot tailor make your situation in life, but you can tailor make your attitudes to fit those situations.

Zig Ziglar (1933-, American Sales Trainer, Author, Motivational Speaker)

There is no chance, no destiny, no fate, that can hinder or control the firm resolve of a determined soul.

- *Ella Wheeler Wilcox*

The future belongs to those who believe in the beauty of their dreams.

- *Eleanor Roosevelt*

If there were dreams to sell, what would you buy?

- *Thomas Lovell Beddoes*

Down in their hearts, wise men know this truth; the only way to help yourself is to help others.

-- *Elbert Hubbard, in The Philistine*

The resentment that criticism engenders can demoralize employees, family members and friends, and still not correct the situation that has been condemned.

- *Dale Carnegie*

Best Chapter of Your Life

A picture is a poem without words.

-- *Latin saying*

"Progress always involves risks. You can't steal second base and keep your foot on first."

Frederick Wilcox Writer

I am for those means which will give the greatest good to the greatest number.

- *Abraham Lincoln*

Wherever you go, go with all your heart.

- *Confucius*

Accept everything about yourself -- I mean everything, You are you and that is the beginning and the end -- no apologies, no regrets.

Clark Moustakas (Humanistic Psychologist)

Learning is the beginning of wealth. Learning is the beginning of health. Learning is the beginning of spirituality. Searching and learning is where the miracle process all begins.

Jim Rohn (American Businessman, Author, Speaker, Philosopher)

We would accomplish many more things if we did not think of them as impossible.

- *Vince Lombardi*

The best index to a person's character is how a person treats people who can't do them any good or can't fight back.

-*Abigail Van Buren*

The more faithfully you listen to the voice within you, the better you will hear what is sounding outside.

-- *Dag Hammarskjöld*

"The miracle is this - the more we share, the more we have."

Leonard Nimoy Actor

Best Chapter of Your Life

"Music takes us out of the actual and whispers to us dim secrets that startle our wonder as to who we are, and for what, whence, and whereto."

-Ralph Waldo Emerson-

"Meditation brings wisdom; lack of meditation leaves ignorance. Know well what leads you forward and what holds you back, and choose the path that leads to wisdom."

-Buddha-

"If I were not a physicist, I would probably be a musician. I often think in music. *I live my daydreams in music. I see my life in terms of music.*"

Albert Einstein

A truly rich man is one whose children run into his arms when his hands are empty.

- Source Unknown

Leadership is the capacity to translate vision into reality.

- Warren G. Bennis

The world is but a canvas to the imagination.

-- Henry David Thoreau

"The most important thing a father can do for his children is to love their mother.

- Theodore M. Hesburgh

"A father is a man who expects his children to be as good as he meant to be."

- Carolyn Coats"

Never tell people how to do things. Tell them what to do and they will surprise you with their ingenuity.

-- George Patton

You give back, you don't give up.

-- Former First Lady Betty Ford

If you wait until all the lights are "green" before you leave home, you'll never get started on your trip to the top.

- Zig Ziglar

Best Chapter of Your Life

"As long as you keep a person down, some part of you has to be down there to hold him down, so it means you cannot soar as you otherwise might."

Marian Anderson 1902-1993, Concert and Opera Singer

Have you noticed that things happen in the past or present that benefit you in the future. If that wouldn't have happened in the past, you wouldn't have been prepared for something else in the future. God is amazing. I just wish the lessons came a little bit further apart.:

-- *Laura Tonkin, Co-Author, "Living Well, Working Smart"*

Take care of your body with steadfast fidelity. The soul must see through these eyes alone, and if they are dim, the whole world is clouded.

Johann Wolfgang Von Goethe (1749-1832, German Poet, Dramatist, Novelist)

The next best things you can give children, next to good habits, are good memories.

-*Sydney Harris*

To avoid criticism, do nothing, say nothing, be nothing.

Elbert Hubbard (1859-1915, American Author, Publisher)

As long as you keep a person down, some part of you has to be down there to hold him down, so it means you cannot soar as you otherwise might.

Marian Anderson (1902-1993, American Contralto Concert and Opera Singer)

If you haven't got any charity in your heart, you have the worst kind of heart trouble.

-*Bob Hope*

You give back, you don't give up.

-- *Former First Lady Betty Ford*

The world cares very little about what a man or woman knows; it is what a man or woman is able to do that counts.

Booker T. Washington (1856-1915, American Black Leader and Educator)

It is possible that the next Buddha will not take the form of an individual.

Best Chapter of Your Life

The next Buddha may take the form of a community; a community practicing understanding and loving kindness, a community practicing mindful living. This may be the most important thing we can do for the survival of the Earth.

-Thich Nhat Hanh

If we have not peace, it is because we have forgotten that we belong together.

-Mother Teresa of Calcutta

The possibility of stepping into a higher plane is quite real for everyone. It requires no force or effort or sacrifice. It involves little more than changing our ideas about what is normal.

Deepak Chopra (East-Indian American Medical Doctor, New Age Author, Lecturer)

The most beautiful people we have known are those who have known defeat, known suffering, known struggle, known loss, and have found their way out of the depths. These people have an appreciation, a sensitivity, and an understanding of life that fills them with compassion, gentleness, and deep, loving concern. Beautiful people do not just happen. . .

-Elizabeth Kubler-Ross

I believe that anyone can conquer fear by doing the things he fears to do, provided he keeps doing them until he gets a record of successful experience behind him.

Eleanor Roosevelt (1884-1962, American First Lady, Columnist, Lecturer, Humanitarian)

There is no sense in crying over spilt milk. Why bewail what is done and cannot be recalled?

Sophocles (BC 495-406, Greek Tragic Poet)

If you want to achieve excellence, you can get there today. As of this second, quit doing less-than-excellent work.

Thomas J. Watson (187-1956, American Businessman, Founder of IBM)

Nothing happens unless first a dream.

Carl Sandburg (1878-1967, American Poet)

If you look for the truth outside yourself, it gets farther and farther away. Today, walking alone, I meet him everywhere I step. He is the same as me, yet I

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am not him. Only if you understand it in this way will you merge with the way things are.

-Tung Shan

For every minute you are angry you lose sixty seconds of happiness.

-Ralph Waldo Emerson

Nature has given us two ears, two eyes, and but one tongue-to the end that we should hear and see more than we speak.

Socrates(BC 469-399,Greek Philosopher)

Few men during their lifetime comes anywhere near exhausting the resources dwelling within them. There are deep wells of strength that are never used.

Richard E. Byrd (1888-1957, American Aviator, Explorer, Rear-Admiral)

Remember, success is not measured by heights attained but by obstacles overcome. We're going to pass through many obstacles in our lives: good days, bad days. But the successful person will overcome those obstacles and constantly move forward.

Bruce Jenner (1954-, American Olympian, Speaker, Entrepreneur, Sports Commentator)

There is never a better measure of what a person is than what he does when he's absolutely free to choose.

William M. Bulger (1934-, American Educator, Senator)

The impression forces itself upon one that men measure by false standards, that everyone seeks power, success, riches for himself, and admires others who attain them, while undervaluing the truly precious thing in life.

Sigmund Freud (1856-1939, Austrian Physician - Founder of Psychoanalysis)

The greater the difficulty the more glory in surmounting it. Skillful pilots gain their reputation from storms and tempests.

Epictetus (50-138, Phrygian Philosopher)

Ideas without action are worthless.

Harvey Mackay (American Businessman, Speaker, Author)

Best Chapter of Your Life

My policy is to learn from the past, focus on the present, and dream about the future. I'm a firm believer in learning from adversity. Often the worst of times can turn to your advantage - my life is a study of that.

Donald Trump (1946-, American Businessman, Billionaire)

Perhaps the most valuable result of all education is the ability to make yourself do the thing you have to do, when it ought to be done, whether you like it or not.

Thomas Huxley (1825-1895, British Biologist, Educator)

Everybody saw my successful advertising and thought I was a big success. But, behind those successes were several failures that I had to learn from before I made it. I've always looked at failure as just another step you need to take to reach success.

Joseph Sugarman (American Businessman)

Challenges make you discover things about yourself that you never really knew. They're what make the instrument stretch--what makes you go beyond the norm.

Cicely Tyson

Living every day of your life fully, including the hard ones. Being the best you have it in you to be. And someday, being able to give something back.

Shirley Nelson (American Businesswoman)

Anyone can cut an apple open and count the number of seeds. But, who can look at a single seed and count the trees and apples?

Dottie Walters (American Entrepreneur, Speaker, Author)

We are each of us angels with only one wing, and we can only fly by embracing one another.

Luciano de Crescenzo

If you wished to be loved, love.

Seneca (4 B.C.-65 A.D., Spanish-born Roman Statesman, philosopher)

If we are to achieve a richer culture, rich in contrasting values, we must recognize the whole gamut of human potentialities, and so weave a less arbitrary social fabric, one in which each diverse gift will find a fitting place.

Margaret Mead (1901-1978, American Anthropologist)

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Dare to risk public criticism.

Mary Kay Ash (American Businesswoman, Founder of Mary Kay Cosmetics)

Happiness is not a destination. It is a method of life.

Burton Hills

It is not by accident that the happiest people are those who make a conscious effort to live useful lives. Their happiness, of course, is not a shallow exhilaration where life is one continuous intoxicating party. Rather, their happiness is a deep sense of inner peace that comes when they believe their lives have meaning and that they are making a difference for good in the world.

Ernest Fitzgerald (American Minister)

I can honestly say that I was never affected by the question of the success of an undertaking. If I felt it was the right thing to do, I was for it regardless of the possible outcome.

Golda Meir (1898-1978, Prime Minister of Israel, 1969-74)

He that is slow to anger is better than the mighty and He that ruleth his spirit is better than He that taketh a city.

The Holy Bible

There is nothing love cannot face; there is no limit to its faith, its hope, and its endurance.

Bible, I Corinthians 13:7

And all people live, not by reason of any care they have for themselves, but by the love for them that is in other people.

Leo Tolstoy (1828-1910, Russian Novelist, Philosopher)

The family unit plays a critical role in our society and in the training of the generation to come.

Sandra Day O'Connor (1930-, First American Woman Supreme Court Judge)

Something which we think is impossible now will not be impossible in another decade.

Constance Baker Motley (First Black American Woman Federal Judge)

Best Chapter of Your Life

It is never too late to give up our prejudices.

Henry David Thoreau (1817-1862, American Essayist, Poet, Naturalist)

Until you get dissatisfied, you won't do anything to really move your life to another level. Dissatisfaction is a gem. If you're totally satisfied, you're going to get comfortable. And then your life begins to deteriorate.

Anthony Robbins (1960-, American Author, Speaker, Trainer, Peak Performance Expert)

I learned... that inspiration does not come like a bolt, nor is it kinetic, energetic, striving, but it comes to us slowly and quietly and all the time, though we must regularly and every day give it a little chance to start flowing, prime it with a little solitude and idleness.

Brenda Ueland (1891-1986, American Writer)

Continuous effort -- not strength or intelligence -- is the key to unlocking our potential.

Liane Cardes

Success is the result of perfection, hard work, learning from failure, loyalty, and persistence.

Colin Powell (1937-, American Army General)

Ever since I was a child I have had this instinctive urge for expansion and growth. To me, the function and duty of a quality human being is the sincere and honest development of one's potential.

Bruce Lee (1940-1973, Chinese-American Actor, Director, Author, Martial Artist)

Be sure you put your feet in the right place, then stand firm.

- Abraham Lincoln

If there is any one secret of success, it lies in the ability to get the other person's point of view and see things from that person's angle as well as from your own.

- Henry Ford

I always try to believe the best of everybody -- it saves so much trouble.

- Rudyard Kipling

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The smallest act of kindness is worth more than the grandest intention.

- *Oscar Wilde*

"Do one thing everyday that scares you."

Eleanor Roosevelt

To love is to take delight in the happiness of another, or, what amounts to the same thing, it is to account another's happiness one's own.

-- *Gottfried Leibniz (1646-1716) Philosopher & Mathematician*

"I do not have superior intelligence or faultless looks. I do not captivate a room or run a mile under six minutes. I only succeeded because I was still working after everyone else went to sleep."

Greg Evans Novelist

With the new day comes new strength and new thoughts.

- *Eleanor Roosevelt, 1884-1962, American Humanitarian and Former First Lady of the United States*

You give but little when you give of your possessions. It is when you give of yourself that you truly give.

- *Kahlil Gibran, 1883-1931, Lebanese Poet and Novelist*

You can never learn less; you can only learn more.

- *R. Buckminster Fuller, 1895-1983, American Architect and Engineer*

"There are only two options regarding commitment. You're either in or out. There's no such thing as a life in-between."

- *Pat Riley*

Feeling gratitude and not expressing it is like wrapping a present and not giving it. -

William Arthur Ward

Sandwich every bit of criticism between two thick layers of praise. - *Mary Kay Ash*

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Realize deeply that the present moment is all you ever have. Make now the primary focus of your life.

-- *Eckhart Tolle, Spiritual Teacher*

EARN as much as you can. SAVE as much as you can. INVEST as much as you can. GIVE as much as you can.

Rev. John Wellesly (American Minister)

"Remember, happiness doesn't depend on who you are or what you have; it depends solely on what you think."

Dale Carnegie 1888-1955, Writer and Lecturer

We can throw stones,
complain about them,
stumble on them,
climb over them,
or build with them.

-William Arthur Ward

"Choice, not circumstances, determines your success."

- Anonymous

If we don't change, we don't grow. If we don't grow, we aren't really living."

- Gail Sheehy.

When we change our perception we gain control. The stress becomes a challenge, not a threat. When we commit to action, to actually doing something rather than feeling trapped by events, the stress in our life becomes manageable."

- Greg Anderson

"Nothing can stop the man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude."

- Thomas Jefferson

"Take time to be deliberate; but when the time for action arrives, stop thinking and go in."

- Napoleon Bonaparte

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"You don't have to get it right... you just have to get it going."

- *Mike Litman*

"Nothing is so fatiguing as the eternal hanging on of an uncompleted task."

- *William James.*

"Chaos in the world brings uneasiness, but it also allows the greatest opportunity for creativity and growth."

~ *Tom Barrett.*

"Whatever you fear most has no power... it is your fear that has the power."

- *Oprah Winfrey.*

Life is 10 percent what you make it and 90 percent how you take it.

Irving Berlin (1888-1989, Russian Composer)

"Happiness is to be found along the way, not at the end of the road, for then the journey is over and it is too late. Today, this hour, this minute is the day, the hour, the minute for each of us to sense the fact that life is good, with all of its trials and troubles, and perhaps more interesting because of them."

Robert R. Updegraff Author of "Be Thankful For Your Troubles"

Dogs are not our whole life, but they make our lives whole.

-- *Roger Caras*

The choice between love and fear is made every moment in our hearts and minds. That is where the peace process begins. Without peace within, peace in the world is an empty wish. Like love, peace is extended. It cannot be brought from the world to the heart. It must be brought from each heart to another, and thus to all mankind.

-*Paul Ferrini*

Goodness is the only investment that never fails.

- *Henry David Thoreau*

Your success and happiness lies in you. Resolve to keep happy, and your joy and you shall form an invincible host against difficulties.

- *Helen Keller*

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Until one has loved an animal a part of one's soul remains unawakened.

-- *Anatole France*

"Everyone wants to be appreciated, so if you appreciate someone, don't keep it a secret."

Mary Kay Ash 1915-2001, Founder of Mary Kay Cosmetics

"There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle."

- *Albert Einstein*

Happiness and love are just a choice away.

- *Leo Buscaglia*

There is only one failure in life possible, and that is not to be true to the best one knows.

- *George Eliot*

The most important thing I've learned since becoming CEO is context. It's how your company fits in with the world and how you respond to it.

- *Jeffrey Immelt*

One must put oneself in every one's position. To understand everything is to forgive everything.

-- *Leo Tolstoy*

We deem those happy who from the experience of life have learnt to bear its ills without being overcome by them.

Carl Jung(1875-1961, Swiss Psychiatrist)

Never doubt that a small group of thoughtful, committed citizens can change the world; indeed it's the only thing that ever has.

-*Margaret Mead*

He is rich or poor according to what he is, not according to what he has.

- *Henry Ward Beecher*

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Kindness can become its own motive. We are made kind by being kind.

- *Eric Hoffer*

Friendship is always a sweet responsibility, never an opportunity.

-- *Kahlil Gibran 1883-1931*

The will to win, the desire to succeed, the urge to reach your full potential... these are the keys that will unlock the door to personal excellence.

Eddie Robinson (American College Football Coach)

We see our customers as invited guests to a party, and we are the hosts. It's our job every day to make every important aspect of the customer experience a little bit better.

- *Jeff Bezos*

We don't remember days; we remember moments.

- *Cesare Pavese*

Make your work to be in keeping with your purpose.

-- *Leonardo Davinci*

Our greatest glory is not in never falling, but in rising every time we fall.

Confucius (BC 551-479, Chinese Ethical Teacher, Philosopher)

Life is not a 'brief candle.' It is a splendid torch that I want to make burn as brightly as possible before handing on to future generations.

-*George Bernard Shaw*

"You cannot be really first-rate at your work if your work is all you are."

Anna Quindlen Essayist and Novelist

Friendship doubles our joy and divides our grief.

- *Swedish Proverb*

What you are will show in what you do.

- *Thomas Edison, 1847-1931, American Inventor and Entrepreneur*

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The greater danger for most of us is not that our aim is too high and we miss it, but that it is too low and we reach it.

- *Michelangelo, 1475-1564, Italian Renaissance Sculptor and Painter*

Through all the zigs and zags of my career, I have seen one constant: the pivotal role of integrity in people's lives. Those who have it usually succeed; those who don't have it usually fail.

-- *Karl Eller, "Integrity is All You've Got"*

"It is time for us all to stand and cheer for the doer, the achiever - the one who recognizes the challenges and does something about it."

~ *Vince Lombardi 1913-1970, American Football Coach*

It is better to die on your feet than to live on your knees.

~ *Delores Ibarruri (1895-1989, Spanish Politician, Orator)*

"The first great gift we can bestow on others is a good example."

Thomas Morell 1703-1784, Classical Scholar

To one who has faith, no explanation is necessary. To one without faith, no explanation is possible.

-- *St Thomas Aquinas*

It is well to give when asked, but it is better to give unasked, through understanding.

- *Kahlil Gibran*

The creation of a thousand forests is in one acorn.

- *Ralph Waldo Emerson*

Experience is not what happens to you. It's what you do with what happens to you.

-- *Aldous Huxley*

"Yesterday is a canceled check: Forget it. Tomorrow is a promissory note: Don't count on it. Today is ready cash: Use it!"

Edwin C. Bliss Author

The farther you are from home,

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The bigger an area "home" becomes.

-Ashleigh Brilliant

If we had no winter, the spring would not be so pleasant; if we did not sometimes taste adversity, prosperity would not be so welcome.

Anne Bradstreet (1612-1672, British Puritan Poet)

Freedom is not the right to live as we please, but the right to find how we ought to live in order to fulfill our potential.

-- Ralph Waldo Emerson

There may be times when we are powerless to prevent injustice, but there must never be a time when we fail to protest.

-Elie Wiesel

What the mind of man can conceive and believe, it can achieve."

~ Napoleon Hill

You'll always miss 100% of the shots you don't take.

Wayne Gretzky (1961-, Canadian Hockey Player)

Take a chance on yourself if you expect others to take a chance on you.

-- Sue Mackey and Laura Tonkin, Living Well, Working Smart

"We deem those happy who from the experience of life have learnt to bear its ills without being overcome by them."

Carl Jung 1875-1961, Psychiatrist

Tomorrow is often the busiest day of the week.

- Spanish Proverb

Very little is needed to make a happy life; it is all within yourself, in your way of thinking.

- Marcus Aurelius, 121-180, Roman Emperor and Philosopher

It's easy to have faith in yourself and have discipline when you're a winner, when you're number one. What you got to have is faith and discipline when you're not a

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winner.

- *Vince Lombardi, 1913-1970, American Football Coach*

Man is happiest when he is creating. In fact, the highest state of which man is capable lies in the creative act...

~ *Leo Buscaglia*

What work I have done I have done because it has been play. If it had been work I shouldn't have done it. Who was it who said, "Blessed is the man who has found his work"? Whoever it was he had the right idea in his mind. Mark you, he says his work - not somebody else's work. The work that is really a man's own work is play and not work at all. Cursed is the man who has found some other man's work and cannot lose it. When we talk about the great workers of the world we really mean the great players of the world. The fellows who groan and sweat under the weary load of toil that they bear never can hope to do anything great. How can they when their souls are in a ferment of revolt against the employment of their hands and brains? The product of slavery, intellectual or physical, can never be great...

~ *Mark Twain*

It may be hard for an egg to turn into a bird: it would be a jolly sight harder for it to learn to fly while remaining an egg. We are like eggs at present. And you cannot go on indefinitely being just an ordinary, decent egg. We must be hatched or go bad...

~ *C. S. Lewis*

Much may be done in those little shreds and patches of time which every day produces, and which most men throw away...

~ *Charles Caleb Colton*

I say to people who care for people who are dying, if you really love that person and want to help them, be with them when their end comes close. Sit with them - you don't even have to talk. You don't have to do anything but really be there with them...

~ *Elisabeth Kubler-Ross*

I am because my little dog knows me.

-- *Gertrude Stein*

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"All I want to do is just go out there and play hard. If I do that, good things will happen. It's as simple as that."

Carlos Pena All-Star Baseball Player

If you hear a voice within you saying ' You are not a painter,' then by all means paint & and that voice will be silenced.

-Vincent Van Gogh

"To work is not necessarily to produce anything."

Author Unknown

I prefer the errors of enthusiasm to the indifference of wisdom.

-- Anatole France

"To do anything truly worth doing, I must not stand back shivering and thinking of the cold and danger, but jump in with gusto and scramble through as well as I can."

Og Mandino 1923-1996, Author and Speaker

The tests of life are not to break you but to make you.

~ Karen Rienne Lepere

True Friendship is a plant of slow growth.

-- George Washington 1732-1799

Darkness cannot drive out darkness; only light can do that.

Hate cannot drive out hate; only love can do that.

Hate multiplies hate, violence multiplies violence, and toughness multiplies toughness, in a descending spiral of destruction.

-Dr. Martin Luther King Jr.

It's faith in something and enthusiasm for something that makes life worth living.

~ Oliver Wendell Holmes, Jr.

The responsibility of tolerance lies in those who have the wider vision.

-- George Eliot

Learn to enjoy every minute of your life. Be happy now. Don't wait for something outside of yourself to make you happy in the future. Think how really precious is

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the time you have to spend, whether it's at work or with your family. Every minute should be enjoyed and savored.

~ Earl Nightingale (1921-1989, American Radio Announcer, Author, Speaker, Co-founder of Nightingale-Conant Corp.)

Be not afraid of going slowly; be afraid only of standing still.

-- Chinese Proverb

If there is light in the soul, there will be beauty in the person.

If there is beauty in the person, there will be harmony in the house.

If there is harmony in the house, there will be order in the nation.

If there is order in the nation, there will be peace in the world.

~ Chinese Proverb

"The forces you are struggling with, that you feel are holding you back - are illusions. They are not real - they never have been. See only the good that you desire in your mind."

~ Bob Proctor

When a man and a woman have an overwhelming passion for each other, it seems to me, in spite of such obstacles dividing them as parents or husband, that they belong to each other in the name of Nature, and are lovers by Divine right, in spite of human convention or the laws.

~ Sebastien-Roch Nicolas De Chamfort (1741-1794, French Writer, Journalist, Playwright)

Don't wait for your "ship to come in," and feel angry and cheated when it doesn't. Get going with something small.

~ Irene Kassorla

To do anything truly worth doing, I must not stand back shivering and thinking of the cold and danger, but jump in with gusto and scramble through as well as I can.

Og Mandino (1923-1996, American Motivational Author, Speaker)

If you don't have integrity, you have nothing. You can't buy it. You can have all the money in the world, but if you are not a moral and ethical person, you really have nothing.

- Henry Kravis

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The spirit, the will to win, and the will to excel are the things that endure. These qualities are so much more important than the events that occur.

~ *Vince Lombardi*

If the only tool you have is a hammer, you tend to see every problem as a nail.

- *Abraham Maslow*

The supreme excellence is not to win a hundred victories in a hundred battles. The supreme excellence is to subdue the armies of your enemies without even having to fight them.

Lao-Tzu (BC 600-?, Chinese Philosopher, Founder of Taoism, Author of the "Tao Te Ching")

Nothing can stop the man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude.

~ *Thomas Jefferson (1743-1826, Third President of the USA)*

The pessimist sees difficulty in every opportunity. The optimist sees the opportunity in every difficulty.

- *Winston Churchill, 1874-1965, English Politician and Author*

The only limit to our realization of tomorrow will be our doubts of today.

- *Franklin D. Roosevelt, 1882-1945, 32nd President of the United States*

Instruction does much, but encouragement does everything.

- *Johann Wolfgang von Goethe, 1749-1832, German Poet/Dramatist/Novelist*

There is no one else who can ever fill your role in the same way, so it's a good idea to perform it as well as possible.

-- *Humphrey Osmond (1917-2004), Psychiatrist*

"A real friend is one who walks in when the rest of the world walks out."

Walter Winchell 1897-1972, Journalist

If you're still hanging onto a dead dream of yesterday, laying flowers on its grave by the hour, you cannot be planting the seeds for a new dream to grow today.

~ *Joyce Chapman (American Author)*

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I'm a very intense person. When I go after something, I want to go after it with everything I have. I want to push myself to the edge.

~ *Greg Norman (1955-, Australian Golfer)*

Men are often capable of greater things than they perform. They are sent into the world with bills of credit, and seldom draw to their full extent.

~ *Sir Hugh Walpole(1717-1797, British Author)*

One of life's most painful moments comes when we must admit that we didn't do our homework, that we are not prepared.

~ *Merlin Olsen (American Football Player, Sports Broadcaster, Actor)*

Just because Fate doesn't deal you the right cards, it doesn't mean you should give up. It just means you have to play the cards you get to their maximum potential.

~ *Les Brown (1945-, American Speaker, Author, Trainer, Motivator Lecturer)*

I love the man who can smile in trouble, who can gather strength from distress, and grows brave by reaction. 'Tis the business of little minds to shrink, but he whose heart is firm, and whose conscience approves his conduct, will pursue his principles unto death.

~ *Thomas Paine (1737-1809, Anglo-American Political Theorist, Writer)*

Love is a fruit in season at all times, and within reach of every hand.

- *Mother Teresa*

Courage is going from failure to failure without losing enthusiasm.

- *Winston Churchill*

The person who knows HOW will always have a job. The person who knows WHY will always be his boss.

~ *Diane Ravitch*

No legacy is so rich as honesty.

-- *William Shakespeare.*

I am always doing things I can't do, that's how I get to do them.

Pablo Picasso (1881-1973, Spanish Artist)

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"Behold the turtle: He only makes progress when he sticks his neck out."

James Bryant Conant 1893-1978, Educator and Diplomat

The kind of commitment I find among the best performers across virtually every field is a single-minded passion for what they do, an unwavering desire for excellence in the way they think and the way they work. Genuine confidence is what launches you out of bed in the morning, and through your day with a spring in your step.

- Jim Collins

Friendship is a sheltering tree.

-- Samuel Taylor Coleridge 1772-1834

"Beware what you set your heart upon. For it shall surely be yours."

Ralph Waldo Emerson 1803-1882, Poet and Essayist

Communication is about being effective not always about being proper.

-- Bo Bennett

Hard work without talent is a shame, but talent without hard work is a tragedy.

Robert Half (American Businessman, Founder of Robert Half & Associates)

"Even if you're on the right track, you'll get run over if you just sit there."

~ Will Rogers

If you believe in what you are doing, then let nothing hold you up in your work. Much of the best work of the world has been done against seeming impossibilities. The thing is to get the work done.

-- Dale Carnegie 1888-1955

"You never change things by fighting the existing reality. To change something, build a new model that makes the existing model obsolete."

R. Buckminster Fuller 1895-1983, Architect, Author and Inventor

I can't change the direction of the wind, but I can adjust my sails to always reach my destination.

Jimmy Dean (American Actor, Country Singer)

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My dad always used to say,
If you're falling off a cliff,
you may as well try to fly.
You have nothing to lose.

-Captain John Sheridan, Babylon 5

Every day is a new beginning. Learn the skill of forgetting and move on.

-- Norman Vincent Peale

In a cat's eye, All things belong to cats.

-- English proverb

Catch on fire with enthusiasm and people will come for miles to watch you burn.

John Wesley (1703-1791, British Preacher, Founder of Methodism)

When the archer misses the mark, he turns and looks for the fault within himself.
Failure to hit the bull's eye is never the fault of the target. To improve your aim --
improve yourself.

Gilbert Arland

"The roses bloom so beautifully because they are not trying to become lotuses.
All effort is futile. You have to be just yourself."

~Osho

"Being content with what you have is priceless. Sun moon and the truth can not be
hidden. Happiness is the greatest wealth. Health is the greatest gain.
Trustworthy is the best relative. Nirvana is the ultimate bliss."

~Buddha

"Look within, see the Self. Then there will be an end of the world and its
misereries."

~ Sri Ramana Maharshi

"Love is not a quantity, it is a quality, and a quality of a certain category that grows
by giving, and dies if you hold it. If you are miserly about it, it dies. So really be a
spendthrift! Don't bother with whom."

~Osho

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"Since everyone is one's own Self, whoever does whatever to whomever is doing it only to himself."

~ *Sri Ramana Maharshi*

"See the perfection in the seeming imperfection that seems to be."

~ *Lester Levinson*

"We are more free than any thought conceived of what defines freedom. Who we are is far more vast than any thing the mind thinks we are."

~*Angela Walker*

Do what is right. Do it right. Do it right now.

-- *Barry Forbes*

You can have anything you want -- if you want it badly enough.

You can be anything you want to be, have anything you desire, accomplish anything you set out to accomplish -- if you will hold to that desire with singleness of purpose.

Robert Collier (American Writer, Publisher)

Learning never exhausts the mind.

- *Leonardo da Vinci, 1452-1519, Italian Painter and Sculptor*

You can overcome anything if you don't bellyache.

- *Bernard M. Baruch, 1870-1965, American Financier and Statesman*

Tell a person they are brave and you help them become so.

- *Thomas Carlyle, 1795-1881, Scottish Philosopher and Author*

There are no evil thoughts except one; the refusal to think.

- *Ayn Rand*

Few people think more than two or three times a year. I've made an international reputation for myself by thinking once or twice a week.

- *George Bernard Shaw*

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The way to gain a good reputation is to endeavor to be what you desire to appear.
-- *Socrates*

"The one important thing I have learned over the years is the difference between taking one's work seriously and taking one's self seriously. The first is imperative and the second is disastrous."
Margaret Fontey Author

Make it a rule of life never to regret and never to look back. Regret is an appalling waste of energy; you can't build on it; it's only good for wallowing in.
Katherine Mansfield (1888-1923, New Zealand-born British Author)

I do not know anyone who has got to the top without hard work. That is the recipe. It will not always get you to the top, but should get you pretty near.
-- *Margaret Thatcher*

"When you create you get a little endorphin rush. Why do you think Einstein looked like that?"
Robin Williams Comic/Actor

We don't stop playing because we grow old; we grow old because we stop playing.
-*George Bernard Shaw*

He who angers you controls you.
-*Anonymous*

Happiness must be cultivated. It is like character. It is not a thing to be safely let alone for a moment, or it will run to weeds.
Elizabeth Stuart Phelps (1844-1911, American Writer)

"It's not what happens to you that determines how far you will go in life; it is how you handle what happens to you."
- *Zig Ziglar*

Give to us clear vision that we may know where to stand and what to stand for-- because unless we stand for something, we shall fall for anything.
-- *Peter Marshall*

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Success is having a flair for the thing that you are doing; knowing that is not enough, you have got to have hard work and a sense of purpose.

Margaret Thatcher(1925-, British Stateswoman, Prime Minister (1979-90))

"You will find yourself refreshed by the presence of cheerful people. Why not make earnest effort to confer that pleasure on others? Half the battle is gained if you never allow yourself to say anything gloomy."

Lydia M. Child 1802-1880, Abolitionist and Writer

One's own self is well hidden from one's own self; of all mines of treasure, one's own is the last to be dug up.

-- Friedrich Wilhelm Nietzsche 1844-1900

It is a journey, a life long journey. I will never have all the answers, only a greater understanding which will open to even more questions.

--Diane Wind Wardell

There is no failure except in no longer trying. There is no defeat except from within, no insurmountable barrier except our own inherent weakness of purpose.

Elbert Hubbard (1859-1915, American Author, Publisher)

A friend is, as it were, a second self.

-- Cicero 106-43 BC

If you want happiness for an hour -- take a nap. If you want happiness for a day -- go fishing. If you want happiness for a month -- get married. If you want happiness for a year -- inherit a fortune. If you want happiness for a lifetime -- help someone else.

Chinese Proverb

"I'm a lover of reality. When I argue with What Is, I lose, but only 100% of the time."

~ Byron Katie

"We live the perfect process created by the Universe, and we do that perfectly whether we realize it or not."

~ Osho

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"Everything is perfect in the universe, even your desire to improve it."

~ *Wayne Dyer*

"The true heart of all human beings is the lover of what is."

~ *Adyashanti*

It's the little things you do that can make a big difference. What are you attempting to accomplish? What little thing can you do today that will make you more effective? You are probably only one step away from greatness.

- *Bob Proctor*

Nearly every man who develops an idea works at it up to the point where it looks impossible, and then gets discouraged. that's not the place to become discouraged.

Thomas A. Edison(1847-1931, American Inventor, Entrepreneur, Founder of GE)

"You are what you repeatedly do. Excellence is not an event - it is a habit."

Aristotle 384-322 BC, Greek Philosopher and Scientist

Pessimist: One who, when he has the choice of two evils, chooses both.

- *Oscar Wilde, 1854-1900, Irish Dramatist/Novelist/Poet*

Nothing great was ever achieved without enthusiasm.

- *Ralph Waldo Emerson, 1803-1882, American Poet and Essayist*

The best executive is the one who has sense enough to pick good men to do what he wants done, and self-restraint enough to keep from meddling with them while they do it.

- *Theodore Roosevelt, 1858-1919, 26th President of the United States*

In the hardest of times, often the most beautiful things follow.

-- *Devin Heramson, World Vision (Quoted in Seattle Times Aug 16, 2005, C section, Shirleen Holt, "Startup disaster uplifts careers")*

If money is your hope for independence, you will never have it.

The only real security that a man can have in this world is a reserve of knowledge, experience and ability.

~ *Henry Ford*

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"Be creative. Use unconventional thinking. And have the guts to carry it out."
Lee Iacocca Automobile Executive and Author

Dream lofty dreams, and as you dream so you shall become. The greatest achievement was at first and for a time a dream. Dreams are the seedlings of realities.
- *James Allen*

Every action you take either moves you toward or away from what you want.
~ *Jim Britt*

Just don't give up trying to do what you really want to do. Where there is love and inspiration, I don't think you can go wrong.
~ *Ella Fitzgerald*

Don't hold on to anger, hurt or pain. They steal your energy and keep you from love.
~*Leo F. Buscaglia, Ph. D*

"The world is a great mirror. It reflects back to you what you are. If you are loving, if you are friendly, if you are helpful, the world will prove loving and friendly and helpful to you. The world is what you are."
~ *Thomas Dreier Author*

'Always forgive your enemies; nothing annoys them so much.'
Oscar Wilde

'Forgive your enemies, but never forget their names.'
John F. Kennedy

'I know that there are people who do not love their fellow man, and I hate people like that!'
Tom Lehrer

'Our scientific power has outrun our spiritual power. We have guided missiles and misguided men.'
Martin Luther King Jr

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'I love deadlines. I like the whooshing sound they make as they fly by.'

Douglas Adams

"Keep quiet. Do your work in the world, but inwardly keep quiet. Then all will come to you."

- Nisaragada Ha Maharaj

Sometimes your joy is the source of your smile, but sometimes your smile can be the source of your joy.

-- Thich Nhat Hanh

"Waiting is a trap. There will always be reasons to wait. The truth is, there are only two things in life, reasons and results, and reasons simply don't count."

~ Dr. Robert Anthony Educator

Basic research is what I'm doing when I don't know what I'm doing.

-Wernher Von Braun.

What we must decide is perhaps how we are valuable, rather than how valuable we are.

-- F. Scott Fitzgerald 1896-1940

Our lives begin to end the day we become silent about things that matter.

-Dr. Martin Luther King Jr.

It still holds true that man is most uniquely human when he turns obstacles into opportunities.

-- Eric Hoffer

The most glorious moments in your life are not the so-called days of success, but rather those days when out of dejection and despair you feel rise in you a challenge to life, and the promise of future accomplishments.

Gustave Flaubert

"For many people, an excuse is better than an achievement because an achievement, no matter how great, leaves you having to prove yourself again in the future but an excuse can last for life."

- Eric Hoffer

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Fortune favors the bold but abandons the timid.

-- *Latin Proverb*

"I expect to pass through this world but once. Any good therefore that I can do, or any kindness that I can show to any fellow creature, let me do it now. Let me not defer or neglect it, for I shall not pass this way again."

William Penn 1644-1718, Religious Leader and founder of Pennsylvania

Basic research is what I'm doing when I don't know what I'm doing.

-*Wernher Von Braun.*

To accomplish great things, we must not only act, but also dream, not only plan, but also believe.

-- *Anatole France*

"The world can change in an instant. So can the way you choose to see it. Why not choose to see the good in yourself and others."

Bob Perks Author and Speaker

Forget mistakes. Forget failures. Forget everything except what you're going to do now and do it. Today is your lucky day.

-- *Will Durant*

"If you don't know where you are going, you will wind up somewhere else!"

Lawrence "Yogi" Berra Baseball Player and Team Manager

It is our duty as men and women to proceed as though the limits of our abilities do not exist.

-- *Pierre Teilhard de Chardin, 1881-1955*

Friendship is always a sweet responsibility, never an opportunity.

-- *Kahlil Gibran 1883-1931*

Whatever you are, be a good one.

-- *Abraham Lincoln*

Don't be afraid to make a mistake. But make sure you don't make

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the same mistake twice.

Akio Morita

The key to success is to keep growing in all areas of life-mental, emotional, spiritual, as well as physical.

Julius Erving

The ultimate victory in competition is derived from the inner satisfaction of knowing that you have done your best and that you have gotten the most out of what you had to give.

Howard Cosell

Your living is determined not so much by what life brings to you as by the attitude you bring to life; not so much by what happens to you as by the way your mind looks at what happens.

John Homer Miller

No one ever attains very eminent success by simply doing what is required of him; it is the amount and excellence of what is over and above the required, that determines the greatness of ultimate distinction.

Charles K. Adams

The person who goes farthest is generally the one who is willing to do and dare. The sure-thing boat never gets far from shore.

Dale Carnegie (1888-1955, American Author, Trainer)

Be bold. If you're going to make an error, make a doozey, and don't be afraid to hit the ball.

Billie Jean King (1943-, American Tennis Player)

EARN as much as you can. SAVE as much as you can. INVEST as much as you can. GIVE as much as you can.

Rev. John Wellesly (American Minister)

The high-minded man must care more for the truth than for what people think.

-Aristotle

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The greater danger for most of us is not that our aim is too high and we miss it. But that it is too low...and we reach it.

-Michelangelo

The choice between love and fear is made every moment in our hearts and minds. That is where the peace process begins. Without peace within, peace in the world is an empty wish. Like love, peace is extended. It cannot be brought from the world to the heart. It must be brought from each heart to another, and thus to all mankind.

-Paul Ferrini

Even if you're on the right track, you'll get run over if you just sit there.

-Will Rogers

No Pessimist ever discovered the secrets of the stars,
or sailed to an uncharted land,
or opened a new heaven to the human spirit

-Helen Keller

A fine quotation is a diamond on the finger of a witty person, but a pebble in the hands of a fool.

-Colette

Time is too slow for those who wait,
too swift for those who fear,
too long for those who grieve,
too short for those who rejoice,
but for those who love,
time is eternity.

-Henry Van Dyke

The intuitive mind is a sacred gift and the rational mind is a faithful servant. We have created a society that honors the servant and has forgotten the gift.

-Albert Einstein

Shoot for the moon, even if you miss you will land among the stars.

-Unknown

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Yesterday is but today's memory, tomorrow is today's dream.

- Kahlil Gibran

If you can keep your head when all about you
Are losing theirs and blaming it on you;
If you can trust yourself when all men doubt you,
But make allowance for their doubting too;
If you can wait and not be tired by waiting,
Or, being lied about, don't deal in lies,
Or, being hated, don't give way to hating,
And yet don't look too good, nor talk too wise;

If you can dream -- and not make dreams your master;
If you can think -- and not make thoughts your aim;
If you can meet with triumph and disaster
And treat those two imposters just the same;
If you can bear to hear the truth you've spoken
Twisted by knaves to make a trap for fools,
Or watch the things you gave your life to broken,
And stoop and build 'em up with wornout tools;
If you can make one heap of all your winnings
And risk it on one turn of pitch-and-toss,
And lose, and start again at your beginnings
And never breath a word about your loss;
If you can force your heart and nerve and sinew
To serve your turn long after they are gone,
And so hold on when there is nothing in you
Except the Will which says to them: "Hold on!";

If you can talk with crowds and keep your virtue,
Or walk with kings -- nor lose the common touch;
If neither foes nor loving friends can hurt you;
If all men count with you, but none too much;
If you can fill the unforgiving minute
With sixty seconds' worth of distance run --
Yours is the Earth and everything that's in it,
And -- which is more -- you'll be a Man my son!

- Rudyard Kipling

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"Rewards and Fairies"

It may be that when we no longer know what to do, we have come to our real work, and when we no longer know which way to go, we have begun our real journey.

- *Wendell Berry*

Of all the creations of the earth and heaven love is the most precious.

-*Sappho, 580 BCE*

True friendship is a plant of slow growth.

-- *George Washington 1732-1799*

Success in cat training is a matter of timing... Wait until the cat is walking toward you; then call him.

Jan C. Snow, writer

First say to yourself what you would be, then do what you have to do.

-- *Epictetus*

Don't be afraid your life will end; be afraid that it will never begin.

Grace Hansen

All that you accomplish or fail to accomplish with your life is the direct result of your thoughts.

James Allen

If you are only skeptical, then no new ideas make it through to you.

-*Carl Sagan*

Making good decisions is a crucial skill at every level.

- *Peter Drucker*

If we could see the miracle of a single flower clearly, our whole life would change.

-- *Buddha*

You'll seldom experience regret for anything that you've done. It is what you haven't done that will torment you. The message, therefore, is clear. Do it! Develop an appreciation for the present moment. Seize every second of your life and savor

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it. Value your present moments. Using them up in any self-defeating ways means you've lost them forever.

Wayne Dyer

"I am determined to be cheerful and happy in whatever situation I may find myself. For I have learned that the greater part of our misery or unhappiness is determined not by our circumstance but by our disposition."

Martha Washington 1732-1802, First American First Lady

A nuclear war can ruin your whole day.

-Bumper Sticker.

It's faith in something and enthusiasm for something that makes life worth living.

-- Oliver Wendell Holmes, Jr.

The responsibility of tolerance lies in those who have the wider vision.

George Eliot

Youth is not a time of life--it is a state of mind.

-Anonymous

"People of character do the right thing, not because they think it will change the world but because they refuse to be changed by the world."

Michael Josephson Radio Commentator

"Living consciously involves being genuine; it involves listening and responding to others honestly and openly; it involves being in the moment."

Sidney Poitier Actor and Author of The Measure of a Man

"Write a goal every single month to eliminate a mess from your life, and when you do - abundance will come in."

Raymond Aaron Success Coach and Speaker

"The first great gift we can bestow on others is a good example."

Thomas Morell 1703-1784, Classical Scholar

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"Remember, happiness doesn't depend on who you are or what you have; it depends solely on what you think."

Dale Carnegie 1888-1955, Writer and Lecturer

I am a big believer in the "mirror test." All that matters is if you can look in the mirror and honestly tell the person you see there, that you've done your best.

John McKay

Hold a picture of yourself long and steadily enough in your mind's eye and you will be drawn toward it. Picture yourself vividly as winning and that alone will contribute immeasurably to success. Great living starts with a picture, held in your imagination, of what you would like to do or be.

Harry Emerson Fosdick

The heights by great men reached and kept were not attained by sudden flight, but they, while their companions slept, were toiling upward in the night.

Henry Wadsworth Longfellow

Success is always temporary. When all is said and done, the only thing you'll have left is your character.

Vince Gill

When I started out in business, I spent a great deal of time researching every detail that might be pertinent to the deal I was interested in making. I still do the same today. People often comment on how quickly I operate, but the reason I can move quickly is that I've done the background work first, which no one usually sees. I prepare myself thoroughly, and then when it is time to move ahead, I am ready to sprint.

- Donald Trump

Don't limit yourself. Many people limit themselves to what they think they can do. You can go as far as your mind lets you. What you believe, remember, you can achieve.

- Mary Kay Ash

It's the little things you do that can make a big difference. What are you attempting to accomplish? What little thing can you do today that will make you

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more effective? You are probably only one step away from greatness.

- *Bob Proctor*

Whatever qualities the rich may have, they can be acquired by anyone with the tenacity to become rich. The key, I think, is confidence. Confidence and an unshakable belief it can be done and that you are the one to do it.

- *Felix Dennis*

I was always acting primarily with shareholder interests in mind. It's also true I've always had a fairly moralistic attitude to business, and would not do anything that I considered improper. As a consequence, I have occasionally pursued issues during my career that other people might have avoided.

- *Chris Corrigan*

The real source of wealth and capital in this new era is not material things...it is the human mind, the human spirit, the human imagination, and our faith in the future.

- *Steve Forbes*

Making good decisions is a crucial skill at every level.

- *Peter Drucker*

There is no one else who can ever fill your role in the same way, so it's a good idea to perform it as well as possible.

-- *Humphrey Osmond (1917-2004) Psychiatrist*

There are two ways of meeting difficulties. You alter the difficulties or you alter yourself to meet them.

Phyllis Bottome

"The well of Providence is deep. It's the buckets we bring to it that are small."

--*Mary Webb*

"I keep the telephone of my mind open to peace, harmony, health, love and abundance. Then whenever doubt, anxiety, or fear try to call me, they keep getting a busy signal and soon they'll forget my number."

--*Edith Armstrong*

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"Prosperity is the result of complying with definite laws that are revealed by the Spirit of truth within. Those who are prosperous and successful are the people who have a rich consciousness . . . the ones who have developed their innate abilities and used the success-producing ideas that have come to them."

--*Myrtle Fillmore*

"Prosperity is a way of living and thinking, and not just money or things. Poverty is a way of living and thinking, and not just a lack of money or things."

--*Eric Butterworth*

"Whatever we feel is who we are, whatever we are is what we have."

--*Foster Hibbard*

"Prosperity is only an instrument to be used, not a deity to be worshipped."

--*Calvin Coolidge*

"If you think poor, you are poor."

--*Wally Amos*

In a cat's eye, All things belong to cats.

-- *English proverb*

"You can have anything you want - if you want it badly enough. You can be anything you want to be, have anything you desire, accomplish anything you set out to accomplish - if you will hold to that desire with singleness of purpose."

Robert Collier Writer and Publisher

Of all the creations of the earth and heaven love is the most precious.

--*Sappho, 580 BCE*

Friendship is a sheltering tree.

-- *Samuel Taylor Coleridge 1772-1834*

The price of success is hard work, dedication to the job at hand, and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand.

Vince Lombardi

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No legacy is so rich as honesty.

-- *William Shakespeare.*

Laziness may appear attractive, but work gives satisfaction.

Anne Frank

That the birds of worry and care fly over your head, this you cannot change, but that they build nests in your hair, this you can prevent.

-Chinese Proverb

Every day is a new beginning. Learn the skill of forgetting and move on.

-- *Norman Vincent Peale*

"Learn to enjoy every minute of your life. Be happy now. Don't wait for something outside of yourself to make you happy in the future. Think how really precious is the time you have to spend, whether it's at work or with your family. Every minute should be enjoyed and savored."

Earl Nightingale 1921-1989, Author and Radio Announcer

If you believe in what you are doing, then let nothing hold you up in your work. Much of the best work of the world has been done against seeming impossibilities. The thing is to get the work done.

-- *Dale Carnegie 1888-1955*

Be patient toward all that is unsolved in your heart. And try to love the questions themselves.

-Rainer Maria Rilke

"Let's choose today to quench our thirst for the 'good life' we think others lead by acknowledging the good that already exists in our lives. We can then offer the universe the gift of our grateful hearts."

Sarah Ban Breathnach Author of Simple Abundance

"If we fix a goal and work towards it, then we are never just passing time."

Anna Neagle Actress

When you are inspired by some great purpose, some extraordinary project, all of your thoughts break their bonds, your mind transcends limitations, your consciousness expands in every direction and you find yourself in a new great and wonderful world. Dormant forces, faculties and talents become alive, and you

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discover yourself to be a greater person by far than you ever dreamed yourself to be.

Patanjali

Hold your head high, stick your chest out. You can make it. It gets dark sometimes, but morning comes. Keep hope alive.

Jesse Jackson

Remind yourself regularly that you are better than you think you are. Successful people are not superhuman. Success does not require a super-intellect. Nor is there anything mystical about success. And success doesn't based on luck. Successful people are just ordinary folks who have developed belief in themselves and what they do. Never -- yes, never -- sell yourself short.

David J. Schwartz

Success is going from failure to failure without losing enthusiasm.

Winston Churchill

I do not know anyone who has got to the top without hard work. That is the recipe. It will not always get you to the top, but should get you pretty near.

-- *Margaret Thatcher*

So far I've done all right.

I haven't gossiped.

I haven't lost my temper.

I haven't been greedy, grumpy, nasty, selfish now self-indulgent.

I'm very thankful for that.

However, in a few moments I'm going to get out of bed..

And from then on I'm going to need a lot of help.

-Quoted anonymously in Spear, Deena Zalkind, Ears of the Angels, Carlsbad, CA: Hay House, Inc., 2002, p. 181

We must not, in trying to think about how we can make a big difference, ignore the small daily differences we can make which, over time, add up to big differences that we often cannot foresee.

Marian Wright Edelman

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One's own self is well hidden from one's own self; of all mines of treasure, one's own is the last to be dug up.

-- *Friedrich Wilhelm Nietzsche 1844-1900*

"There is only one way in the world to be distinguished. Follow your instinct! Be yourself, and you'll be somebody. Be one more blind follower of the blind, and you will have the oblivion you desire."

Bliss Carman 1861-1929, Poet

A friend is, as it were, a second self.

-- *Cicero 106-43 BC*

When we are motivated by goals that have deep meaning, by dreams that need completion, by pure love that needs expressing, then we truly live life.

Greg Anderson

When friends enter a home, they sense its personality and character, the family's style of living - these elements make a house come alive with a sense of identity, a sense of energy, enthusiasm, and warmth, declaring, "This is who we are; this is how we live"

-*Ralph Waldo Emerson*

The way to gain a good reputation is to endeavor to be what you desire to appear.

-- *Socrates*

The greater part of our happiness or misery depends on our dispositions and not our circumstances.

Martha Washington

"If we command our wealth, we shall be rich and free. If our wealth commands us, we are poor indeed."

- *Edmund Burke*

Give to us clear vision that we may know where to stand and what to stand for-- because unless we stand for something, we shall fall for anything.

-- *Peter Marshall*

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"Good humor is a tonic for mind and body. It is the best antidote for anxiety and depression. It is a business asset. It attracts and keeps friends. It lightens human burdens. It is the direct route to serenity and contentment."

Grenville Kleiser 1868-1953, Author

The biggest lie on the planet: When I get what I want, I will be happy.

-Anonymous

Aim with your heart, adjust with your head, and always, always, always, do all you can.

The Universe

"I have an everyday religion that works for me. Love yourself first, and everything else falls into line."

Lucille Ball 1911-1989, Comedienne and Actress

I am responsible. Although I may not be able to prevent the worst from happening, I am responsible for my attitude toward the inevitable misfortunes that darken life. Bad things do happen; how I respond to them defines my character and the quality of my life. I can choose to sit in perpetual sadness, immobilized by the gravity of my loss, or I can choose to rise from the pain and treasure the most precious gift I have - life itself.

Walter Anderson

Until one is committed, there is hesitancy, the chance to draw back, always ineffectiveness. Concerning all acts of initiative and creation, there is one elementary truth the ignorance of which kills countless ideas and splendid plans: that the moment one definitely commits oneself, then providence moves too. All sorts of things occur to help one that would never otherwise have occurred. A whole stream of events issues from the decision, raising in one's favor all manner of unforeseen incidents, meetings and material assistance which no man could have dreamed would have come his way. Whatever you can do or dream you can, begin it. Boldness has genius, power and magic in it. Begin it now.

Johann Wolfgang Von Goethe

In the hardest of times, often the most beautiful things follow.

-- Devin Heramson, World Vision (Quoted in Seattle Times Aug 16, 2005, C section, Shirleen Holt, "Startup disaster uplifts careers")

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If you're proactive, you don't have to wait for circumstances or other people to create perspective expanding experiences. You can consciously create your own.

Stephen R. Covey

"You'll seldom experience regret for anything that you've done. It is what you haven't done that will torment you. The message, therefore, is clear. Do it! Develop an appreciation for the present moment. Seize every second of your life and savor it. Value your present moments. Using them up in any self-defeating ways means you've lost them forever."

Wayne Dyer Author and Speaker

All that we see or seem
is but a dream within a dream.

-Edgar Allen Poe

Courage and perseverance have a magical talisman, before which difficulties disappear and obstacles vanish into air.

-- John Quincy Adams, 1767-1848

You must go after your wish. As soon as you start to pursue a dream, your life wakes up and everything has meaning.

Barbara Sher

What we must decide is perhaps how we are valuable, rather than how valuable we are.

-- F. Scott Fitzgerald 1896-1940

The hero and the coward both feel the same thing, but the hero uses his fear, projects it onto his opponent, while the coward runs. It's the same thing, fear, but it's what you do with it that matters.

Cus D'Amato

"Never look down to test the ground before taking your next step; only he who keeps his eye fixed on the far horizon will find the right road."

Dag Hammarskjold 1905-1961, Statesman and Secretary-General of U.N.

Inaction breeds doubt and fear. Action breeds confidence and courage.

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If you want to conquer fear, do not sit home and think about it. Go out and get busy.

-- *Dale Carnegie 1888-1955*

When I chased after money, I never had enough. When I got my life on purpose and focused on giving of myself and everything that arrived into my life, then I was prosperous.

Wayne Dyer

"Love based on meeting certain ego conditions is not authentic love."

~*Margot Zaher*

It still holds true that man is most uniquely human when he turns obstacles into opportunities.

-- *Eric Hoffer*

We are continually faced by great opportunities brilliantly disguised as insoluble problems.

Lee Iococca

To succeed as a team is to hold all of the members accountable for their expertise.

- *Mitchell Caplan*

"Keep letting go. Love is a balm that soothes and heals the wounds of the heart. By letting it in, you will rediscover your true self."

Layne and Paul Cutright, Straight From the Heart

"Your truth is a part of you. When you feel your truth is unacceptable, you feel you are unacceptable. Then love becomes an enemy. Why? Because love is a great healer. Love brings up anything unlike itself."

Layne and Paul Cutright, Straight From the Heart

Sometimes your joy is the source of your smile, but sometimes your smile can be the source of your joy.

-- *Thich Nhat Hanh*

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I have no regrets. I wouldn't have lived my life the way I did if I was going to worry about what people were going to say.

Ingrid Bergman

"Whatever you want in life, other people are going to want it too. Believe in yourself enough to accept the idea that you have an equal right to it."

Diane Sawyer TV Personality

To accomplish great things, we must not only act, but also dream, not only plan, but also believe.

-- *Anatole France*

Things don't go wrong and break your heart so you can become bitter and give up. They happen to break you down and build you up so you can be all that you were intended to be.

Charlie "Tremendous" Jones

"No one ever attains very eminent success by simply doing what is required of him; it is the amount and excellence of what is over and above the required that determines the greatness of ultimate distinction."

Charles Kendall Adams 1835-1902, Professor of History and Author

Complicated exercises or efforts are not needed to find peace. Simply understand that your true nature is peace.

anubhuti

Fortune favors the bold but abandons the timid.

-- *Latin Proverb*

"Our ultimate freedom is the right and power to decide how anybody or anything outside ourselves will affect us."

Stephen R. Covey Author and Speaker

'Any fool can criticize, condemn, and complain - and most fools do.'

Dale Carnegie

'Are you bored with life? Then throw yourself into some work you believe in with all your heart, live for it, die for it, and you will find happiness that you had

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thought could never be yours.'

Dale Carnegie

'First ask yourself: What is the worst that can happen? Then prepare to accept it. Then proceed to improve on the worst.'

Dale Carnegie

'So the single most vital step on your journey toward enlightenment is this: learn to disidentify from your mind. Every time you create a gap in the stream of mind, the light of your consciousness grows stronger. One day you may catch yourself smiling at the voice in your head, as you would smile at the antics of a child. This means that you no longer take the content of your mind all that seriously, as your sense of self does not depend on it.

Eckhart Tolle

'Whenever anything negative happens to you, there is a deep lesson concealed within it, although you may not see it at the time.'

Eckhart Tolle

I've had smarter people around me all my life, but I haven't run into one yet that can outwork me. And if they can't outwork you, then smarts aren't going to do them much good. That's just the way it is. And if you believe that and live by it, you'd be surprised at how much fun you can have.

Woody Hayes

Money was never a big motivation for me, except as a way to keep score. The real excitement is playing the game.

- Donald Trump

Forget mistakes. Forget failures. Forget everything except what you're going to do now and do it. Today is your lucky day.

-- Will Durant

Life is what we make it, always has been, always will be.

Grandma Moses

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"Anger is a great force. If you control it, it can be transmuted into a power which can move the whole world."

~ *William Shenstone*

"Anger will never disappear so long as thoughts of resentment are cherished in the mind. Anger will disappear just as soon as thoughts of resentment are forgotten."

~ *Buddha*

"Anger is only a natural reaction; one of the mind's ways of reacting to things that it perceives to be wrong. While anger can sometimes lead people to do shocking things, it can also be an instinct to show people that something isn't right."

~ *Unknown*

"For every minute you are angry you lose sixty seconds of happiness."

~*Ralph Waldo Emerson*

You can preach a better sermon with your life than with your lips.

-- *Oliver Goldsmith (c. 1730-1774) Playright and poet*

Pure love is a willingness to give without a thought of receiving anything in return.

Peace Pilgrim

"You must go after your wish. As soon as you start to pursue a dream, your life wakes up and everything has meaning."

Barbara Sher

"All beings are from the very beginning Buddhas.

It is like water and ice: Apart from water, no ice, outside living beings, no Buddhas.

Not knowing it is near they seek it afar, what a pity!"

~*Osho*

Men of ill judgment oft ignore the good that lies within their hands, till they have lost it.

-- *Sophocles, 496-406 B.C.*

When the character of the person is not clear, look at his friends.

Japanese Proverb

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There is a fountain of youth: it is your mind, your talents, the creativity you bring to your life and the lives of the people you love. When you learn to tap into this source, you will truly have defeated age.

Sophia Loren

"If we are ever to enjoy life, now is the time, not tomorrow or next year. Today should always be our most wonderful day."

Thomas Dreier Author

When the well's dry, we know the worth of water.

-- *Benjamin Franklin 1706-1790*

Let us not be content to wait and see what will happen, but give us the determination to make the right things happen.

Peter Marshall

But now that I was finally here, standing on the summit of Mt. Everest, I just couldn't summon the energy to care.

-- *Jon Krakauer*

"Most of the limitations you think you have are the ones you have decided on. They are often entirely self-imposed. You might think, 'I can't do this, I can't do that, I would never do that, my parents could never do that, I never played baseball, I never climbed a mountain, I never, never, never' ... It's the old broken record in your head. Throw out that negative thinking right now! Learn to play a positive message in your head because it's all about attitude."

David Patchell-Evans

Character cannot be developed in ease and quiet. Only through experiences of trial and suffering can the soul be strengthened, vision cleared, ambition inspired and success achieved.

Helen Keller

I have always felt that although someone may defeat me, and I strike out in a ball game, the pitcher on the particular day was the best player. But I know when I see him again, I'm going to be ready for his curve ball. Failure is a part of success. There is no such thing as a bed of roses all your life. But failure will never stand in

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the way of success if you learn from it.

Hank Aaron

"The health of your body influences what you experience in your mind. There is no split. If you can engage your whole spirit in the pursuit of total fitness - not just your intellect, not just your emotions - but instead everything inside you that is truly you, you'll discover what it is to be a whole person."

David Patchell-Evans

The truth of the matter is that you always know the right thing to do. The hard part is doing it.

-- *H. Norman Schwarzkopf*

Circumstances may cause interruptions and delays, but never lose sight of your goal. Prepare yourself in every way you can by increasing your knowledge and adding to your experience, so that you can make the most of opportunity when it occurs.

Mario Andretti

Try not to become a man of success but rather to become a man of value.

- *Albert Einstein*

Pick battles big enough to matter, small enough to win.

-- *Jonathan Kozol, Author*

To love means loving the unlovable. To forgive means pardoning the unpardonable. Faith means believing the unbelievable. Hope means hoping when everything seems hopeless.

Gilbert K. Chesterton

There is nothing better than the encouragement of a good friend.

-- *Katherine Butler Hathaway*

The last three or four reps is what makes the muscle grow. This area of pain divides the champion from someone else who is not a champion. That's what most people lack, having the guts to go on and just say they'll go through the pain no matter what happens.

Arnold Schwarzenegger

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"You block your dream when you allow your fear to grow bigger than your faith."

Mary Manin Morrissey

"The secret of success in life is for a man to be ready for his opportunity when it comes."

Benjamin Disraeli

Killing, hitting, blaming, hurting others - whether physically or mentally - are all superficial expressions of what is going on within us when we're angry. If we are truly angry, we would want a much more powerful way to fully express ourselves....At the core of all anger is a need that is not being fulfilled. Thus anger can be valuable if we use it as an alarm clock to wake us up-to realize we have a need that isn't being met and that we are thinking in a way that makes it unlikely to be met.

-Marshall Rosenberg

The love of one's country is a splendid thing. But why should love stop at the border?

-- Pablo Casals

Dream as if you'll live forever. Live as if you'll die tomorrow.

James Dean

Decide what you want, and decide what you are willing to exchange for it. Establish your priorities and go to work.

-- H.L. Hunt

As simple as it sounds, we all must try to be the best person we can: by making the best choices, by making the most of the talents we've been given.

Mary Lou Retton

I believe the single most significant decision I can make on a day-to-day basis is my choice of attitude. It is more important than my past, my education, my bankroll, my successes or failures, fame or pain, what other people think of me or say about me, my circumstances, or my position. Attitude keeps me going or cripples my progress. It alone fuels my fire or assaults my hope. When my attitudes are right, there is no barrier too high, no valley too deep, no dream too extreme, no challenge

Best Chapter of Your Life

too great for me.

Charles Swindoll

It takes a long time to bring excellence to maturity.

-- *Publilius Syrus*

"There are no limitations to the mind except those we acknowledge; both poverty and riches are the offspring of thought."

Napoleon Hill Author of Think and Grow Rich

The greatest discovery of my generation is that man can alter his life simply by altering his attitude of mind.

-*William James*

Kind words can be short and easy to speak, but their echoes are truly endless.

-- *Mother Teresa*

"I am responsible. Although I may not be able to prevent the worst from happening, I am responsible for my attitude toward the inevitable misfortunes that darken life. Bad things do happen; how I respond to them defines my character and the quality of my life. I can choose to sit in perpetual sadness, immobilized by the gravity of my loss, or I can choose to rise from the pain and treasure the most precious gift I have - life itself."

Walter Anderson Author of The Confidence Course: Seven Steps to Self-Fulfillment

"Being miserable is a habit. Being happy is a habit. The choice is yours."

Tom Hopkins Sales Trainer

It takes courage to push yourself to places that you have never been before... to test your limits... to break through barriers. And the day came when the risk it took to remain tight inside the bud was more painful than the risk it took to blossom.

Anais Nin

What you possess in the world will be found at the day of your death to belong to someone else. But what you are will be yours forever.

Henry Van Dyke

Best Chapter of Your Life

"We cannot become what we need to be by remaining what we are."

~ Max DePree

Before you can inspire with emotion, you must be swamped with it yourself. Before you can move their tears, your own must flow. To convince them, you must yourself believe.

Winston Churchill (1874-1965, British statesman, Prime Minister)

We cannot be happy if we expect to live all the time at the highest peak of intensity. Happiness is not a matter of intensity, but of balance and order and rhythm and harmony.

-Thomas Merton

Opportunity does not knock; it presents itself when you beat down the door.

-- Kyle Chandler, 1001 Motivational Quotes

As long as you can find someone else to blame for anything you are doing, you cannot be held accountable or responsible for your growth or the lack of it.

-Sun Bear

It is the true nature of mankind to learn from mistakes, not from example.

-- Fred Hoyle

If only every man would make proper use of his strength and do his utmost, he needs never regret his limited ability.

Marcus T. Cicero (c. 106-43 BC, Roman orator, politician)

"Individuals who are positive in their thoughts always tend to look upon the brighter side of life. With their faces turned toward the sunshine, they attempt to see the good, even in the bad. Such individuals habitually think thoughts of a positive nature and they are a blessing to the world. They are in a *Positive Vibration*, and therefore attract other positive personalities to them."

Bob Proctor Author and Speaker

"I have about concluded that wealth is a state of mind, and that anyone can acquire a wealthy state of mind by thinking rich thoughts."

Andrew Young

Best Chapter of Your Life

It is good to love as many things as one can, for therein lies true strength, and those who love much, do much and accomplish much, and whatever is done with love is done well.

-- *Vincent Van Gogh (1853-1890)*

"Once you believe that answers and resources can show up in your life, they will: The universe works to mirror your beliefs. It will prove you right every time."

Peggy McColl From her powerful new book The Won Thing

When things are crazy, be calm.

-*Michael Pritchard*

If you want to make peace, you don't talk to your friends. You talk to your enemies.

- *Moshe Dayan, 1915-1981*

All that is necessary for the triumph of evil is that good men do nothing.

- *Edmund Burke, 1729-1797*

If you have made mistakes, even serious ones, there is always another chance for you. What we call failure is not the falling down but the staying down.

- *Mary Pickford, 1893-1979*

As I grow older, I pay less attention to what men say. I just watch what they do.

Andrew Carnegie (1835-1919, American industrialist, philanthropist)

Act well at the moment, and you have performed a good action for all eternity.

Johann Kaspar Lavater (1741-1801, Swiss theologian, mystic)

An ounce of action is worth a ton of theory.

Friedrich Engels(1820-1895, German social philosopher)

We will have to repent in this generation not merely for the hateful words and actions of the bad people but for the appalling silence of the good people.

Martin Luther King Jr. (1929-1968, American Civil Rights leader, Nobel Prize winner, 1964)

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No steam or gas ever drives anything until it is confined. No Niagara is ever turned into light and power until it is tunneled. No life ever grows until it is focused, dedicated and disciplined.

Harry Emerson Fosdick (1878-1969, American minister)

Big jobs usually go to the men who prove their ability to outgrow small ones.

Ralph Waldo Emerson (1803-1882, American poet, essayist)

Dream as if you'll live forever. Live as if you'll die tomorrow.

James Dean

Small opportunities are often the beginning of great experiences.

-- Demosthenes

To affect the quality of the day; that is the art of life.

-- Henry David Thoreau

"Gratitude is not only the greatest of virtues, but the parent of all the others."

Marcus Tullius Cicero 106 BC - 43 BC, Politician, Orator and Philosopher

"Self-disciplined begins with the mastery of your thoughts. If you don't control what you think, you can't control what you do."

Napoleon Hill 1883-1970, Author of Think and Grow Rich

"Every achiever that I have ever met says, 'My life turned around when I began to believe in me.'"

Dr. Robert Schuller Minister and Author

"Keep your face to the sunshine and you cannot see the shadows."

Helen Keller 1880-1968, Author and Lecturer

"You cannot do a kindness too soon, for you never know how soon it will be too late."

Ralph Waldo Emerson 1803-1882, Essayist, Philosopher and Poet

We've made great medical progress in the last generation. What used to be merely an itch is now an allergy.

-Anonymous

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The way to get things done is not to mind who gets the credit for doing them.

Benjamin Jowett (1817-1893, British scholar)

Acceptance is not submission; it is acknowledgement of the facts of a situation. Then deciding what you're going to do about it.

Kathleen Casey Theisen

Life is a magic vase filled to the brim, so made that you cannot dip from it nor draw from it; but it overflows into the hand that drops treasures into it. Drop in malice and it overflows hate; drop in charity and it overflows love.

John Ruskin (1819-1900, British critic, social theorist)

Hard work spotlights the character of people: some turn up their sleeves, some turn up their noses, and some don't turn up at all.

- Sam Ewing

Nothing is enough for the man to whom enough is too little.

Epicurus (c.341-270 BC, Greek philosopher)

"Regret for time wasted can become a power for good in the time that remains, if we will only stop the waste and the idle, useless regretting."

Arthur Brisbane 1864-1936, Journalist and Editor

"If one of us has to be unhappy, it doesn't have to be me!"

----, by Joan Sotkin (prosperity coach)

The part can never be well unless the whole is well.

-Plato

The basic difference between an ordinary person and a warrior is that a warrior takes everything as a challenge while an ordinary person takes everything as a blessing or a curse.

-Carlos Castaneda

Effective leadership is putting first things first. Effective management is discipline, carrying it out.

Stephen Covey

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Every human has four endowments- self awareness, conscience, independent will and creative imagination. These give us the ultimate human freedom... The power to choose, to respond, to change.

Stephen Covey

There are three constants in life... change, choice and principles.

Stephen Covey

We are not animals. We are not a product of what has happened to us in our past. We have the power of choice.

Stephen Covey

We are not human beings on a spiritual journey. We are spiritual beings on a human journey.

Stephen Covey

"It is not the mountain we conquer but ourselves."

Edmund Hillary, first to climb Mount Everest, 1919."

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Walter Anderson Author of The Confidence Course: Seven Steps to Self-Fulfillment

"You block your dream when you allow your fear to grow bigger than your faith."

Mary Manin Morrissey

"Children have a much better chance of growing up if their parents have done so first."

Susan Peters

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"If you feel safe in the world and know that your thoughts create your reality, you can allow others to be the way they are. Others do not determine your safety or your good."

Layne an

He who knows no hardships will know no hardihood. He who faces no calamity will need no courage. Mysterious though it is, the characteristics in human nature which we love best grow in a soil with a strong mixture of troubles.

Harry Emerson Fosdick (1878-1969, American minister)

"Most great people have achieved their greatest success just one step beyond their greatest failure."

Napoleon Hill Get your copy of Three Feet From Gold

"Our minds become magnetized with the dominating thoughts we hold in our minds, and these magnets attract to us the forces, the people, the circumstances of life which harmonize with the nature of our dominating thoughts."

Napoleon Hill 1883-1970, Author of Think and Grow Rich

I have decided to stick with love.

Hate is too great a burden to bear.

-Dr. Martin Luther King, Jr.

The game of life is the game of boomerangs. Our thoughts, deeds and words return to us sooner or later, with astounding accuracy.

-Florence Shinn

Like an ability or a muscle, hearing your inner wisdom is strengthened by doing it.

-R. Gass

Difficulties strengthen the mind, as labor does the body.

-Seneca

"Wealthy people tend to be orderly, while those who struggle have lots of messes. Each mess is a lock on the gate that keeps abundance out."

Raymond Aaron From Double Your Income Doing What You Love

Best Chapter of Your Life

Champions aren't made in the gyms.

Champions are made from something they have deep inside them --
a desire, a dream, a vision.

-Muhammad Ali

"Obsessed is a word that the lazy use to describe the dedicated. ."

- Unknown

If you want to find out about the road ahead, then ask about it from those coming back.

Chinese Proverb

"Refuse to let your present results influence your thinking. Keep reminding yourself that you have a power within you that is superior to any condition or circumstance you may encounter enroute to your goal."

Bob Proctor

I never expect to lose. Even when I'm the underdog, I still prepare a victory speech.

H. Jackson Brown Jr. (1940-, American author, "Life's Little Instruction Book" series)

Don't spend time beating on a wall, hoping to transform it into a door.

Dr. Laura Schlessinger (1947-, American family therapist)

Every man who is high up loves to think that he has done it all himself; and the wife smiles, and lets it go at that.

James M. Barrie (1860-1937, British playwright)

Somebody is always doing what somebody else said couldn't be done.

Author Unknown

It is almost more important how a person takes his fate than what it is.

Karl Wilhelm Von Humboldt (1767-1835, German statesman, philologist)

As soon as we attract enough attention in the world to play a part in it, we are set rolling like a ball which will never again be at rest.

Charles Joseph

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They who give have all things; they who withhold have nothing.

-- *Hindu Proverb*

Faith is to believe what you do not yet see; the reward for this faith is to see what you believe.

-- *Saint Augustine (354-430)*

Look and you will find it -- what is unsought will go undetected.

-- *Sophocles*

When you have nothing to say, say nothing.

-- *Charles Caleb Colton (1780-1832)*

The happiest is he who suffers the least pain; the most miserable, he who enjoys the least pleasure.

Jean Jacques Rousseau (1712-1778, Swiss political philosopher, educationist, essayist)

There are glimpses of heaven to us in every act, or thought, or word, that raises us above ourselves.

Arthur P. Stanley

If a living system is suffering from ill health, the remedy is to connect it with more of itself.

-*Francisco Varella*

To draw transpersonal and spiritual phenomena out of the realm of inner experience is to pull them out of the domain when the ego believes itself sovereign and relentlessly struggles to dominate. And in doing so, I believe, the participatory vision thwarts to larger extent the illegitimate egoic appropriation of spirituality that I have called spiritual narcissism.

-*Jorge N. Ferrer*

"No one is in control of your happiness but you; therefore, you have the power to change anything about yourself or your life that you want to change."

Barbara DeAngelis Author

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" There are no Limitations to the Mind Except Those We Acknowledge. Both Poverty and Riches are the Offspring of Thought. "

Napoleon Hill

A positive attitude can really make dreams come true. It did for me.

Zina Garrison (1963-, American tennis player)

"Develop an attitude of gratitude, and give thanks for everything that happens to you, knowing that every step forward is a step toward achieving something bigger and better than your current situation."

Brian Tracy Author and Speaker

Our blight is ideologies - they are the long-expected Antichrist!

-Carl Jung

To know that even one life has breathed easier because you lived, this is to have succeeded.

-- Ralph Waldo Emerson

"Count your blessings. Once you realize how valuable you are and how much you have going for you, the smiles will return, the sun will break out, the music will play, and you will finally be able to move forward with the life that God intended for you."

Og Mandino 1923-1996, Author and Speaker

We don't always get what we deserve, but we often get what we ask for.

Victor C. Dymowski

"All the breaks you need in life wait within your imagination. Imagination is the workshop of your mind, capable of turning mind energy into accomplishment and wealth."

- Napoleon Hill.

you know who you are and you know what you want.

~ Lao Tzu

Hide not your talents, they for use were made. What's a sun-dial in the shade.

-- Benjamin Franklin

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Attachment is the great fabricator of illusions; reality can be attained only by someone who is detached.

Simone Weil (1910-1943, French philosopher, mystic)

"My mother drew a distinction between achievement and success. She said that achievement is the knowledge that you have studied and worked hard and done the best that is in you. Success is being praised by others. That is nice but not as important or satisfying. Always aim for achievement - success will follow."

Helen Hayes 1900-1993, Award Winning Actress

The best cure for worry, depression, melancholy, brooding, is to go deliberately forth and try to lift with one's sympathy the gloom of somebody else.

-- *Arnold Bennett (1867-1931)*

The purpose of education is to replace an empty mind with an open one.

-- *Malcom Forbes*

I am enough of an artist to draw freely upon my imagination. Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world.

-*Albert Einstein*

You cannot dream yourself into a character; you must hammer and forge yourself one.

-- *James A. Froude 1818-1894, Historian*

There is little difference in people, but that little difference makes a big difference. That little difference is attitude. The big difference is whether it is positive or negative.

W. Clement Stone (1902-2002, American businessman, author, founder of Combined Insurance Companies)

"Happiness doesn't depend on what we have, but it does depend on how we feel toward what we have. We can be happy with little and miserable with much."

William Dempster Hoard 1836-1918, Politician and Publisher

Be patient with everyone, but above all with yourself. I mean do not be disheartened by your imperfections, but always rise up with fresh courage. How are we to be patient in dealing with our neighbor's faults if we are impatient in

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dealing with our own? He who is fretted by his own failings will not correct them. All profitable correction comes from a calm, peaceful mind.

-St. Francis de Sales

"What if I should discover that the poorest of the beggars and the most impudent of offenders are all within me, and that I stand in need of the alms of my own kindness; that I myself am the enemy who must be loved--what then?"

Carl Jung

We don't see things as they are, we see them as we are.

-- Anais Nin

"Make a notation in your calendar to review your goals weekly and to grade yourself at the end of the month. Actually schedule time to work on and achieve your goals."

Raymond Aaron From Double Your Income Doing What You Love

Don't be irreplaceable; if you can't be replaced, you can't be promoted.

-Anonymous

What would life be like if we had no courage to attempt anything?

-- Vincent Van Gogh (1853-1890)

"Worry a little bit every day and in a lifetime you will lose a couple of years. If something is wrong, fix it if you can. But train yourself not to worry. Worry never fixes anything."

Mary Hemingway 1908-1986, Author and Journalist

"This above all: to thine own self be true. And it must follow, as the night the day, Thou canst not then be false to any man."

- William Shakespeare

To find out what one is fitted to do, and to secure an opportunity to do it, is the key to happiness.

- John Dewey

Since light travels faster than sound, people appear bright until you hear them speak.

-Anonymous

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Sometimes You're the Windshield, Sometimes You're the Bug.

-- *Mark Knopfler, "The Bug" Dire Strait's Album, On Every Street*

"Pretend that every single person you meet has a sign around his or her neck that says, 'Make me feel important.' Not only will you succeed in sales, you will succeed in life."

Mary Kay Ash 1918-2001, Founder of Mary Kay Cosmetics

He who knows enough is enough will always have enough.

-- *Lao-Tzu*

Words can never adequately convey the incredible impact of our attitudes toward life. The longer I live the more convinced I become that life is 10 percent what happens to us and 90 percent how we respond to it.

Charles Swindoll (1934-, American pastor, author)

Yesterday is but a dream, tomorrow but a vision. But today well lived makes every yesterday a dream of happiness, and every tomorrow a vision of hope. Look well, therefore, to this day.

-- *Sanskrit Proverb*

I am done with great things and big plans, great institutions and big success. I am for those tiny, invisible loving human forces that work from individual to individual, creeping through the crannies of the world like so many rootlets, or like the capillary oozing of water, which, if given time, will rend the hardest monuments of pride.

-William James

And above all things, never think that you're not good enough yourself. A man should never think that. My belief is that in life people will take you at your own reckoning.

Anthony Trollope (1815-1882, British novelist)

"Loving people live in a loving world. Hostile people live in a hostile world... Same world."

Wayne Dyer Author and Speaker

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"The Minute You Settle for Less Than YOU Deserve, You Get Even Less Than You Settled For."

- *Maureen Dowd*

We look forward to the time when the Power of Love will replace the love of power. Then will our world know the blessings of peace.

-- *William Ewart Gladstone (1809-1898)*

A little spark can kindle a great fire.

Syrian Proverb

Do it better than it need be done. Do it better each time. Do it better than anyone else can do it. I know this sounds old-fashioned, But it has built the world.

-*Harlow Curtice*

The test of a vocation is the love of the drudgery it involves.

- *Logan Pearsall Smith*

Neither situations nor people can be altered by the interference of an outsider. If they are to be altered, that alteration must come from within.

Phyllis Bottome (1884-1963, American writer)

Where flowers bloom, so does hope.

-- *Lady Bird Johnson*

Our lives begin to end the day we become silent about things that matter.

Martin Luther King, Jr.

Certain beliefs must accompany every action: One should act without selfishness, cultivate compassion for all living things, and develop respect for others.

Bstan-dzin-rgya-mtsho (1935-, Tibetan 14th Dalai Lama)

"You'll seldom experience regret for anything that you've done. It is what you haven't done that will torment you. The message, therefore, is clear. Do it! Develop an appreciation for the present moment. Seize every second of your life and savor it. Value your present moments. Using them up in any self-defeating ways means you've lost them forever."

Wayne Dyer Author and Speaker

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Guard well within yourself that treasure, kindness. Know how to give without hesitation, how to lose without regret, how to acquire without meanness.

- *George Sand, 1804-1876*

Always laugh when you can. It is cheap medicine.

- *Lord Byron, 1788-1824*

The secret of a good life is to have the right loyalties and hold them in the right scale of values.

- *Norman Thomas, 1884-1968*

We are made to persist. That's how we find out who we are.

-- *Tobias Wolff, writer*

The fault finder will find faults even in paradise.

Henry David Thoreau (1817-1862, American essayist, poet, naturalist)

"Stand up to your obstacles and do something about them. You will find that they haven't half the strength you think they have."

Norman Vincent Peale 1898-1993, Pastor, Speaker and Author

In a real sense all life is inter-related. All persons are caught in an inescapable network of mutuality, tied in a single garment of destiny. Whatever affects one directly affects all indirectly. I can never be what I ought to be until you are what you ought to be, and you can never be what you ought to be until I am what I ought to be. This is the inter-related structure of reality.

-*Dr. Martin Luther King, Jr.*

Empty pockets never held anyone back. Only empty heads and empty hearts can do that.

- *Norman Vincent Peale*

"The best way to appreciate your job is to imagine yourself without one."

~*Oscar Wilde.*

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Hope is the companion of power, and mother of success, for whom so hopes strongly has within him the gift of miracles.

Samuel Smiles (Scottish Author, 1812-1904)

We are all of us richer than we think we are.

Michel Eyquem De Montaigne (1533-1592, French philosopher, essayist)

"It is the people who can do nothing who find nothing to do, and the secret to happiness in this world is not only to be useful, but to be forever elevating one's uses."

Sarah Orne Jewett 1849-1909, Author

I don't think anything is unrealistic if you believe you can do it.

Mike Ditka (1939-, American football player, coach)

At first dreams seem impossible, then improbable, then inevitable.

Christopher Reeves

You are today where your thoughts have brought you, you will be tomorrow where your thoughts take you.

-- James Allen (1864-1912).

Everything in life is based on daring.

-- Martin Buber

"Everyone should have a sense of urgency - it is getting a lot done in a short period of time in a calm confident manner."

Bob Proctor Author and Speaker

"There is one quality which one must possess to win, and that is definiteness of purpose, the knowledge of what one wants, and a burning desire to possess it." -

Napoleon Hill

All education is a continuous dialogue - questions and answers that pursue every problem to the horizon.

-- Justice William O. Douglas

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Unhappy is the man, though he rule the world, who doesn't consider himself supremely blessed.

Marcus Annaeus Seneca (BC 3-65 AD, Roman philosopher, dramatist, statesman)

Face your deficiencies and acknowledge them; but do not let them master you. Let them teach you patience, sweetness, insight.

-Helen Keller

Seize the day, put no trust in the morrow!

-- Horace (Quintus Horatius Flaccus) 65-8 B.C.

To be a champ, you have to believe in yourself when nobody else will.

Sugar Ray Robinson (1920-1989, American boxer)

Luck affects everything. Let your hook always be cast; in the stream where you least expect it there will be a fish.

-- Ovid (Publius Ovidius Naso), 43 B.C.-18 A.D.

If one has to jump a stream and knows how wide it is, he will not jump. If he does not know how wide it is, he will jump, and six times out of ten he will make it.

Persian Proverb

"Most people never get their year going until mid-March. All the heavy hitters that I know start off with a BIG January and build on it."

Bob Proctor

Live your life so that when you die, the preacher will not have to tell lies at your funeral.

-Anonymous

It's not what you look at that matters, it's what you see.

-- Henry David Thoreau

To be uncertain is to be uncomfortable, but to be certain is to be ridiculous.

Chinese Proverb

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"We must have perseverance and above all confidence in ourselves. We must believe that we are gifted for something and that this thing must be attained."

Marie Curie 1867-1934, Physicist

A mistake is an event, the full benefit of which has not yet been turned to your advantage.

-- *Edwin Land*

Integrity is one of several paths. It distinguishes itself from the others because it is the right path and the only one upon which you will never get lost.

- *M.H. McKee*

As soon as questions of will or decision or reason or choice of action arise, human science is at a loss.

Noam Chomsky

Censorship is never over for those who have experienced it. It is a brand on the imagination that affects the individual who has suffered it, forever.

Noam Chomsky

Education must provide the opportunities for self-fulfillment; it can at best provide a rich and challenging environment for the individual to explore, in his own way.

Noam Chomsky

Either you repeat the same conventional doctrines everybody is saying, or else you say something true, and it will sound like it's from Neptune.

Noam Chomsky

Everybody's worried about stopping terrorism. Well, there's a really easy way: stop participating in it.

Noam Chomsky

In this possibly terminal phase of human existence, democracy and freedom are more than just ideals to be valued - they may be essential to survival.

Noam Chomsky

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Failure is a trickster with a keen sense of irony and cunning. It takes great delight in tripping one when success is almost within reach."

~ Napoleon Hill

"Believe and your belief will create the fact."

~ William James

Every human being who reaches the age of understanding of the purpose of money, wishes for it. Wishing will not bring riches. But desiring riches with a state of mind that becomes an obsession, then planning definite ways and means to acquire riches, and backing those plans with persistence which does not recognize failure, will bring riches.

~ Napoleon Hill

Nothing is impossible to the mind. All its guidance and power are available to you. When you have fully realized **THOUGHT CAUSES ALL**, you will know there will never be any limits that you yourself do not impose.

~ U.S. Andersen

I have always been delighted at the prospects of a new day, a fresh try, one more start, with perhaps a bit of magic waiting somewhere behind the morning.

-- J. B. Priestly 1894-1984

The world is a rose; smell it and pass it to your friends.

-- Persian Proverb

"A good plan is like a road map: it shows the final destination and usually the best way to get there."

H. Stanley Judd Author

Observe due measure, for right timing is in all things the most important factor.

Hesiod, c. 700 B.C.

There are those who give with joy, and that joy is their reward.

--Kahlil Gibran 1883-1931

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"People who make decisions go to the top. Those who fail to make decisions go nowhere."

Bob Proctor Author and Speaker

When in doubt, the best course of action seems to be to leave things as they are

-Lyall Watson

"Success depends on getting good at saying no without feeling guilty. You cannot get ahead with your own goals if you are always saying yes to someone else's projects. You can only get ahead with your desired lifestyle if you are focused on the things that will produce that lifestyle."

- Jack Canfield

I know of no more encouraging fact than the unquestionable ability of man to elevate his life by a conscious endeavor.

-- Henry David Thoreau, Walden 1, Economy

The smallest act of kindness is worth more than the greatest intention.

-Kahlil Gibran

There is only one journey. Going inside yourself.

-Rainer Maria Rilke

"In the last analysis, it is our conception of death which decides our answers to all the questions that life puts to us."

- Dag Hammarskjold

But words are things, and a small drop of ink, falling like dew, upon a thought produces that which makes thousands, perhaps millions think.

-- Lord Byron

"I do not have superior intelligence or faultless looks. I do not captivate a room or run a mile under six minutes. I only succeeded because I was still working after everyone else went to sleep."

Greg Evans Novelist

"The companies that survive longest are the one's that work out what they uniquely can give to the world--not just growth or money but their excellence, their respect

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for others, or their ability to make people happy. Some call those things a soul."
- *Charles Handy.*

"Bring awareness to each act. Walking on the road, walk fully alert; eating, eat with awareness. Whatsoever you are doing, don't let the past and the future interfere. Be in the present. That's what awareness is all about."
~*Osho*

"Think of yourself as on the threshold of unparalleled success. A whole clear, glorious life lies before you. Achieve! Achieve!"
--*Andrew Carnegie*

"We may encounter many defeats but we must not be defeated."
-- *Maya Angelou*

"You may only be someone in the world, but to someone else, you may be the world."
-- *Unknown*

"So great has been the endurance, so incredible the achievement, that, as long as the sun keeps a set course in heaven, it would be foolish to despair of the human race."
Ernest L. Woodward

In ordinary life we hardly realize that we receive a great deal more than we give, and that it is only with gratitude that life becomes rich.
-- *Dietrich Bonhoeffer (1906-1945)*

"The longer we dwell on our misfortunes, the greater is their power to harm us."
Francois-Marie Arouet, better know as Voltaire 1694-1778, Writer, Essayist, and Philosopher

"Successful people make decisions quickly and change them slowly if and when at all."
Napoleon Hill Author of Think and Grow Rich

Advice is like snow, the softer it falls, the longer it dwells upon, and the deeper it sinks into the mind.
-- *Samuel Taylor Coleridge*

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It is a journey, a life long journey. I will never have all the answers, only a greater understanding which will open to even more questions.

-Diane Wind Wardell

"So much of our time is preparation, so much is routine, and so much retrospect, that the path of each man's genius contracts itself to a very few hours."

Ralph Waldo Emerson

Monuments are the grappling-irons that bind one generation to another.

-- Joseph Joubert (1754-1824)

"To be a champ, you have to believe in yourself when nobody else will."

Sugar Ray Robinson 1920-1989, American Boxer

"Problems cannot be solved at the level of awareness that created them."

- Albert Einstein

"Take the first step in faith. You don't have to see the whole staircase, just take the first step."

Dr. Martin Luther King Jr

Love comforteth like sunshine after rain.

-- William Shakespeare

If you judge people,
you have no time to love them.

-Mother Teresa

At the touch of love, everyone becomes a poet.

-- Plato

"Someone may have stolen your dream when it was young and fresh and you were innocent. Anger is natural. Grief is appropriate. Healing is mandatory. Restoration is possible."

Jane Rubietta

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"Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."

Mark Twain:

"Only those who will risk going too far can possibly find out how far one can go."

T. S. Elliot

Monuments are the grappling-irons that bind one generation to another.

Joseph Joubert (1754-1824)

"Do not wait; the time will never be 'just right.' Start where you stand, and work with whatever tools you may have at your command, and better tools will be found as you go along."

Napoleon Hill 1883-1970, Author of Think and Grow Rich

No man outruns himself, Nor can avoid effect of evil or of good;

If he be parent to the cause, he reaps his own through lives of toil or pain or joy or health, For he, the sower and the reaper earns His fruit from seeds that only he has sown.

-Inis Hancock-Hurd

"All that we are is the result of what we have thought."

Buddha

Men are born to succeed, not fail.

-- Henry David Thoreau

"There are two ways of attaining an important end, force and perseverance; the silent power of the latter grows irresistible with time."

Anne Sophie Swetchine 1782-1857, Author

"The fact is that the mind is only a bundle of thoughts. The mind is fattened by new thoughts rising up. Therefore it is foolish to attempt to kill the mind by means of the mind. The only way of doing it is to find its source and hold on to it. The mind will then fade away of its own accord."

~ Sri Ramana Maharshi

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Time ripens all things, no man is born wise.

-- *Miguel de Cervantes 1547-1616*

Faith is the strength by which a shattered world shall emerge into the light.

-*Helen Keller*

"When we take control of our mental state by deliberately choosing our thoughts and attitudes, we can alter the meaning we associate to the experiences we have and results we see in our life."

Clayton J. Moore Author of Your Money Puzzle

"If you don't go after what you want, you'll never have it. If you don't ask, the answer is always no. If you don't step forward, you're always in the same place."

Nora Roberts

Life is too short to be small.

-- *Benjamin Disraeli*

"Begin with the end in mind."

Stephen Covey:

Life affords no higher pleasure than that of surmounting difficulties, passing from one step of success to another, forming new wishes and seeing them gratified.

-- *Samuel Johnson 1709-1784 British Author*

"People are lonely because they build walls instead of bridges."

Joseph F. Newton Author

But words are things, and a small drop of ink, falling, like dew, upon a thought produces that which makes thousands, perhaps millions think.

-- *Lord Byron*

"Recovering from failure is often easier than building from success."

Michael Eisner

The wise man in the storm prays to God, not for safety from danger, but for deliverance from fear." Instead of trying to dictate how things should work out, I

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simply asked for peace. I looked out the window and enjoyed the sunset.

-Emerson

"Real success comes in small portions day by day. You need to take pleasure in life's daily little treasures. It is the most important thing in measuring success."

Denis Waitley:

"Real success is finding your lifework in the work that you love."

David McCullough:

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them."

John F. Kennedy 1917-1963, 35th President of the United States

Advice is like snow; the softer it falls the longer it dwells upon, and the deeper it sinks into the mind.

-- Samuel Taylor Coleridge 1772-1834

To say yes to one instant is to say yes to all of existence.

-- Anonymous

"Six essential qualities are the key to success: sincerity, personal integrity, humility, courtesy, wisdom, charity."

William Menninger:

"Treat your friends as you do your pictures, and place them in their best light."

Jennie Jerome Churchill 1854-1921, Writer and Mother of Sir Winston Churchill

Wishes for Peace and good health to you and yours during the Holiday Season and The New Year.

-- The Hunger Fighters Team

A happy family is but an earlier heaven.

-John Browning

"Whoever does not regard what he has as most amply wealth, is unhappy, though he be master of the world."

Epictetus:

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We are made wise not by the recollection of our past, but by the responsibility for our future.

-- *George Bernard Shaw*

Fear is the great barrier to human growth.

-*Robert A. Monroe*

"Who is sure of their own motives can in confidence advance or retreat."

Johann Wolfgang Von Goethe:

The great end of life is not knowledge but action.

-- *Thomas H Huxley 1825-1895*

So remember while December brings the only Christmas day, in the year let there be Christmas in the things you do and say.

-- *Anonymous*

"Action makes more fortune than caution."

Luc De Clapiers 1715-1747, Essayist

The golden opportunity you are seeking is in yourself. It is not in your environment; it is not in luck or chance, or the help of others; it is in yourself alone.

-*Orison Marden*

"You are educated when you have the ability to listen to almost anything without losing your temper or self-confidence."

Robert Frost

"You can determine how confident people are by listening to what they don't say about themselves."

Brian G. Jett:

The imagination may be compared to Adam's dream --he awoke and found it truth.

John Keats 1795-1821, Letter to Benjamin Bailey

"My success just evolved from working hard at the business at hand each day."

Johnny Carson 1925-2005, Television Host and Comedian

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Write it on your heart that every day is the best day in the year.

Ralph Waldo Emerson

Freedom is never voluntarily given by the oppressor; it must be demanded by the oppressed.

-Martin Luther King, Jr.

"The big rewards come to those who travel the second, undemanded mile."

Bruce Barton 1886-1967, Author, Advertising Executive, and Politician

You have to expect things of yourself before you can do them."

Michael Jordan

I count him braver who overcomes his desires than him who conquers his enemies; for the hardest victory is the victory over self.

-- Aristotle

"You have to have confidence in your ability, and then be tough enough to follow through."

Rosalynn Carter:

Drag your thoughts away from your troubles--by the ears, by the heels, or any other way you can manage it. It's the healthiest thing a body can do.

-- Mark Twain

The most exquisite paradox... as soon as you give it all up, you can have it all. As long as you want power, you can't have it. The minute you don't want power, you'll have more than you ever dreamed possible.

Ram Dass

"You'll find as you grow older that you weren't born such a great while ago after all. The time shortens up."

William Dean Howells:

We must be purposely kind and generous or we miss the best part of life's existence.

Horace Mann, Educator and Politician (1769-1859)

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"You need to play with supreme confidence, or else you'll lose again, and then losing becomes a habit."

Joe Paterno:

"When you focus on something with a lot of passion, it makes it happen even faster."

Bill Harris

"The more anger towards the past you carry in your heart, the less capable you are of loving in the present."

Barbara De Angelis Author and Relationship Expert

In times of great stress or adversity, it's always best to keep busy, to plow your anger and your energy into something positive.

Lee Iacocca

The components of anxiety, stress, fear, and anger do not exist independently of you in the world. They simply do not exist in the physical world, even though we talk about them as if they do.

Wayne Dyer

Adopting the right attitude can convert a negative stress into a positive one.

Hans Selye

It's not stress that kills us, it is our reaction to it.

Hans Selye

"The height of your accomplishments will equal the depth of your convictions."

William F. Scolavino:

"If you don't design your own life plan, chances are you'll fall into someone else's plan. And guess what they have planned for you? Not much."

Jim Rohn 1930-2009, Author and Speaker

Responsibilities gravitate to the person who can shoulder them.

Elbert Hubbard (1856-1915), writer and publisher

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Buckle up. It makes it harder for the aliens to snatch you from your car.

-Anonymous

"The chains which cramp us most are those which weigh on us least."

- Anne Sophie Swetchine

"The environment you fashion out of your thoughts, your beliefs, your ideals, your philosophy is the only climate you will ever live in."

- Stephen R. Covey

"The only thing that stands between a man and what he wants from life is often merely the will to try it and the faith to believe that it is possible."

Richard M. Devos:

"When you have a purpose in life, a vision for what you want to achieve, and know why you want to achieve it, work becomes fun, and the time you spend working seems to just whizz by."

Clayton J. Moore Financial Expert

Hope springs eternal in the human breast.

-- Alexander Pope, 1733

I shall try to correct errors when shown to be errors, and I shall adopt new views so fast as they shall appear to be new views.

Abraham Lincoln (1809-1865, 16th American President)

All changes, even the most longed for, have their melancholy; for what we leave behind is a part of ourselves; we must die to one life before we can enter into another!

Gail Sheehy (1937-, American journalist, author)

Everyday life confronts us with new problems to be solved which force us to adjust our old programs accordingly.

Dr. Ann Faraday

We only think when we are confronted with problems.

John Dewey (1859-1952, American philosopher, educator)

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In these matters the only certainty is that there is nothing certain.

Pliny The Elder (c.23-79, Roman neophatonist)

There are risks and costs to a program of action, but they are far less than the long-range risks and costs of comfortable inaction.

-John F. Kennedy

Though we travel the world over to find the beautiful, we must carry it with us or we will not find it.

-- Ralph Waldo Emerson

I hope my achievements in life shall be these-- that I will have fought for what was right and fair, that I will have risked for that which mattered, that I will have given help to those who were in need... that I will have left the earth a better place for what I've done and who I've been.

C Hoppe

The young man knows the rules, but the old man knows the exceptions.

Oliver Wendell Holmes, Sr.

"Laughter is to life what shock absorbers are to automobiles. It won't take the potholes out of the road, but it sure makes the ride smoother."

Barbara Johnson Writer

"It is hard for an empty bag to stand upright

Benjamin Franklin

Happiness depends upon ourselves.

-- Aristotle

"It is by what we ourselves have done, and not by what others have done for us, that we shall be remembered in after ages."

anonymous

The Seven Whispers:

- Maintain peace of mind.
- Move at the pace of guidance.
- Practice certainty of purpose.

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- Surrender to surprises.
- Ask for what you need and offer what you can.
- Love the folks in front of you.
- Return to the world.

-Christina Baldwin

"The most rewarding things you do in life are often the ones that look like they cannot be done."

- Arnold Palmer

All things are difficult before they are easy.

Thomas Fuller

"The way to develop self-confidence is to do the thing you fear."

Jennings Bryan:

"The kingdom of Heaven is within you... Seek ye first the kingdom of Heaven and all things will be added unto you."

Jesus:

"It is not your aptitude, but your attitude, that determines your altitude."

Zig Ziglar:

Life is made of millions of moments, but we live only one of these moments at a time. As we begin to change this moment, we begin to change our lives.

Trinidad Hunt

It is only through labor and painful effort, by grim energy and resolute courage, that we move on to better things.

Theodore Roosevelt (1858-1919, 26th American President

I shall try to correct errors when shown to be errors, and I shall adopt new views so fast as they shall appear to be new views.

Abraham Lincoln (1809-1865, 16th American President

" Imagination is everything. It is the preview of life's coming attractions."

- Albert Einstein

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Practical wisdom is only to be learned in the school of experience. Percepts and instruction are useful so far as they go but without the discipline of real life, they remain of the nature of theory only.

-- *Samuel Smiles, Scottish author, 1812-1904*

"You only lose energy when life becomes dull in your mind. Your mind gets bored and therefore tired of doing nothing. Get interested in something! Get absolutely enthralled in something! Get out of yourself! Be somebody! Do something. The more you lose yourself in something bigger than yourself, the more energy you will have."

Norman Vincent Peale 1898-1993, Pastor, Speaker and Author

If the path before you is clear, you're probably on someone else's.

-Joseph Campbell

"To argue with reality is to argue with God."

~Byron Katie

Where there's life there's hope.

-- *Terence c190-159 BC*

"Ideals are like stars; you will not succeed in touching them with your hands, but like the seafaring man on the desert of waters, you choose them as your guides, and following them you reach your destiny."

Carl Schurz 1829-1906, Politician

"It is not true that the world owes every man a living. The world does not owe anybody a living. We do not come into the world to collect something that is due us from the people who are already here. We come into the world to live. This matter of our just claims upon the people around about us is one that we should consider very carefully in order that we may know how much to ask or expect and how much to give. We need to understand that the mere fact that we have made our advent upon this stage of action does not confer upon other people an obligation to love us or even to think well of us, without regard to what we do, or what we are."

Wallace D. Wattles

"Destiny is a feeling you have that you know something about yourself nobody else does. The picture you have in your own mind of what you're about will come true".

Bob Dylan

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"Common sense shows that human life is short-lived and that it is best to make of our brief sojourn on this Earth something that is useful to oneself and others".

Jetsun Jamphel Ngawang Lobsang Yeshe Tenzin Gyatso, the fourteenth and current Dalai Lama.

"It is better to have enough ideas for some of them to be wrong, than to be always right by having no ideas at all."

Edward de Bono

"Where you look has a lot to do with what you find."

Anonymous

"Every day I remind myself that my inner and outer life are based on the labors of other men, living and dead, and that I must exert myself in order to give in the same measure as I have received and am still receiving."

Albert Einstein

"We crucify ourselves between two thieves; regret for yesterday and fear of tomorrow."

Charles Fulton Oursler (1893 - 1952) was an American journalist and writer.

"The moment the slave resolves that he will no longer be a slave, his fetters fall. He frees himself and shows the way to others. Freedom and slavery are mental states".

Mahatma Gandhi

"Attitude is more important than the past, than education, than money, than circumstances, than what people do or say. It is more important than appearance, giftedness, or skill."

WC Fields, US comedian & commentator.

"Wisdom is the reward you get for a lifetime of listening when you'd have preferred to talk."

Doug Larson

"You only live once but if you work it right, once is enough."

Joe Louis (1914-1980), world heavyweight champion.

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"People don't seem to realize how often you have to come in second in order to finish first. I've never met as winner who hadn't learned to be a loser."

Jack Nicklaus, one of the most successful professional golfers of all time.

"Your big opportunity may be right where you are standing right now."

Napoleon Hill

The art of being wise is the art of knowing what to overlook.

William James

Before you tell your life what you intend to do with it, listen for what it intends to do with you. Before you tell your life what truths and values you have decided to live up to, let your life tell you what truths you embody, what values you represent.

-Parker Palmer

"Nothing is ever lost by courtesy. It is the cheapest of pleasures, costs nothing, and conveys much. It pleases those who gives and receives and thus, like mercy, is twice blessed."

Erastus Wiman 1834-1904, Journalist and Businessman

"You must do the thing you think you cannot do."

Eleanor Roosevelt

I wonder why it is that we are not all kinder to each other than we are. How much the world needs it. How easily this is done.

Henry Drummond--1851-1897

"You must have long term goals to keep you from being frustrated by short term failures."

Charles C. Noble

"When you develop your ability to balance your emotions, unexpected problems won't knock you off balance as easily, and you'll return more quickly to a positive outlook."

Peggy McColl New York Times Best Selling Author & Creator of the Relax Your Way to Wealth Program

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"The worst bankrupt in the world is the man who has lost his enthusiasm. Let a man lose everything else in the world but his enthusiasm and he will come through again to success."

Unknown

Destiny is not a matter of chance, it is a matter of choice; it is not a thing to be waited for, it is a thing to be achieved.

William Jennings Bryan

"One step at a time is enough for me. Impatience is simply a way of beating yourself up."

Susan Jeffers:

God's delays don't necessarily mean he is nixing our dreams

-Anonymous

It is what we think we know already that often prevents us from learning.

-- Claude Bernard (1813-1878) , French physiologist

All the world is full of suffering. It is also full of overcoming.

-- Helen Keller

Who travels for love finds a thousand miles not longer than one.

Japanese Proverb

"Scars remind us where we've been - they don't have to dictate where we are going."

Joe Mantegna Actor

There is a time to act, but there is also a time to wait. Learn how to tell what time it is, for great things can happen for those who learn to wait. Ralph Waldo Emerson said it well: "Adopt the pace of nature, her secret is patience."

-Steve Goodier

"It's how you deal with failure that determines how you achieve success."

David Feherty

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"We must stop assuming that a thing which has never been done before probably cannot be done at all."

Donald M. Nelson:

Humility doesn't mean thinking less of yourself. It means thinking of yourself less.

Anonymous

"There is no failure except in no longer trying. There is no defeat except from within, no insurmountable barrier except our own inherent weakness of purpose."

Elbert Hubbard 1856-1915, Writer and Publisher

Let your work flower when the time is right. We do not help the plants to grow by pulling them to grow faster.

-Daniel J. Benor, MD

How we think shows through in how we act. Attitudes are mirrors of the mind. They reflect thinking.

David J. Schwartz (American trainer, author of "The Magic of Thinking Big")

Hold fast to dreams, for if dreams die, life is a broken winged bird that cannot fly.

Lanston Hughes

The sun shines on those who are standing before it shines on the people kneeling under them.

African Proverb

Anything you strive to hold captive will hold you captive and if you desire freedom you must give freedom.

Peace Pilgrim (1908-1981, American peace activist)

He who chooses the beginning of a road chooses the place it leads to. It is the means that determine the end.

Harry Emerson Fosdick (1878-1969, American minister)

Happiness is essentially a state of going somewhere wholeheartedly, one-directionally, without regret or reservation.

W. H. Sheldon

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Act well at the moment, and you have performed a good action for all eternity.
Johann Kasper Lavater (1741-1801 Theologian)

"If you resolve, beginning today, to put out more on your job than you're getting paid to do, miracles will begin happening in your life."
Og Mandino 1923-1996, Author of The Greatest Salesman in the World

When he reached the New World, Cortez burned his ships. As a result his crew was well motivated.
The Hunt for Red October, Tom Clancy

"Don't be afraid to give your best to what seemingly are small jobs. Every time you conquer one it makes you that much stronger. If you do the little jobs well, the big ones tend to take care of themselves."
Dale Carnegie 1888-1955, Writer and Speaker

"There is no such thing as failure - there is only success or quitting. I'm not a quitter."
anonymous:

Thoughts are energy. And you can make your world or break your world by your thinking.
-Susan L. Taylor

Our own heart, and not other men's opinion, forms our true honor.
Samuel Taylor Coleridge 1772-1834

"The most important single ingredient in the formula of success is knowing how to get along with people."
Theodore Roosevelt:

Our actions determine our dispositions.
Artistotle 384-322 BC

"The tendency to follow the path of least resistance guarantees failure in life."
Brian Tracy:

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Gratitude is the sign of noble souls.

-- *Aesop (620-560 BC), Androcles Fable*

They say that patriotism is the last refuge to which a scoundrel clings; Steal a little and they throw you in jail; Steal a lot and they make you king.

-*Bob Dylan*

"Each person's work is always a portrait of himself."

Samuel Johnson:

"Almost all really new ideas have a certain aspect of foolishness when they are first produced."

Alfred N. Whitehead:

Your work is to discover your work and then with all your heart to give yourself to it.

-*Buddha*

What me worry?

Alfred E Neumann

"Patience and fortitude conquer all things."

Emerson

You are never given a wish without also being given the power to make it true.

- *Richard Bach*

"The secret of joy in work is contained in one word - excellence. To know how to do something well is to enjoy it."

Pearl S. Buck 1892-1973, Writer

Time is the most valuable thing one can spend.

-*Theophrastus*

When you arise in the morning, think of what a precious privilege it is to be alive -- to breathe, to think, to enjoy, to love.

-- *Marcus Aurelius (121-180)*

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"Big ideas or small ideas are created with the same energy. Turn your annual income into a monthly income for 2010."

Bob Proctor From the Bob Proctor Matrix

A friend might well be reckoned the masterpiece of nature.

-- *Ralph Waldo Emerson*

"Learn to enjoy every minute of your life. Be happy now. Don't wait for something outside of yourself to make you happy in the future. Think how really precious is the time you have to spend, whether it's at work or with your family. Every minute should be enjoyed and savored."

Earl Nightingale 1921-1989, Radio Announcer, Author and Speaker

In my America the capture, torture and enslavement of a race is unforgivable. In my America there is a hope that democracy is not forever destined to be corrupted by wealth influencing power. In my America the basic rights of all its citizens must be respected, and this respect extends beyond borders. There is one tradition in America I am proud to inherit. It is our first freedom and the truest expression of our Americans: The ability to dissent without fear. It is our right to utter the words. "I disagree." We must feel at liberty to speak those words to our neighbors, our clergy, our educators, our news media, our lawmakers and, above all, to the one among us we elect President.

-Natalie Merchant

"There is a powerful driving force inside every human being that, once unleashed, can make any vision, dream or desire a reality."

--*Anthony "Tony" Robbins*

"Si, Se Puede! (Yes, we are able!)"

Cesar Chavez:

"We are what we think.

All that we are arises with our thoughts.

With our thoughts, we make the world."

- *Buddha*

A little glitter goes a long way

~ *Martha Stewart*

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"Habits are at first cobwebs, then cables."

- *Spanish Proverb*

"The supreme accomplishment is to blur the line between work and play."

- *Arnold Toynbee*

"Sow a thought, and you reap an act; Sow an act, and you reap a habit; Sow a habit, and you reap a character; Sow a character, and you reap a destiny."

Charles Reader: